

SHAC Minutes
12/17/2020

Candi Howard - AEN Nurse
Dr. Lori Nunez
Nicole Robertson - LES/District Nurse
Angela Taylor - AHS Nurse
Brandi Dixon - AIS PE
Lindsay Farmer - LES PE
Galacia Frisby
Griselda Ponce
Helena Gaynor
Sarah Thieroff - Cook Children's Project ADAM

Cliff - Choosing the Best
Elizabeth Dillard - Community
Valarie Slagle - AES Nurse
Amber Ford - AJH Nurse
Trey Washburn - Athletic Trainer
Tracy Melson - Parent
Miranda Fagan - AIS Nurse
LouAnne Stevens - Nutrition Director
Jack Aspinall

Nurse Robertson started meeting at 1:33 p.m. and welcomed us. She discussed the mission of SHAC.

Reviewed and approved meeting minutes from the previous meeting.

Family Fun Night:

The usage of Charles Head Stadium approved for April 1. Do we want to move forward with *It's Time Texas*? Maybe do a Biggest Loser within the district. Do healthy activities with the kids that they can do with their families. Frozen 2?

Choosing the Best:

Cliff from *Choosing the Best* discussed Abstinence-Centered Education. The program does emphasize abstinence, but does discuss contraception and STDs. Declines in teen pregnancy rates in Texas school districts. The program also discusses online/sexting risks, self-esteem, peer pressures, etc. Will focus on Middle & High School aged students. Nurse Robertson will teach virtually. Discussed focusing on 6th, 8th & 9th grade.

LouAnne Stevens:

Free meals through the end of the year. Decline in the drive through meal pickups. Please put out information on our social media platforms. aisd.me/nuggets new portion of Child Nutrition portion of the website. Discussed *AISDs Wellness Plan* - no additions or changes need to be made. Nutrition Nuggets have been purchased and are updated monthly.

COVID:

Informational Videos to go out after break to help clear up questions for educators and parents.

Cook Children's Telehealth:

Candi Howard shared how the soft start has progressed with our district. She shared personal stories to help encourage other nurses to start using the program.

Sarah Thieroff from Cook Children's Project ADAM:

Discussing what we need at Alvarado ISD to become a HeartSafe school. Checkoff lists and resources discussed from Cook Children's and Project Adam's websites.

www.projectadam.com/ProjectADAM

<https://cookchildrens.org/cardiology/project-ADAM/Pages/default.aspx>

Hearing & Vision Screening:

No updates from DSHS about the due dates. Paula Holder, RN is a substitute nurse for AISD and is now certified in hearing & vision screening. She will be able to help within the nurse's clinics if needed.

PPE:

What is needed at each campus?

CPR:

Patricia Castro and Nurse Robertson are still wanting to implement a time and date to certify district educators in CPR.

Texas Mobile Imaging:

Decided to wait until after the first of the year to decide about when to schedule this service.

Next Meeting February 16, 2021.