

January 2023 Lunch Menu Minooka JH-Intermediate

Student Meal
Includes: Entrée, Fruit,
Vegetable, & Milk
White Milk 11G
Chocolate Milk 20G

***MENU SUBJECT TO CHANGE

Questions contact the Food
Service Director
Cindy Day at:
630-747-1427

Nutritional information is
provided as a courtesy, Quest
nor Minooka School District 201
can guarantee
its accuracy

In accordance with Federal law
and the US Department of
Agriculture policy, this
institution is prohibited from
discrimination on the basis of
race, color, national origin, sex
age, or disability.



<p>9 All Beef Hot Dog 27G Baked Beans 30G Milk Fruit & Vegetable Bar</p>	<p>10 Chicken Tenders 12G Tater Tots 22G Milk Fruit & Vegetable Bar</p>	<p>11 Turkey & Cheese Sub served on Served on a Whole Grain Bun 31G Cheez It Crackers 14G Milk Fruit & Vegetable Bar</p>	<p>12 Lasagna Roll Ups w/ Marinara Sauce 29G Garlic Breadstick 24G Milk Fruit & Vegetable Bar Slushy 22G</p>	<p>13 Pancake Sausage on a Stick 18G Potato Smiles 25G Milk Fruit & Vegetable Bar</p>
<p>16 Martin Luther King Birthday No School</p>	<p>17 Hamburger on Whole Wheat Bun 26G Tater Tots 24G Milk Fruit & Vegetable Bar</p>	<p>18 Popcorn Chicken 15G Baked Beans 30G Dinner Roll 19G Milk Fruit & Vegetable Bar Carnival Cookie 18G</p>	<p>19 Grilled Cheese 30G & Tomato Soup 20G Milk Fruit & Vegetable Bar</p>	<p>20 Bosco Sticks 34G Marinara Sauce 3G Milk Fruit & Vegetable Bar</p>
<p>23 Chicken Corn Dog 30G Baked Beans 30G Milk Fruit & Vegetable Bar</p>	<p>24 Chicken Patty Sandwich Served on a Whole Grain Bun 41G Potato Wedges 18G Milk Fruit & Vegetable Bar</p>	<p>25 NEW Turkey Sausage, Egg and Cheese Breakfast Sandwich Served on a English Muffin 27G Hash Brown 11G Milk Fruit & Vegetable Bar</p>	<p>26 Crispy Chicken Sticks 11G Steamed Corn 18G Dinner Roll 13G Milk Fruit & Vegetable Bar Slushy 22G</p>	<p>27 *Warm Pepperoni Pizza Wrap w/ Marinara 43G Milk Fruit & Vegetable Bar *Contains Pork</p>
<p>30 Chicken Nuggets 16G Baked Beans 30G Dinner Roll 19G Milk Fruit & Vegetable Bar Rice Krispy Treat 8G</p>	<p>31 Chocolate Chip French Toast Sticks 35G Turkey Sausage Links 1G Milk Fruit & Vegetable Bar</p>			

January 2023 Lunch Menu Minooka K-4

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<p>16 Martin Luther King Birthday No School</p>	<p>17 Hamburger on Whole Wheat Bun 26G Tater Tots 24G Milk Fruit & Vegetable Bar</p>	<p>18 Popcorn Chicken 15G Baked Beans 30G Dinner Roll 19G Milk Fruit & Vegetable Bar Carnival Cookie 18G</p>	<p>19 Grilled Cheese 30G & Tomato Soup 20G Milk Fruit & Vegetable Bar</p>	<p>20 Bosco Sticks 34G Marinara Sauce 3G Milk Fruit & Vegetable Bar</p>
<p>23 Chicken Corn Dog 30G Baked Beans 30G Milk Fruit & Vegetable Bar</p>	<p>24 Chicken Patty Sandwich Served on a Whole Grain Bun 41G Potato Wedges 18G Milk Fruit & Vegetable Bar</p>	<p>25 NEW Sausage, Egg and Cheese Breakfast Sandwich Served on a Muffin 27G Hash Brown 11G Milk Fruit & Vegetable Bar</p>	<p>26 Crispy Chicken Sticks 11G Steamed Corn 18G Dinner Roll 13G Milk Fruit & Vegetable Bar</p>	<p>27 Cheese Pizza 27G Milk Fruit & Vegetable Bar Rainbow Goldfish 14G</p>
<p>30 Chicken Nuggets 16G Baked Beans 30G Dinner Roll 19G Milk Fruit & Vegetable Bar Rice Krispy Treat 8G</p>	<p>31 Chocolate Chip French Toast Sticks 35G Turkey Sausage Links 1G Milk Fruit & Vegetable Bar</p>			