

February

Monongalia County Schools



2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	BBQ Chicken January 30 Corn Bread; Fresh Pear AuGratin Potatoes; Carrots Milk – 8 oz Serving	School Pepperoni Roll Broccoli; Ranch Cup Veg. Juice Box; Applesauce Milk – 8 oz Serving	Lasagna Roll Breadstick; Cantaloupe Garden Salad w/ Dressing Milk – 8 oz Serving	Country Fried Steak Mashed Pot. w/ gravy; Roll Pinto Beans; Pine. Slice Milk – 8 oz Serving	Fish Sticks Peas; Cuc. slices; Goldfish; Orange Slices Milk – 8 oz Serving	
5	Chicken Sandwich Roasted Potatoes Baked Beans; Fruit Cocktail Milk – 8 oz Serving	Chef Salad Apple Slices; Cookie Cheddar Popcorn Milk – 8 oz Serving	Chili w/ Cinn. Roll Baked Potato; Carrots w/ Ranch; Grapes Milk – 8 oz Serving	Turkey w/ Baked Roll Mashed Pot.; Strawberries Green Beans Milk – 8 oz Serving	Pulled Pork Hoagie Corn and Kidney Beans 4 Berry & Frozen Yogurt Milk – 8 oz Serving	11
12	No School	Breakfast 4 Lunch Biscuits & Gravy; Peppers Hash Brown; Peaches Milk – 8 oz Serving	Philly Steak Hoagie Juice Box; Cookies Broccoli and Carrots Milk – 8 oz Serving	School Baked Pizza Kale Salad w/ Dressing Apple Slices w/ Dip Milk – 8 oz Serving	Mini Corn Dog Tater Tots; Fresh Apple Celery w/ Ranch Cup Milk – 8 oz Serving	18
19		Hamburger Cheese; Lettuce; Tomato Crinkle Fries; Slushie Cup Milk – 8 oz Serving	Popcorn Chicken Cali Blend; Pears; Cookies Milk – 8 oz Serving	Salisbury Steak Mashed Pot. ; Fruit Cup Green Beans; Baked Roll Milk – 8 oz Serving	Rotini Pasta & Sauce Garden Salad w/ Dressing Pineapple Chucnks; Garlic Bread Stick Milk – 8 oz Serving	25
26	See MARCH Menu	See MARCH Menu				



Submit Free/Reduced Applications and PAST DUE meal payments by credit card/debit card at: <https://www.schoolcafe.com> * All Menu Items are subject to change due to availability.