



February 2023



Tuesday



Thursday

Friday

Monday, January 30	Tuesday, January 31	Wednesday, February 1	Thursday, February 2	Friday, February 3
Beef Burger w/ American Cheese	Pad Thai Chicken	WG Rotini Pasta w/ Creamy Garlic	Chicken Pozole w/ Lime Wedge	BBQ Chicken Drumstick
Veggie Burger	Pad Thai Tofu	Sauce & Mozzarella Cheese	Vegetarian Pozole w Lime Wedge	BBQ Tofu
WG Hamburger Bun	Brown Rice	WG Breadstick	WG Tortilla Chips	Brown Rice
Sweet Potato Fries	Peas	Baby Carrots	Cabbage	Broccoli
Lemony Chickpea Salad	Sweet Corn	Green Beans	Three Bean Salad	Cherry Tomatoes
Apple Slices	Pear Slices	Apple Slices	Pineapple	Melon
Monday, February 6	Tuesday, February 7	Wednesday, February 8	Thursday, February 9	Friday, February 10
WG Chicken Nuggets	Kung Pao Chicken	WG Rotini w/ Tomato Cream	Adobo Chicken	Beef Sloppy Joe
Veggie Nuggets	Kung Pao Tofu	Sauce & Mozzarella	Adobo Tofu	Veggie Sloppy Joe
WG Bread Slice	Brown Rice	WG Breadstick	Brown Rice	WG Hamburger Bun
Potato Fries	Green Beans	Sweet Corn	Broccoli	Roasted Zucchini
Baby Carrots	Lemony Chickpea Salad	Apple Slices	Roasted Chickpeas	Cherry Tomatoes
Appleberry Sauce	Orange Slices		Melon	Fruit Salad CHP
Monday, February 13	Tuesday, February 14	Wednesday, February 15	Thursday, February 16	Friday, February 17
Sweet & Sour Chicken	Turkey Taco Bowl	Creamy Mac 'n Cheese	Chicken Tortilla Soup	Grilled Cheese
Sweet & Sour Tofu	Boca Crumble Taco Bowl	WG Breadstick	Vegetarian Tortilla Soup	Broccoli
Brown Rice	Brown Rice	Green Beans	WG Tortilla Chips	Cherry Tomatoes
Cucumber Salad	Corn	Lemony Chickpea Salad	Cabbage	Orange Slices
Baby Carrots	Salsa	Melon	Three Bean Salad	
Pear Slices	Apple Slices		Pineapple	
Monday, February 20	Tuesday, February 21	Wednesday, February 22	Thursday, February 23	Friday, February 24
WG Chicken Nuggets	WG "Crispy" Chicken Sandwich	WG Mostaccioli	Three Bean Chili w/	Fajita Seasoned Chicken
Veggie Nuggets	Veggie Burger	Green Beans	Shredded Cheddar	Fajita Seasoned Tofu
WG Bread Slice	WG Hamburger Bun	Baby Carrots	Corn Bread	Brown Rice & WG Tortilla Chips
Baby Carrots	Peas	Orange Slices	Potato Fries	Broccoli
Sweet Corn	Lemony Chickpea Salad		Cucumber Slices	Black Beans & Corn Salad

Wednesday

WG = Whole Grain

CHP = Cantaloupe, Honeydew, Pineapple

Pearsauce

Monday

*We are an equal opportunity employer.

**Two types of milk are offered with each meal.

Appleberry Sauce

GourmetGorilla.com

Melon

Pear Slices