

College Planning 101

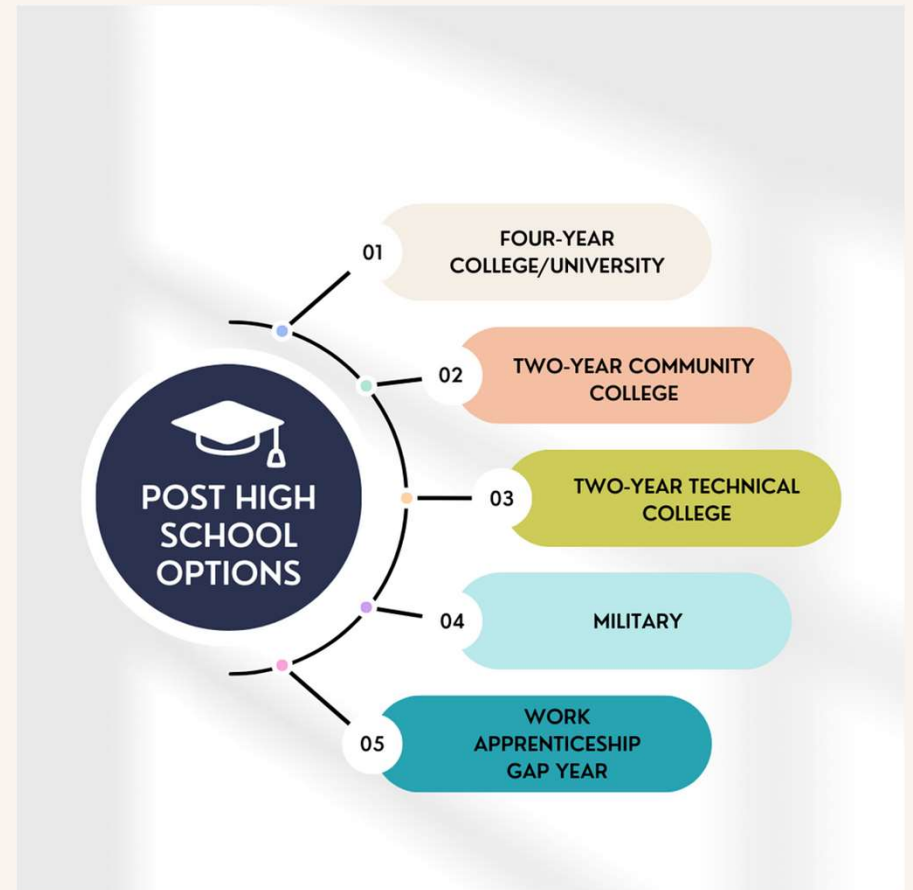
JANUARY 23, 2023

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College Planning Counselor

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School Counselor



Post High School Options



Post High School Options

01

4-YEAR UNIVERSITY/COLLEGE

- U OF M, MSU-MANKATO, ST. THOMAS

02

2- YEAR COMMUNITY COLLEGE

- INVER HILLS, NORMANDALE

03

2-YEAR TECHNICAL COLLEGE

- DAKOTA COUNTY TECHNICAL COLLEGE, HENNEPIN TECHNICAL COLLEGE, DUNWOODY, AVEDA

04

MILITARY

- UNITED STATES AIR FORCE, COAST GUARD, MARINES, ARMY, ROTC, MILITARY ACADEMY, NAVAL ACADEMY

05

EMPLOYMENT/ APPRENTICESHIP

06

GAP YEAR

Starting Point: Self-Reflection



Encourage Reflection and Self-Discovery Throughout the Process

Every student will have their own journey through the process.

- What are their future goals?
- What type of school/option is the best fit for them to achieve these goals?
- What criteria are they looking for in a college/university?
- What types of majors/careers would be a good fit best based on their interests and personality?



Self-Reflection Activity:

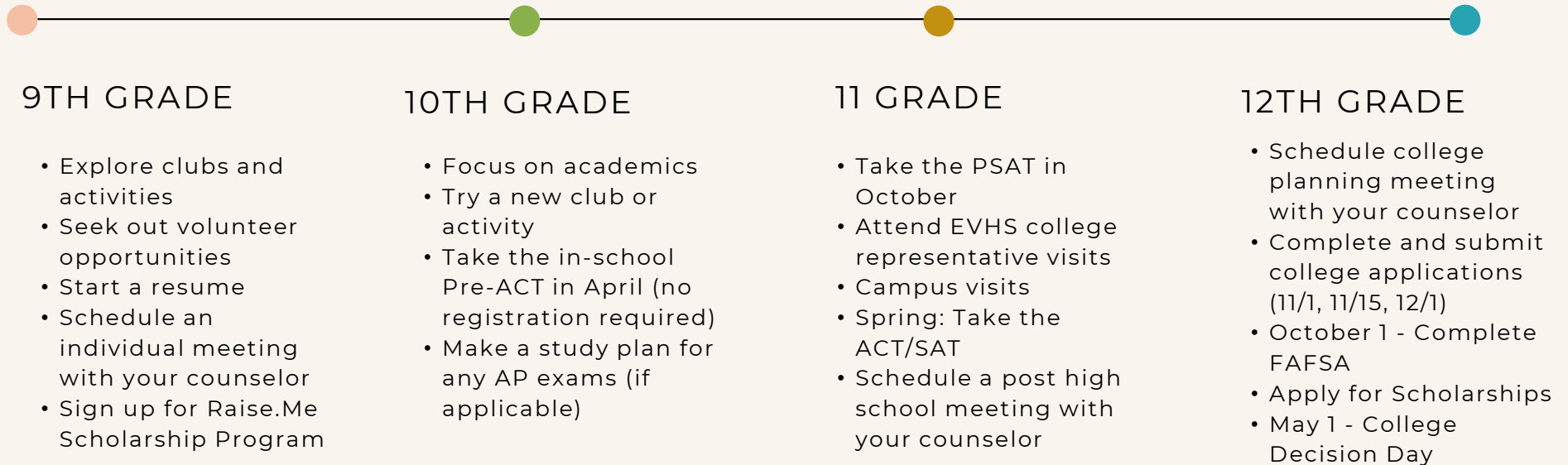
Complete the Achieve Personality Assessment in Naviance
(Based on Myers Briggs Inventory)



College Planning Timeline



College Planning Timeline



Additional Ways Your Teen Can Prepare for College



PERSONAL

- Set up a healthy sleep schedule on weeknights
- Develop healthy eating habits
- Find ways to deepen involvement and gain leadership experience
- Learn how to build advocacy skills

ACADEMIC

- Continue to develop advocacy skills. Encourage them to meet and email with their teachers as needed.
- Develop or strengthen study habits, calendar use, time management, and planning skills
- Meet with their counselor at least once a year to help with course planning and goal setting
- Read! (Best possible preparation for standardized tests)

COLLEGE

- Consider setting up a separate email address for all college communication
- Become familiar with Naviance starting in 9th grade
- Develop a family communication plan about how and when college planning will be discussed

College Search



Top Reasons for Choosing a College

- Major/Minors
- Location and distance from home
- Tuition and financial aid offered
- Class Size
- Athletics and extracurricular activities
- Campus life
- Academic support and career services
- Internship opportunities
- Safety
- Perspective/Vibe



Self-Reflection Activity: Rate
the following criteria from 1-10
from most to least important.
Discuss together.

Ways to Explore Colleges Early

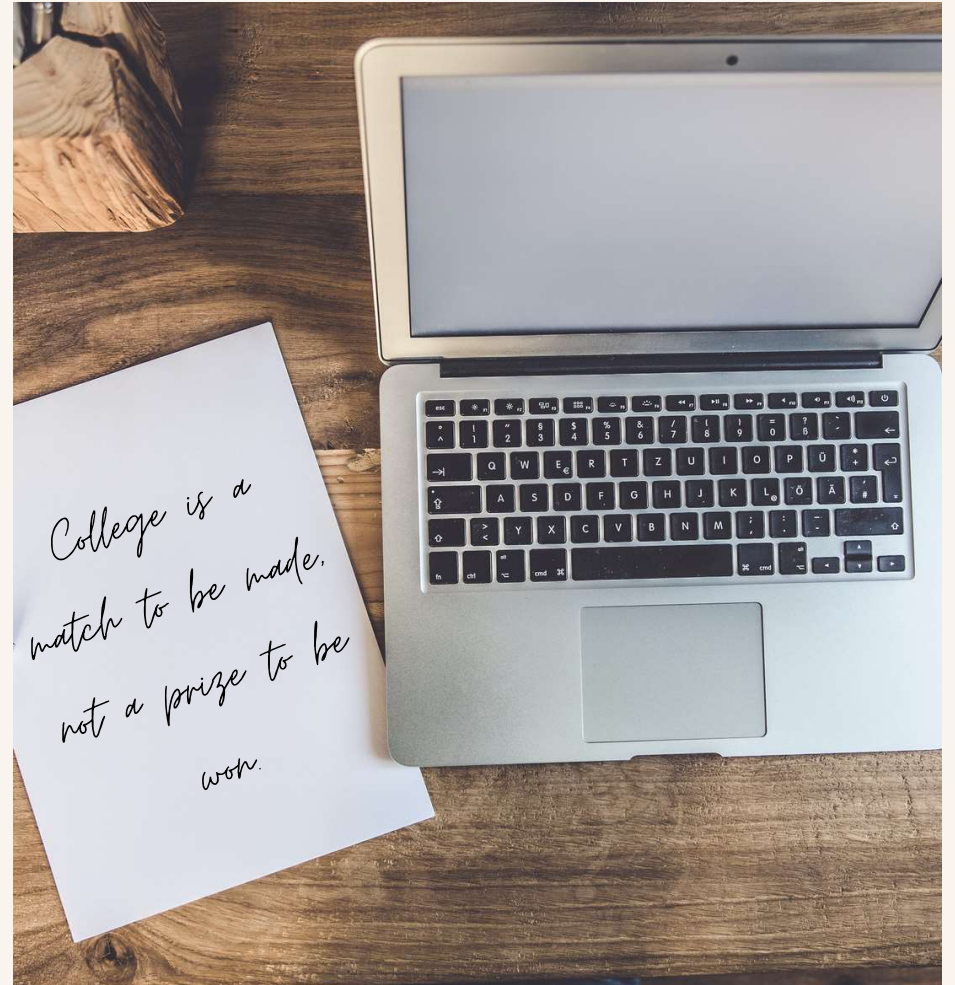


- Family Vacation = College Visits
- Visit a small, medium, and large school in the area if you can't travel to an out-of-state college
- Attend local and virtual college fairs
 - <https://www.nacacnet.org/student/>
 - <https://www.mn-acac.org/collegefairs>
- The College Tour - Amazon Prime
 - <https://www.thecollege tour.com/>
- **Tip:** Take pictures and notes, or you will forget!



Self-Reflection Activity: Journal what you loved about the college. How did being on campus make you feel?

Admission Criteria

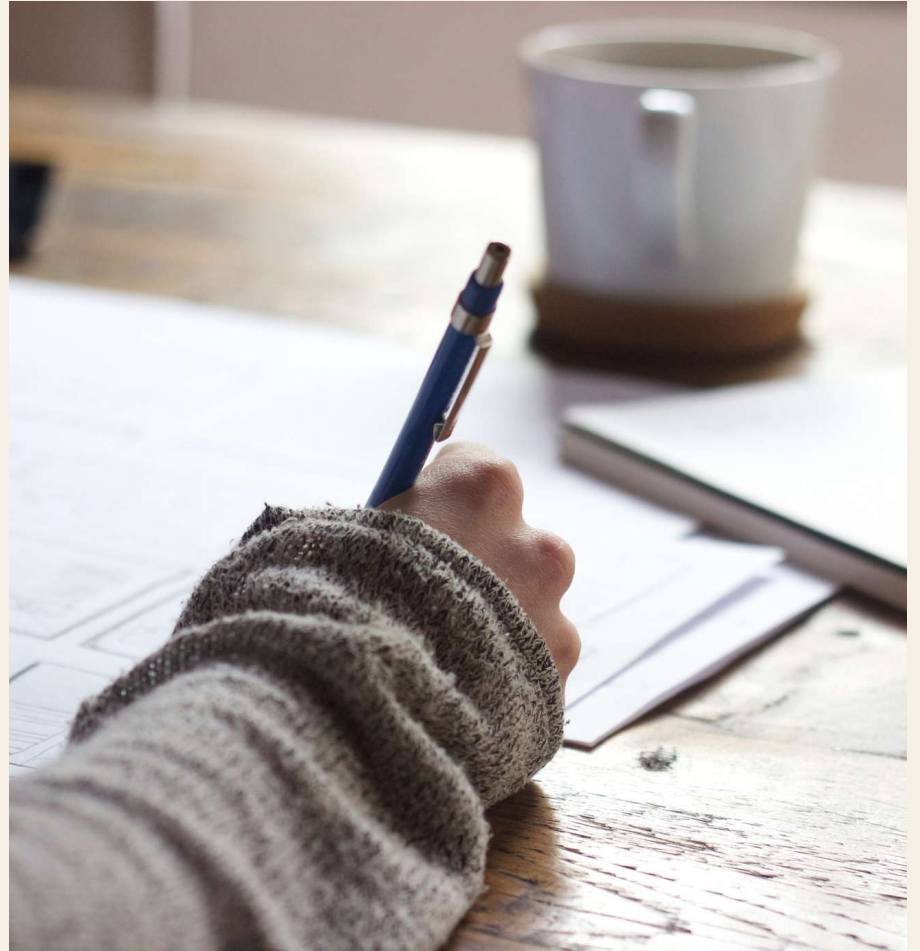


Holistic Review

- Strong grades/GPA - Most Important!
- Rigor of coursework
- Essays (if required)
- ACT/SAT scores (if required)
- Letters of recommendation (if required)
- Extracurricular Activities
- Volunteerism
- Leadership experience



Admission Test Requirements



ACT/SAT

- Recommend ACT or SAT be taken in the spring of junior year. Writing portion is not required.
- Impact of COVID: Test optional wave gets bigger!
- Over 1800+ colleges are test optional for Fall 2023 applicants
- Students won't be subject to penalty if they do not present a test score during the upcoming admission cycle
- Scholarships-Vast majority will NOT be penalized for not reporting a score
- Full list of test optional colleges/universities: www.fairtest.org
- Test Prep Tips:
 - Lots of free test prep options online and in Naviance
 - If taking a prep class, think about taking it as close to the test date as possible



Paying for College

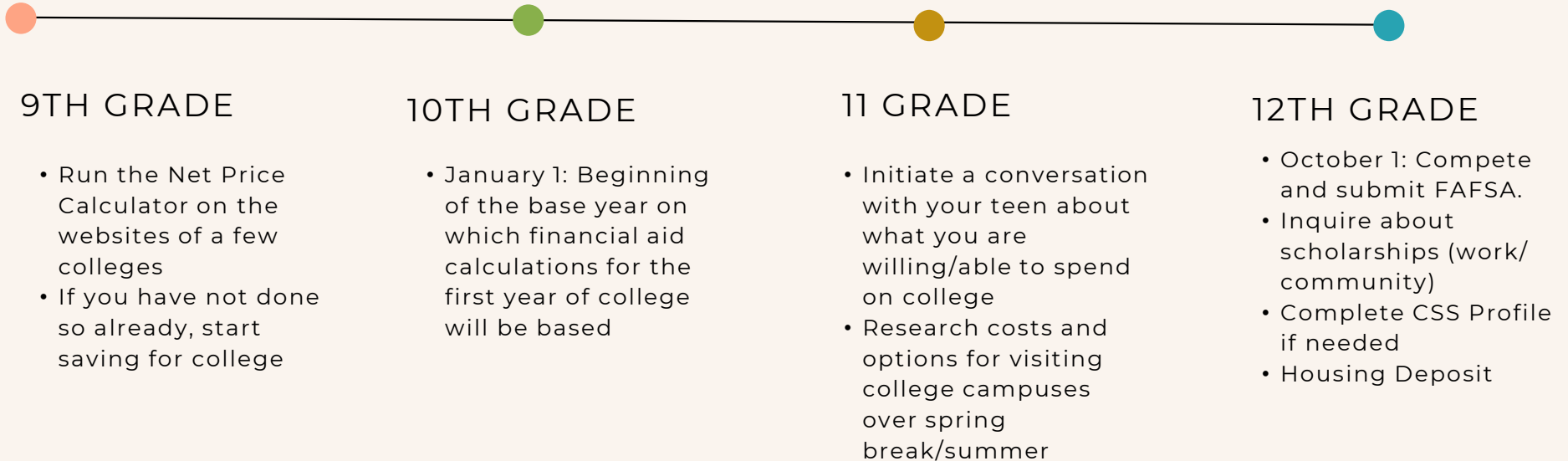


Talk about Money Early in the Process

- Money is usually a major limiting factor affecting college choice
- Students can't make responsible plans without knowing your family's financial limits
- Discuss what you can and/or are willing to contribute



Paying for College: Timeline for Families



NCAA Eligibility Requirements



Division I and II Sports



STUDENTS WHO INTEND TO PLAY
DIVISION I AND II IN COLLEGE
MUST MEET THE NCAA ELIGIBILITY
REQUIREMENTS

- Create a free NCAA Profile Page Account
- Successful completion of a core curriculum of at least 16 specified academic courses (called 'Core Courses')
- Meet test score requirements
- Send transcript at the end of junior year
- More Information:
<https://web3.ncaa.org/ecwr3/>

Resources





Welcome to Naviance Student.



Please choose your user type.

This allows Naviance to help you log in the way your school and district prefers.



Student



Parent or
Guardian



Alumni

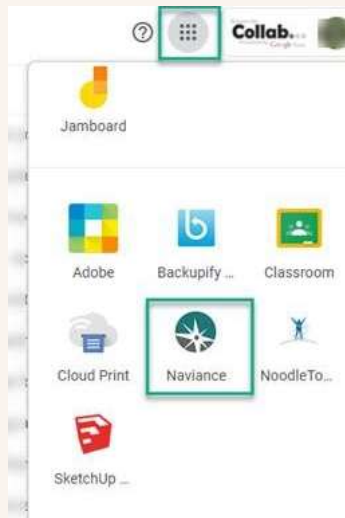


Guest

I'm new and need to register!

Counseling Office Go-To: Naviance

- College Search, Request Transcripts, Self-Assessment Tools, Resume, Scholarships, Test Prep, and much more!
- Access Naviance through the link on the EVHS website under 'Families' or go to <https://student.naviance.com/evhs>
- Students use Single-Sign On through Google Collab (go to www.google.com)
- Parents and students can have an account. College materials are only sent through student account
- For parent access: Contact the Counseling Office or Your Child's School Counselor



Other Helpful College Planning Websites



- College Board - Big Future
 - <https://bigfuture.collegeboard.org/>
- College Navigator
 - <https://nces.ed.gov/collegenavigator/>
- U.S. Department of Ed -College Scorecard
 - <https://collegescorecard.ed.gov/>
- CollegeXpress
 - <https://www.collegexpress.com/>
- Fair Test
 - <https://fairtest.org/>
- FinAid
 - <https://studentaid.gov/>
- MyinTuition
 - <https://myintuition.org/schools/>

Upcoming College Planning Presentations



- College Planning Night for Junior Parents/Guardians
 - March 2023
- College Planning Night for Senior Parents/Guardians
 - September 2023
- Paying for College Night
 - November 2023
- FAFSA Completion Workshop
 - November 2023

Eastview Counseling Staff

- Quincy Davis
- Mark Wanous
- Terri Greener/ Jena Hitt
- Kelly Fisher
- Anne Scholen
- Larinda Hodges
- Farrah Jennings
- Molly Wellik
- Suze Fulford
- Cheryl Cross

A-Cha/AVID 2024
Chb-Hak
Hal-Man
Mao-Per/AVID 2023
Pes-Ste/AVID 2026
Stf-Z/AVID 2025
College Planning & Assessment/GT
College Applications/Transcripts
Testing Coordinator
Registrar

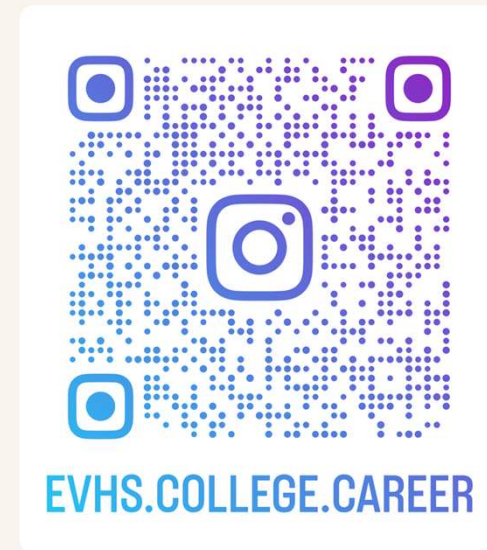
Ways to Stay in the Know:

- Schoology
- Weekly Counselor Connection Newsletter (located in the Bi-Weekly)
- Naviance Emails to Families
- EVHS Bi-Weekly Newsletter

LET'S CONNECT!



@evhs.college.career



Final Thoughts

- There truly is a college for every student that wants to go
- College admissions more competitive than ever, but...
 - Colleges are looking for reasons to admit students
 - Most colleges have admit rates over 50%
- Encourage your teen to keep as many doors open as possible by maintaining good grades starting in 9th grade
- Enjoy the journey
 - Explore, dream, breathe, and have fun!



Thank you!

PLEASE COMPLETE TONIGHT'S
EVALUATION

QUESTIONS?

