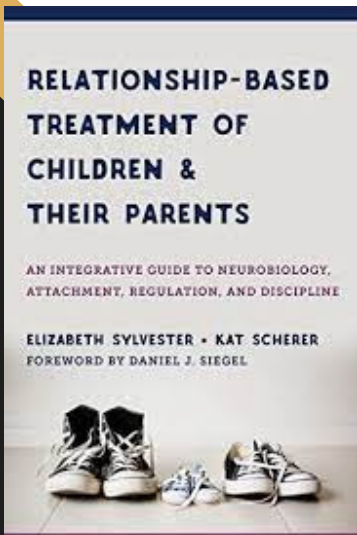




RELATIONSHIP-BASED INTERVENTIONS WITH STUDENTS AND THEIR CAREGIVERS



DR. ELIZABETH SYLVESTER

Psychologist, author, and NHA advanced trainer treating children, teens and families; specializing in work with emotionally and behaviorally intense children.



DR. KAT SCHERER

Kat Scherer, PhD, MFT, C-IAYT is a psychologist, educator and author working in Austin, Texas

This workshop presents a relationship-based approach to working with teens and their caregivers using the science of neurobiology, attachment, emotion regulation, and discipline to create healing connections. Additionally we introduce the essential attachment needs of children, and how meeting them can strengthen all interactions. We will focus on how the Nurtured Heart Approach is consistent with this science and is a useful tool in creating healing at relational, emotional and behavioral levels.

JOIN US VIA ZOOM:

THURSDAY, JANUARY 26TH

5:30-7:00 P.M.



REGISTER **HERE** or <https://forms.gle/szjNZk5pNLchxqLu5>