

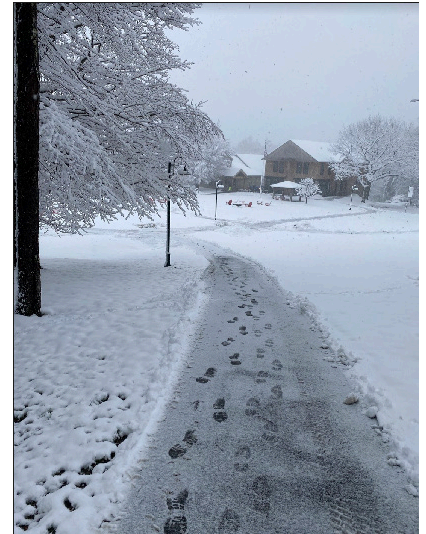
Truth and Courage

Student Newspaper

Edited by Anna Kozikowski '23, Daisy Ober '23

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Art, Poetry, and Music



*photos
by Lucks
Emerson
'23*

The First Light of Winter

By Olivia Jadlocki '23

The last call from a distant owl as she retreats back to the safety of her roost
 As the first ray of light begins to rise
 Brushing the fresh snow with a golden hue
 Bringing a new peace and beauty
 The snow is fresh and undisturbed
 The sun hits each icy particle casting a glittering morning sparkle
 While the sun whispers to the wind as it rises
 And the trees dance with the snow causing little swirls to fly
 Other critters begin to awake
 Joining the dance of the snowy morning
 Squirrels jump from branch to branch
 While birds continue with the melody in the wind
 A small fox emerges from his den small puffs of mist are seen from his snout
 Creating little pictures with each breath
 It seems as though the forest has a dance
 Even on the shortest day of the year the woods awake as ever
 The brush decorated with berries and seeds
 Even with the dance and song there is a certain peace in the air
 Yet
 Nobody is up to see the magic of the solstice morning.



"Pieces of the Puzzle"
by Daisy Ober '23

Art, Poetry, and Music

Music Recommendations

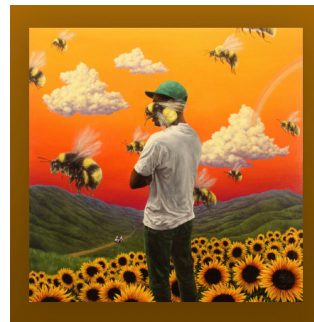
By Daisy Ober '23

In the past, I have created playlists based on specific colors, where I have people send me songs that remind them of that color. I always love how they turn out, so I thought I'd start sharing some color-coded song recommendations in this paper! To bring some color and happiness to the dark winter, I thought I'd start by just creating a song-rainbow, with a song that reminds me of each of the colors of the rainbow! As the months go on, I will probably do different things, but for now here's my Winter 2021 Song Rainbow!



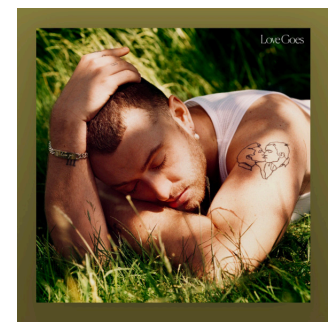
Red: 22 (Taylor's Version)
by Taylor Swift

This may be obvious, since it is from the album *Red (Taylor's Versions)*, but I also just felt that this song embodies the color red, and was appropriate as we begin 2022!



Orange: Boredom (feat. Rex Orange County)
by Tyler the Creator

This song is pure orange. The album cover, the artists, it all screams orange. And this song brings me the joy and good feeling I associate with the warm color.



Yellow: Kids Again by Sam Smith

This song feels like summer sunshine, lemonade, sunflowers, and all of the happy things I associate with the color yellow. It is nostalgic and happy all at the same time.



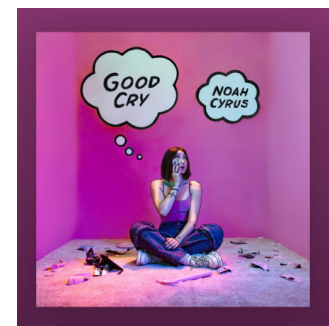
Green: From Eden
by Hozier

While all Hozier music is green to me, this song is the greenest. Obviously, the title references a garden of myth, but the song itself is a garden of beautiful harmonies, beats, and poetic lyrics.



Blue: Let Her Go by Passenger

An oldie but a goodie. This song was my favorite growing up, and I still unashamedly love it. It has such a blue vibe, from being sad while also embodying the feeling of dusk, of a darkening blue sky, of deep water.



Purple: Where Have You Been by Noah Cyrus

Warning: don't listen to this song if you don't want to cry. That being said, it is one of my absolute favorite songs, and evokes so many emotions. I consider it to be purple. A combination of angry (red) and sad (blue), combined with the feeling of a night sky, the sun dipping behind the mountains.

Winter Editorial

By Anna Kozikowski '23

As temperatures continue to decrease and snowflakes dust the cool air, we are reminded that winter is upon us. I must admit that this winter seems off- possibly due to the strange weather, sunny and sixty one day and fifteen degrees the next, or perhaps it is simply the fact that Covid continues. Despite whatever may be causing this winter to feel off, winter in my opinion is a wonderful time for a reflection on the past year and ourselves.

I prompt you to think about how your last year went and how this year could be better. Find time throughout your day to check in with yourself and to continue to work towards goals you would like to achieve. These goals can be as simple as going for a walk in the afternoon. I also encourage you to practice mindfulness. What is mindfulness? Simply put, mindfulness is taking time throughout your day to be present and aware of your surroundings and what it is that you are thinking about or doing. Being mindful about what you are doing can help to feel more present in what you are trying to accomplish and can help you stick to your goals. It's very typical to get caught up in whatever we are doing and focus strictly on completing something or moving on to the next. Mindfulness encourages us to pause in between those moments of rush and consider what it is we actually want to do and accomplish. Covid has definitely impacted us all for different reasons, but I have found myself constantly rushing to do things because of it. Rushing from one zoom meeting to the next, rushing from one class to another, rushing from one store after another. Everything seems quite rushed. Instead of focusing on what needs to be done after you finish whatever you're doing, work on being present in what you're doing at that moment.

Other ways you can improve your winter and New Year are to practice balancing work and your favorite activities. Spend time in nature, go for hikes, pick up a new hobby, try something you've always wanted to do. Covid can make work exhausting when all you seem to be doing is sitting in front of a computer and overworking is not unheard of. Taking breaks and finding time to do things we enjoy, is beneficial for both our mental and physical health. Know when to take a break and when to work. Find a way to distinguish between the two.



Stress is an inevitable aspect of life, from little setbacks to huge arising problems. While you may not always have control over your circumstances, you do have influence over how you react to them. When stress becomes severe or chronic, it can have a negative impact on your health. That is why it is critical to have stress relievers that can both relax your mind and body. Practice expressing gratitude. Gratitude is the recognition of all the things for which you are grateful. Consider all the excellent things you have in your life, whether you're glad for a beautiful day or that you arrived at school safely. Gratitude also reminds you of all the tools you have at your disposal to deal with stress, which can be extremely liberating. Make gratitude a regular habit, whether you decide to recognize what you're grateful for as you sit around the dinner table or you decide to write down three things you're grateful for in a gratitude journal every day. Dublin students expressed gratitude after our Thanksgiving dinner in the recital hall.

Students were asked to share things they were grateful for. Students commented on Dublin's community, friendships, roommates, faculty and staff, the nurses and covid safety committee. This tradition is one of my favorites at Dublin and it was a beautiful experience to be a part of. Going forward in the new year, remind yourself to focus and stay present in the moment, practice balancing work and social life, find time to take breaks, and express gratitude in whatever way you choose. Happy Holidays and Happy New Year!

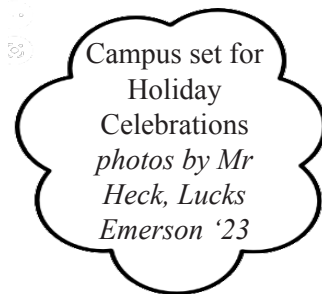
photos by Lucks Emerson '23

What's Happening?

Thanksgiving

By Stella Hoffman '25

The Dublin School Thanksgiving celebration was a blast! We started out with a delicious dinner. We had a traditional thanksgiving meal, turkey, mashed potatoes, green beans, and of course, pie! There were also vegetarian, vegan, and gluten and dairy free options. It was very yummy. Everyone was at an assigned table, where they could enjoy a meal with new people. It was nice, because you knew some of the people at your table, but not everyone. It was a good way to connect with people you don't often interact with! The celebration concluded with a festival of gratitude, where the community gathered in the Recital Hall to express what they were grateful for. It was a lovely way to reflect on the year and conclude the Thanksgiving celebrations!



Celebration of Lights

To kick off a snowy exam week, we celebrated the annual Festival of the Lights. For me, this was a very nostalgic night, since we couldn't have a traditional Celebration of Lights last year, and it was a memory from the year before that I wanted to recreate. It was a completely magical experience, exceeding all expectations! The night was kicked off by faculty child Jack Luxmoore presenting The Shortest Day by Susan Cooper. Following were several student and faculty presentations of dance, music, and poetry, including First Light of Winter by Olivia Jadlocki '23 (page 1). The Honors Choir, Dubliners Chorus, Willow Morrison '22, and the Music Creation Club performed beautiful pieces of music. Members of the Dance Ensemble presented several dances including pieces choreographed by Mars Harrison '23, Daisy Ober '23, Katie Strauss '22, Temple Nightingale '22, and Zoe Ortiz '24, as well as Ms. Foreman, who choreographed a piece to Glow, a song performed by the Dubliners Chorus. Ms. Doenmez and Mr. Scalfano recited poetry, including an incredible original by Mr. Scalfano, Swan Song for the Lost Ox, inspired by David Bowie lyrics. The night was filled with much creativity from so many students and members of the community. Finally the whole community participated in The Twelve Days of Dublin, written by the 2021-22 proctors. It was a magical night of art, light, happiness, and peace to kick off the first days of the winter.

The Twelve Days of Dublin!

written by the proctors

On the ___ day of Winter
Dublin gave to me...

A BRAND NEW DEAN OF
STUDENTS

2 HECKING MUGS

3 COVID PHASES

4 STOMPING FEET

5 LOST AIRPODS

6 KIDS-A-SLEDDING

7 SLOPESIDE SINGLES

8 MOXIE SHIPMENTS

9 COLLEGE APPS SENT

10 HOURS OF PRECALC

11 ADIRONDACKS

12 DOGS OF DUBLIN

What's Happening?

Staying Positive in the Winter

By Stella Hoffman '25

Ms. Rogers presented at Morning Meeting the other day on a topic most of us had on our minds. As the days are getting short and dark it can be hard to stay motivated. I can definitely see how, personally, it can be easy to give in to the dark, cold evenings and retreat to my dorm and stay there, often kind of grumpily. But Ms. Rogers' presentation showed us how to make the best of the dark, with the help of alumna Viivi Salmi, who grew up in Sweden. Viivi commented on how, during this time of year, everything slows down, which is something I definitely noticed. Viivi wrote that, "it has always been an annual opportunity to become more present and spend more time with friends and family." I loved this quote and took an important message away from this presentation; because everything slows down a bit in the winter, I should take the opportunity to spend more time with my friends, and focus on more of the beauty that I often don't have time to notice. Thank you Ms. Rogers, and Viivi for the wonderful presentation and for encouraging me to make the most of Dublin winters!



members of dance ensemble and Dubliners Chorus performing at Celebration of Lights



photo by Lucks Emerson '23



photo by Lucks Emerson '23



art by Stella Hoffman '25



Hanukkah

The JSU organized several activities for Hanukkah this year, including dreidel and latkes at the Peyton-Levine's house, and lighting the menorah on Gillespie Porch.

Happy Holidays!

Book Review: *Speak* by Laurie Halse Anderson

By Alexandra Beltran '24

Books are fantastic reflections of the world outside of our windows. The Hunger Games by Suzanne Collins is a representation of an oppressive government dictating the lives of its citizens with selective care of the ones who die. Sounds familiar, doesn't it? The Percy Jackson Series by Rick Riordan is a collection of books about children navigating the world around them, fighting their parents' wars, and pushing back against traditions of hate and resentment for people with certain blood. Are you beginning to see my point? Les Misérables by Victor Hugo is a mirror image of France during the 19th century with three main political themes; the demand for social progress, development on how people treat the poor, and a fierce fight for prison reform. Books represent the world of their time. Why? Because books are written by people. The best of books (in my opinion) are written by the people that life hasn't been kind to. Last year on our campus, the student body held a protest against sexism and sexual misconduct at our school, and in the community around us. As a result of the protest changes have been made on campus, in faculty, and in our community. However, there are still next steps to be taken. One of them is reeducating ourselves, and so I present a book that reflects the issues that many are not as well-versed on.

Speak by Laurie Halse Anderson is a story about the aftermath of the rape of Melinda Sordino. In her freshman year of high school, she is on the verge of not speaking because of what has happened to her. The book is a narrative of her struggles. *Speak* brings awareness to rape and the damages it does to the survivors. I discovered this book in 7th grade. I had decided to read it as part of my 7th grade independent reading program. When I opened the book, I did not expect the story I received. Last summer I re-read the book and I remember reading some parts that made me sick to my stomach. It was sad how accurately the book reflects the reality of sexual trauma. In that sense the book was scary; the gravity of the reality displayed made it very reflective of the real world and an important read. It was scary because I had seen behaviors and comments like those in the book from the people I see every day. The book itself, although scary at times, is insanely powerful.

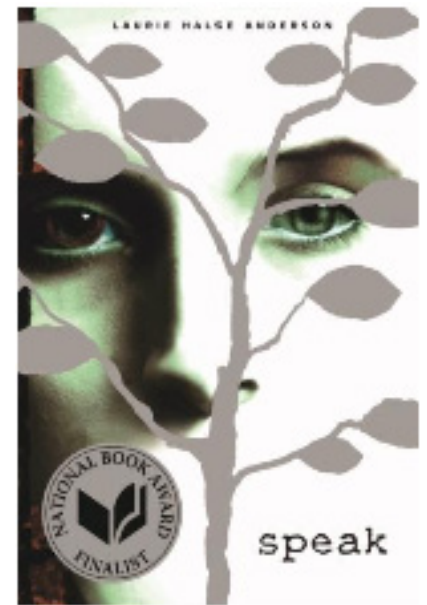
Others who have read *Speak* say, "I was blown away: It's powerful, scary, real, and written in an incredibly modern, dare I say bloggy way, despite having been composed in the very early days of the Internet" (Jen Doll, *The Atlantic*). *Speak* is a very powerful book that has readers from as young as 13 to adults and parents of all ages. One website, commonsensemedia.org, compares the readers' reviews from parents and kids. The parents who have read the book have had a range of opinions from "Important Book for High Schoolers" and "A wonderful Book for Pre-Teen and Ups" to "Expressions of PTSD" and "Not appropriate." While kids from as young as 10 years old expressed their opinions on this book as a "Sad but important book," "An excellent, realistic look at teenage mental health," and "a book that has a small message that should be more empowered."

The book itself has been and still is in an endless cycle of being banned and approved by schools. Some of the biggest advocates for the banning of this book have been parents who did not finish the book. *Speak* is a book that everyone should take the time to read. *Speak* is a reflection of the world that women live in, and is an important view into a perspective that not everyone can easily understand.

Sources:

<https://www.theatlantic.com/culture/archive/2012/10/voice-speak-loud-ever/322345/>

<https://www.commonsensemedia.org/book-reviews/speak>



Untitled

By Nate Verter '23

In this cold and unforgiving world there are some vastly different entities which I hold close to my heart. These may vary from season to season but in this time of waiting for the snow to fall, I must hold my tongue and strive to not be over loquacious. In my noble path to stay away from the temptations of melodramatic tendencies I may have inadvertently gone full circle, the whole three hundred and sixty degrees, as some might say. I shall recount a memory in recent times which has been dragged to the surface past the short lived intermediate found in the second step of the Calvin Cycle and past the life and history of James Madison. As my fingers, dry and cracked from the winter air, gently turn the chilled metal knob on the radio, my ears are simultaneously blessed and attacked by the newest rendition of Christmas music. As someone who is Jewish, the Christmas spirit can sometimes be an inhospitable and unconquerable planet, but I for one can drown my fears in the vibrancy and the charm of the lyrics which flow over the human soul as water flows gently down a riverbed. As Ms. Mariah Carey and my personal idol Justin Bieber unite their voices in a wave of beauty, all feelings of anxiety and the lingering distaste for finals grades can for a few minutes seem to be buried under a false yet effective pretense of joy. Many may disregard Christmas music in facetious manner but I wish to bring this holiday back to its roots.

This entire facade started with the persecution of a single man who for all intents and purposes shall remain unnamed, as there is no reason to utter his name in this piece of literature. The purpose of a name is to inform the reader of who the person is, but I am sure that you all know who I am discussing. In an effort to remain unbiased and unabashed by the foreign ideals and morals which I hold so dearly, the author must be in a sense separate from the masterpiece itself. Although I can insert my ideas I must be spy-like and covert, sticking to the dark shadows where demons lie, and then I might disguise my true goal until the time is right and your guards have left from the night watch.

Some may call this heavy handed manipulation but I implore you to turn your head away from such words and phrases when they concern works of art. The romanticism that can be acclaimed to such art can hardly be held down by the chain and bonds of our lexicon. What words we choose impacts the order in which the message is heard by the reader. One trick that I can implore is when reading such art one must insert a voice for the reader which is one of the few things that is out of my far reaching control. The diction and cadence that a voice can carry and hold also does bring a sense of power and control with it. As I wrap up this article you may all begin to unwrap my present to you: a series of collage and decollage. In a feeble and misguided attempt to bring some level of cool-headedness and understanding to this increasingly divided world that we live in, perhaps in our effort to seek out the truth we can only find more questions. One man gave everything to answer his burning desire for knowledge, Odin, King of the Gods gave his eye in order to be all knowing and thus we all follow his suit as though playing a game of cards. He has played a four of diamonds and we all dumbly and limply cast our cards next to his. Although what we sacrifice may not be as precious as our right eye which sits in the bottom of a pool, we all must make some sacrifices in order to understand the world around us.



Winterfest Fire by Lucks Emerson '23

Dublin Winter

By Anonymous

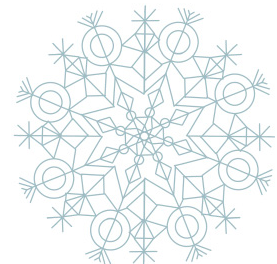
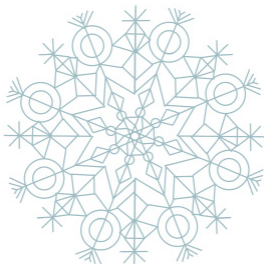
When the chilly breeze quietly sneaks up to you and the trees start to lose color, you know that winter is coming. As many would say, Dublin winters are covered with white snow and laughter of Dublin friends and family.

To understand the ways of Dublin winter, we must set foot on the journey to conquer the great hill of the Dublin Quad. Many have tried the awesomeness of sledding; some succeeded and some didn't. The art of sledding can seem to be very easy to master, but there is more than meets the eyes. You must master the dangerous momentum of acceleration, you must build up a deep bond with the mysterious force called gravity, and the most important task of all time, you must comprehend the happiness, excitement and chaos of sledding. Young conquerors of Dublin gathered their best sleds and marched up to the legendary hill of the Dublin Quad. "Speed. You are speed. Faster than fast, quicker than quick." The gravity starts to pull you down the hill, everything around you starts to get blurry, and when acceleration kicks in, all you can do is scream with maximum excitement and happiness. After a few runs of solo sledding, you might want to bring the awesomeness to the next level. So, you ask your fellow comrades for a sledding race. When all agree, the chaos of sledding begins. It might start like a normal solo sledding run. But beware! The power of acceleration is something no single human can tame. Very quickly you start to lose control of this powerful beast and then instead of sledding you start rolling down the hill, gathering snow like a snowball! It can be chaos, but the best kind. Screams and laughter echoing around the Dublin Quad, our young conqueror has received the best loot of all times, their memories of sledding.

Somewhere else on campus the Dublin pond "hides". It calmly sits, patiently waits for the moment to come. The water slowly starts to change form. When the pond turns from blue to white, it is time for ice skating. One may cautiously put the blade on the surface of the ice and slowly lean forward. The blade slowly slides towards the center of the pond, he struggles to maintain balance. He straightens his arms wide and starts bending his knees. Slowly he starts to gain confidence and tries to accelerate. The cold air slides through his skin and his body begins to shiver. In a split second, somehow he loses balance! Maybe he was going too fast, or maybe he did something wrong; none of that matters, because all he can think about is the hard fall that is going to happen at any second. All of a sudden he feels two warm hands behind his back quickly giving him a push. Quickly regaining balance, he turns around and begins to slide through the pond, slowly gaining speed. It is gentle, it is calm, it is beautiful.

Glazing through the memories that we all share of Dublin winter, what is there not to love? The fast yet exciting sledding? The slow yet gorgeous ice skating? The white snow? Or the sweet smiles and laughter of Dublin friends and family? I would guess and assume all of them. It has been an unusual Dublin winter this year, but as one would say the happiness and excitement that Dublin winter brought to us has never changed. When a cold breeze sneaks up and when the trees lose their colors you will know that something more than winter has arrived. It is Dublin, Dublin winter, and most of all the love of all friends and family.

Written by Anonymous



Games

Outing Club BINGO

By Lee Smith '22, the Outing Club

Try out the Dublin Outing Club's Bingo! Can you complete it?

There are two different bingos to choose from, and if you think this will be fun, you can attempt both or just one. The goal is to stay active and spend more time in nature during the cold winters, however that looks for you! If you have a different challenge or goal you want to set for yourself, go for it. This is a choose your own adventure. *continued on page 5*

Picture Bingo: Try to get Bingo (4 in a row: either horizontally, vertically, or diagonally) or as many as you can.

Build a snowman (or rock man depending on snow levels) 	Color a tree or mushroom or landscape (must take more than 10 mins) 	Identify 7 different kinds of trees 	Watch a sunrise (not from your house, looking out the window doesn't count) 
Find the perfect leaf	Watch a holiday movie where they go outside at some point	FREE	Build a lean-to, igloo, stick fort, or snow fort
FREE	Take a photo of the sky when it is pretty (not a sunrise tho 🙄🙄)	Buy a houseplant and keep it alive for a week (minimum, you don't have to kill it after a week) 	Make friends with a pigeon or squirrel 
Buy a sustainable present for someone (doesn't have to be expensive) 	Find a store that sells plants and walk around in it	Find a rainbow 	FREE



Outing Club and Nordic Trails by Lucks Emerson '23

Games

Outing Club BINGO

continued from page 4

Active Bingo: Try to get Bingo (5 in a row: either horizontally, vertically, or diagonally) or as many as you can.

Alpine or nordic ski or snowboard two times	Go swimming (pools not allowed)	Do 50 push ups (not continuously)	Snow hike or regular hike (mountains optional but recommended)	Make a fire (safely)
FREE	One hour of snowshoeing	Go for two different hike rides	Climb up 20 flights of stairs in one day	Hold a plank for a minute
Do 100 sit ups (not continuously)	Go rollerblading or roller skiing	FREE	Have a snowball or mud fight	Sleep outside overnight
Drink 2 liters of water in one day	Help someone at the place you're staying (chores, a problem they are having, etc.)	Go ice skating for an hour	Eat something your body will thank you for	Run for 5 miles (not continuous - choose your own adventure)
Go sledding or slip and sliding	Catch a snowflake or raindrop on your tongue	Play with your pet for 3 hours (not continuously)	FREE	Sleep well three nights in a row

Mini Origami Star

owecraft.com

