FEBRUARY 2023 CENTRAL YORK K-3 LUNCH MENU

LUNCH PRICES
Students - $2.60
Reduced - $.40
Adults -$4.10
Milk - $0.80

Milk is included with each meal:
1% Low Fat Chocolate, 1% Low Fat Vanilla, 1% Low Fat Strawberry, 1% Low Fat White or Fat Free White Milk.
Alternative Milk Choice: Soy and Lactaid.

- Choice of Fruit Includes: Canned Fruit, Fresh Fruit, Fruit Cup, Fruit Juices
- Alternate Line Available Everyday. Menu will change Daily.
- NO PEANUT BUTTER OR PEANUT PRODUCTS WILL BE SERVED IN THE CAFETERIA
- Fresh Vegetables offered Daily.
- *Contains Pork/Ham

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Walk Away Taco w/Meat & Cheese Lettuce/Tomato Cup Spanish Rice/Ranchero Beans/Fruit/Milk Alt - Munchable Kit 1	Chicken Patty Scalloped Potatoes Winter Blend Vegetable Fruit Milk Alt - Munchable Kit 2	Hot Dog Oven Potatoes Glazed Carrots Fruit Milk Alt - Munchable Kit 3
Chicken Alfredo Cheese Bread Stick Steamed Broccoli Fruit, Milk Alt - Cheeseburger or Hamburger 6	Nacho Dippers w/Meat & Cheddar /Queso Cheese/Salsa/Sour Cream Re-fried Beans/Fruit/Milk Alt - Cheeseburger or Hamburger 7	Chicken Poppers Mashed Potatoes Corn/Gravy Dinner Roll/Fruit/Milk Alt - Cheeseburger or Hamburger 8	Baked Mac & Cheese w/Toppings Peas Fruit,Milk Alt - Cheeseburger or Hamburger 9	*Stromboli Seasoned Carrots Fruit Milk Alt - Cheeseburger or Hamburger 10
Chicken Corn Soup *Ham & Cheese on Pretzel Roll Fruit Milk Alt - Chef Salad 13	Cheeseburger French Fries or Onion Rings Baked Beans Fruit Milk/ Alt - Chef Salad Ice Cream Treat 14	**COOK'S CHOICE** Seasoned Green Beans Fruit Milk Alt - Chef Salad 15	Tangerine Chicken Fried Rice Vegetable Stir Fry Fruit Milk Alt - Chef Salad 16	**EARLY DISMISSAL** Lunch Kit Paradise Punch Fruit Cup Milk 17
NO SCHOOL 20	*Pizza Quesadilla Fiesta Rice Seasoned Black Beans Fruit, Milk Alt - Cheese Steak Sand. 21	*Egg Extravaganza Tater Tots Fruit/Juice Cup Milk Alt - Cheese Steak Sand. 22	Chicken Nuggets French Fries Garden Salad Fruit Milk Alt - Cheese Steak Sand. 23	Fish Shapes Creamy Mac & Cheese Steamed Broccoli Fruit Milk Alt - Cheese Steak Sand. 24
Deep Dish Pizza Baked Beans Fruit Milk Alt - Deli Sandwich 27	Chicken Tenders Seasoned Rotini Steamed Carrots Fruit Milk Alt - Deli Sandwich 28			