



DEXTER COMMUNITY SCHOOLS

Free Mental Wellness Counseling for 7th-12th graders

1 message

January 24, 2023

Dear DCS 7th-12th grade students and families,

On Wednesday, DCS 7th-12th graders will receive login information to their DCS email account from DialCare for a new Mental Wellness Program for Students (Grades 7-12) and also be provided to our staff. In response to parental requests and the need to find counseling providers in a timely manner for our students, DCS has engaged DialCare to help meet the need of our students.

DialCare Mental Wellness is a program designed to provide safe, secure, and private means of seeking mental health assistance from licensed counselors via virtual or telephonic counseling sessions. The program offers an app-based interface, connecting DCS students in grades 7-12 or staff members with counselors by either phone or video chat.

DialCare Mental Wellness counselors can assist our 7th - 12th grade students or staff with conditions such as depression, anxiety, grief, relationship problems and more.

- MC/DHS students or any DCS staff can schedule an appointment with a counselor from 7 a.m. to 10 p.m. EST, seven days a week.
- DialCare Mental Wellness counselors will reach out via phone or video chat upon request. Counselor appointments last for 30 minutes.
- Follow-up sessions may be scheduled for the student/staff member's convenience.
- Consultations are available in both English and Spanish.
- There is no consultation fee for the students or DCS staff.
- The district will not know who is using the service or any other details other than the number of users per semester for billing reasons.

Thank you to the DHS counseling department for finding this resource for our students and staff!!!

The DialCare app can be downloaded from the DCS app from [Apple](#) or [Android](#) or the DialCare app directly from [Android](#) or [Apple](#).

Note for 7th - 12th grade students: Parental consent is required within the system if the child chooses to use the service.

We are excited to provide this service for our students. Thank you for your continued trust and shared commitment to our kids.

Take care and Go Dreads!

Sincerely,

Christopher Timmis, EdD
Superintendent

Attachments:

[messages/attachments/885ac8d206279bfa22baacde7ac30845/DMNC_DialCare_Mental_Wellness_Flyer.pdf](#) (472.7 KB)

[messages/attachments/d3f6bca051af9b57beaee177a33f11f4/Dialogue_Brochure_Template_English.pdf](#) (1507.4 KB)