

Trumbull Board of Education
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Exploratory Committee Update: Later High School Start Time

Jonathan Costa – Consultant, Assistant Executive Director at EdAdvance

Dr. Gary Cialfi – Superintendent

Dr. Michael McGrath – Assistant Superintendent

Marc Guarino – THS Principal

Michael King – TPS Athletic Director

Bryan Rickert – Hillcrest Assistant Principal

Mary Ellen Bolton – Jane Ryan Elementary Principal

Sean O’Keefe – Business Administrator

Dawn Perkins – Transportation Director

Process Guidelines

1. Identify desired outcome and parameters of success.
2. Review the research and practice history.
3. Brainstorm options.
4. Apply the criteria.
5. Adjust and reframe if necessary.
6. Make a recommendation.

Desired Outcome/Parameters of Success

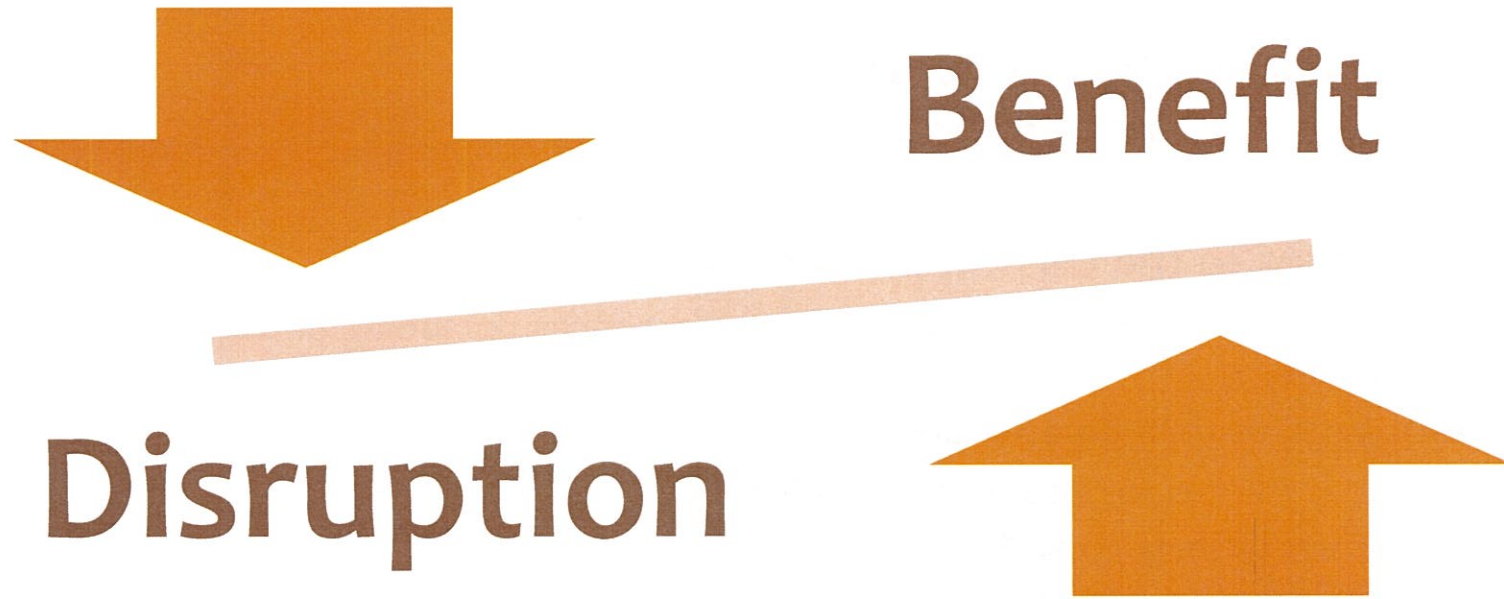
1. Improve the lives of students...

- Improve or maintain conditions of learning for all children
- Improve or maintain quality of life for all children
- Align structures of learning with best practice research

2. Keep disruptions to the current system manageable...

- Minimize disruption of community structures and practices (including potential inconveniences to parents and staff)
- Minimize disruptions to Middle School and Elementary start and dismissal times
- Minimize Cost of transitions and transportation
- Minimize conflicts with existing programs such as athletics, AgriScience, Aquaculture, RCA, Six-to-Six, Fairchild Wheeler, Discovery Magnet School, Co-Curricular Connections to School

Research & Practice Reveal a Central Tension



Most Likely Options Under Consideration

1. Gain a 30 minute later start time by working within the existing parameters
 - Re-think High School Schedule to make it more efficient – reduce the slack and change focus (this would require study – lunch block rethinking, putting soft schedule time at end of day, instituting rotating classes, impact of graduation requirements, etc.)
 - Could possibly impact on elementary would be a 15 minute later dismissal.
 2. Start Trumbull Middle/High one hour later
 - Best option for measurable positive impact on students at high school level
 - Significant disruptions
 3. Status Quo
- Other options have been dismissed because of unsustainable costs versus net benefits

What's Next?

1. Complete a study of the use of time at the High School and Middle School
2. Reconvene the group to discuss the specifics and logistics of the various options
 - What would the scale of disruption be for Option 1 – What are the parameters of Option 2 now that we have the time study data – what exactly can be gained and what would the disruptions be?
3. Provide ongoing updates at Board of Education public meetings.
4. Consider all of the options and make a recommendation to the Board of Education.