

Care Navigator

Health care can be confusing.
Care Navigator can help.



Your Plan includes access to our Care Navigators, experts at your service to help you get the information and resources you need, and to have peace of mind during your health journey.

We can help you to:

- Understand your health plan benefits, what's covered, and what options are available to you.
- Find in-network providers so you pay less.
- Answer questions on your Explanation of Benefits (EOBs) or complex bills.
- Collaborate with care providers across your health journey to prevent gaps and promote coordination of care.
- Prepare for authorized surgical services and support you throughout your treatment.
- Connect you with community and health resources to help you maintain and improve your wellbeing.

**Working with our Care Navigator is completely confidential,
and is included as part of your health plan.**

Get started by contacting your Care Navigator today by phone at **1-877-462-1444** or by e-mail at mycarenav@accesstpa.com



Proving What's Possible in Healthcare®