

## **Cumberland County**

Community Links-Your community resource spot for individuals of all ages and abilities in Dauphin, Cumberland and Perry Counties.

<http://www.community-links.net/>

**Contact HELPLINE:** Easy access to customized health, housing, and human services information in one place.  
717-652-4400 or 211

<http://www.contacthelpline.org/>

### **Crisis Intervention: Cumberland County**

Camp Hill area: 717-763-2222     Carlisle area: 717-243-6005

All other areas: 866-350-HELP <https://www.ccpa.net/2493/Crisis-Intervention>

**Cumberland Cares for Families-** Nancy Weaver from Cumberland Cares for Families is an amazing resource too while you are waiting for supports that may benefit your child. Nancy can help you with various other needs. Please consider calling her as well!

Cumberland Cares for Families. Nancy Weaver. She does in-home visits. Her number is 717-440-1517

<https://www.ccpa.net/2488/Newborns-and-their-Parents>

### **Cumberland County Assistance Office:**

717-240-2700 or 1-800-269-0173

<https://www.dhs.pa.gov/Services/Assistance/Pages/CAO-Contact.aspx>

### **Cumberland County Children and Youth:**

717-240-6120

16 W High Street, Suite 200

Carlisle, PA 17013

<https://www.ccpa.net/108/Children-Youth-Services>

**Cumberland/Perry CASSP:** CASSP is an acronym for Child and Adolescent Service System Program. CASSP is designed to bring together professionals from all of the child-serving agencies of Cumberland and Perry Counties in a consistent and unified approach to treatment planning and service delivery to children who are experiencing difficulty in any of several developmental areas.

1-888-240-6320 or 1-866-240-6320

[www.ccpa.net/2489/CASSP-Program](http://www.ccpa.net/2489/CASSP-Program)

**Homeless or displaced resources- Community Cares-** combined area resources for emergency shelter-

50 West Penn Street

Carlisle, PA 17013

Tel: 717-249-1009

[www.morethanshelter.org](http://www.morethanshelter.org)

**Medical Assistance-** (M.A., Medicaid, or access) To apply for Medical Assistance go to

<https://www.compass.state.pa.us/> or call Pennsylvania COMPASS: 1-800-692-7462

**Continued on next page**

**Medical Assistance Transportation Program (MATP):**

1-800-315-2546

<https://www.ccpa.net/127/Transportation>

**Mental Health/Intellectual Developmental Disabilities Case Management (MHIDD):**

717-240-6320

1615 Ritner Highway Carlisle Pa 17013

MH.IDD embraces its mission to empower & support persons & their families in the community. Cumberland-Perry MH.IDD is an alliance of three organizations sharing the mission of empowerment and community support; Mental Health (MH), Intellectual & Developmental Disabilities (IDD), and Early Intervention (EI). MH.IDD offers services to people of all ages with serious mental illness or intellectual and developmental disabilities.

For children/adult Mental Health case management call 717-243-6033 (Merakey- Stevens Center) dial 0 and ask for intake or 717-763-2219 (Holy Spirit Behavioral Health) and ask for "Intakes". <https://www.ccpa.net/118/Mental-Health-Intellectual-Develop-Dis>

**PEAL Center- Parent Education and Advocacy Leadership Center-**The PEAL Center serves families of children with disabilities and special health care needs. Provide information and training on education, special health care needs and support services across Pennsylvania

1-866-950-1040

**Pennsylvania's Education for Children and Youth Experiencing Homelessness Program**

Sonia Pitzi, Regional Coordinator

717-718-5924

<https://directory.center-school.org/homeless/contacts/display>

**Perform Care Member Services:**

1-888-722-8646

[www.performcare.org](http://www.performcare.org). Click Pennsylvania

**Statewide Adoption Network- Post Adoptive resources**

<http://www.adoptpakids.org/PostPermanency.aspx>

1-800-585-7926 (1-800-585-SWAN)

**The Arc of Cumberland & Perry Counties:**

<http://www.cparc.org>

**Tri County Community Action Program-** Self-sufficiency and resource program

717-732-1944

<http://www.cactricounty.org>

**YWCA Greater Harrisburg** 24 Hour Hotline 1-800-852-2102 • 24 Hour Emergency Shelter

1101 Market Street, Harrisburg, PA 17103

**Phone:** 717-234-7931 | **Fax:** 717-234-1779

1-800-654-1211

**YWCA Carlisle refers individuals experiencing domestic violence to Domestic Violence Services of Cumberland and Perry Counties (DVSCP)!** DVSCP is a private, non-profit organization that was incorporated in May 1990 and has provided 24 hour a day unduplicated services to the communities of Cumberland and Perry counties since 12:01 midnight on July 28, 1990.

<https://www.dvscp.org/>

## Resources for Coping with a Crisis

If you or someone you know is having a mental health crisis, call the crisis line for your county or you can call 911 (e.g. if there is immediate danger of physical harm).

### **Cumberland County Crisis Intervention:**

**Penn State Holy Spirit Medical Center Crisis Intervention:** 717-763-2222 or 1-800-722-5385

**UPMC Pinnacle Carlisle Crisis Intervention:** 717-243-6005

**All other areas:** 1-866-350-4357 <https://www.ccpa.net/2493/Crisis-Intervention>

**Contact helpline Carlisle:** 717-249-6226 or 1-800-932-4616

### National Suicide Prevention Hotlines

The 988 Suicide & Crisis Lifeline is a United States-based suicide prevention network of over 160 crisis centers that provides 24/7 service via a toll-free hotline with the number 9-8-8. It is available to anyone in suicidal crisis or emotional distress.

1-800-273-TALK (8255)

CRISIS TEXT LINE

Text "PA" to 741-741

### The 988 Lifeline

988 is now active across the United States. This new, shorter phone number will make it easier for people to remember and access mental health crisis services. To talk with someone over the computer Visit [988lifeline.org/chat](https://988lifeline.org/chat) (Please note, the previous 1-800-273-TALK (8255) number will continue to function indefinitely.)

### **National Suicide Prevention Hotlines:**

**1-800-273-TALK (8255)**

**988**

### **Online Hotlines**

Chat online at: [www.ImAlive.org](https://www.ImAlive.org) or <https://suicidepreventionlifeline.org/chat/>

### **CRISIS TEXT LINE**

Text "PA" to 741-741