



EMPOWERING WOMEN SINCE 1890

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## November 2022 Monthly Newsletter for Family and Students

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# ENTERING THE SEASON WITH GRATITUDE

Dear Josephinum Community!

The leaves and weather have officially started changing, and we are now in the second quarter of the fall semester! This school year has been full of school spirit and exciting classes, as well as personal and academic growth opportunities. I am extremely proud of the resilience displayed thus far. As we enter the season of gratitude, I would like to thank each and every one of you for allowing us to be a part of your academic journey. We thoroughly believe that it is a student's intellect as well as their character that propels them towards excellence – it has been an honor to witness the growth of so many inspirational young leaders these past few months. Keep going, Cougars! Let's make sure the second half of the semester is as strong as the first!

Warm Regards,  
Mrs. Colleen Schrantz

## Powering Our Future

Launching Fall 2022

Powering Our Future will combine in-classroom and hands-on technical experience to help more students explore possibilities and build skills to work in key skilled trades in the energy/utilities, advanced manufacturing, and technology sectors.

**For More  
Information Visit**

<https://bigshouldersfund.org/poweringourfuture>



POWERING OUR FUTURE

We are thrilled to announce the launch of Powering Our Future, a new career pilot program created in partnership with our friends at Big Shoulders Fund, ComEd, and United Way of Metro Chicago. Josephinum Academy is one of four select Chicago Catholic schools chosen for this exciting program. Powering Our Future is for students interested in exploring careers in science, technology, engineering, and math (STEM) and related skilled trades. This optional and comprehensive curriculum will combine classroom instruction, labs, field trips and job shadowing. The goal is to help students learn more about various career options within the energy, utility and related sectors so that they feel equipped with the resources, confidence and knowledge to make informed decisions about their careers after high school. Our long-standing partner Big Shoulders Fund helped to form this program and bring it to The Jo: "We partnered with ComEd to launch this program because of its track record operating successful education and job training programs for adults and high school students. Josephinum Academy's participation in Powering Our Future will prepare its students for more advanced training programs and for competitive internship and scholarship opportunities provided by ComEd and its parent company, Exelon."- Josh Hale, President and CEO, Big Shoulders Fund. Josephinum Academy is also excited to partner with United Way of Metro Chicago and ComEd, which is generously sponsoring the program: "We are committed to investing in the future of our youth and are proud to offer several student and adult programs that create opportunities for people to explore STEM careers. Through our investments in workforce training and STEM education, ComEd is determined to build a workforce that matches the diversity of the communities we are privileged to serve."- Terry Donnelly, President and Chief Operating Officer, ComEd. We are excited to be able to provide this one-of-a-kind opportunity to our students through this partnership. For more information, please contact Josephinum Academy or visit [www.bigshouldersfund.org/poweringourfuture](http://www.bigshouldersfund.org/poweringourfuture).

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## CONGÉ AT THE SONNY ACRES FARM PUMPKIN PATCH

It is an annual tradition for the faculty to surprise the student body with a day of festivities – this Sacred Heart holiday is infamously known as Congé! This year, we surprised our students with a trip to Sonny Acres Farm where we fed farm animals, enjoyed festival rides, picked pumpkins, and took a spooktacular hay ride!



## THE JO'S GOT SPIRIT!

This school year's Spirit Week was planned by the Josephinum Student Government. Both students and faculty were encouraged to participate by showing up to school in their pajamas, as their favorite Despicable Me character, or in wacky 70s outfits. The week was capped off with our school's homecoming dance which was full of laughter, incredible food, and hip swinging tunes!





## RECOGNIZING OUR SOPHOMORE CLASS AT THE MASS OF MATER ADMIRABILIS

Although October was full of fun activities, the Feast Day of Mater Admirabilis was the most important of them all. It is a Sacred Heart tradition for our sophomore class to invite someone in their life who embodies the qualities of Mary to a very special mass celebration at St. Aloysius Church. We are blessed and thankful for everyone who showed up to this important and beautiful ceremony.

## A NOTE FROM OUR NURSE

### A STRONG DEFENSE AGAINST FLU: GET VACCINATED!

Flu is a contagious respiratory disease that can lead to serious illness, hospitalization, or even death. CDC recommends everyone six months and older get an annual flu vaccine.

### Is the flu vaccine safe?

- **YES**, Flu vaccines have a good safety record. Hundreds of millions of Americans have safely received flu vaccines over the past 50 years. More information about the safety of flu vaccines is available at [www.cdc.gov/flu/protect/vaccine/vaccinesafety.htm](http://www.cdc.gov/flu/protect/vaccine/vaccinesafety.htm).

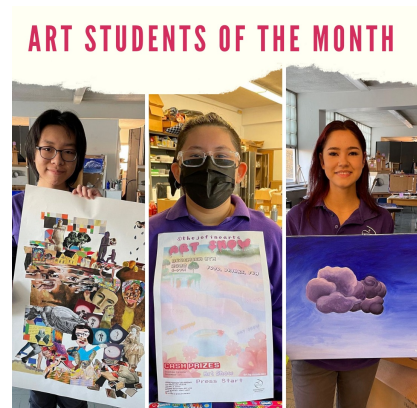
### What are the side effects of flu vaccines?

- Flu shots: Flu shots are made using killed flu viruses (for inactivated vaccines), or without flu virus at all (for the recombinant vaccine). So, you cannot get flu from a flu shot. Some minor side effects include soreness, redness and/or swelling where the shot was given, low grade fever, and aches.

### When and Where to get vaccinated?

- You should get a flu vaccine during flu season. Flu cause the most illness during the colder months of the year. In the United States, flu season is from October to May
- As long as flu viruses are circulating, vaccination should continue throughout flu season.
- Flu vaccines are offered in many health care providers offices and clinics. Flu vaccine is available in many other locations, including health departments, Walgreens/CVS pharmacies, urgent care clinics, health centers, and travel clinics.
- Visit: <https://www.vaccines.gov/find-vaccines> to find a flu vaccination clinic near you.

## FINE ARTS DEPARTMENT



### ANNUAL JO ART SHOW

Josephinum's annual Art Show is right around the corner! Come support the young artists of The Jo on Thursday, December 8. Food and drinks will be available at the show! Follow @thejofinearts for more details!

### AN EXTRAORDINARILY FUNNY ADAPTATION OF *THE REVENGER'S TRAGEDY*

Our upperclassmen are busy preparing for the opening night of Thomas Middleton's *Revenger's Tragedy* on Thursday, December 1. Doors open at 6:30 pm, and all shows begin at 7 pm. General public **tickets are available at the door** for \$15 and student tickets for \$8.

### OCTOBER'S ART STUDENTS OF THE MONTH

Last week, Josephinum's Fine Arts department revealed October's Art Students of the month on Instagram. Congratulations Jazmin Roa, Layla Andre, and Dylan To – your work speaks for itself!



Thurs, 12/8  
Fri, 12/9  
Sat, 12/10

## MARK YOUR CALENDAR



# NOVEMBER 2022

SUN

MON

TUE

WED

THU

FRI

SAT

		1 All Saints Day Mass 9:45am Bball Tryouts	2 College Visit: St. Mary's College Bball Begins	3	4	5
6	7	8	9 Admissions Open House 5:30pm - 7pm	10 Junior Retreat	11 Veterans Day - No School	12
13 World Kindness Day	14	15 Admissions Shadow Day	16 Student Support Meeting 7:15am-8:15am Pep Rally Bball Game @5pm	17 Talent Show Tryouts 4pm - 5pm	18 Mass for Philippine Bball Game v. George Washion @5pm	19
20	21 Parent Teacher Conferences	22	23	24 Thanksgiving	25 Progress Reports Go Home	26
27 1st Sunday of Advent	28	29 Bball Game v. Cristo Rey @5pm Tech Admissions Open House 5:30pm - 7pm	30 Student Support Meeting 7:15am - 8:15am	31		



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