

SHAC Meeting Minutes

May 17, 2022

Members in Attendance

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| Tracy Melson - Parent | Abigail Tevino - AISD Child Nutrition |
| Brian Welch - AEN PE | Jack Aspinall - Chartwells Child Nutrition |
| Alicia Haro - Parent | Katie Franklin - AHS Athletic Trainer |
| Cadence Hohertz - AHS Student | Angela Taylor - AHS Nurse |
| Candi Howard - AEN Nurse | Leigh Williams - AHS Social Worker |
| Valerie Slagle - AES Nurse | Miranda Fagan - AIS Nurse |
| Patricia Castro - LES Nurse | Tina Herrera - AIS Social Worker |
| Jennifer Davis - District RN | Trey Washburn - AHS Athletic Trainer |
| Hannah Massey - AJH Nurse | Tim Payovich - AISD Chief of Police |
| Brandi Dixon - AIS PE | Bambi Burnett - Community |
| Hannah Porterfield - AEN Social Worker | Lori Nunez – Chief Special Programs Officer |

The SHAC meeting was called to order at 1:30pm by Dr. Lori Nunez. She welcomed all in attendance and discussed the agenda for the SHAC meeting.

The meeting minutes from March 22, 2022, were reviewed and approved.

Nutritional Services:

Mr. Jack Aspinall shared information about the Summer Feed Program that will begin June 1st through June 30th. The program will serve a FREE breakfast and lunch at the Alvarado Junior High School for all children 18 years of age and younger.

Mr. Aspinall informed SHAC that beginning with the 2022-2023 school year, *The National School Breakfast and Lunch Program for Texas (NSLP)* will transition back to eligibility for purchase price of meals (full, reduced, or free). NSLP is allowing families the first 30 days of the new school year to complete and submit an application. It will take time to process all applications and provide notice of eligibility to families before full price is charged. It will be extremely important that all families complete an application in their "Back to School" process. The earlier they submit their application, the sooner they will receive eligibility status.

Parent/ Community Involvement:

Dr. Nunez celebrated the success of the SHAC Family Night on Thursday, April 14th! Sharing that it was by far the largest family participating SHAC event, including a number of vendors, a guest speaker, and the Care Flight helicopter. The Bounce Obstacle Courses added a great way for physical activity to the event and it appeared that ALL students loved them. The COVID Healthcare Grant allowed for each family to go home with medical supplies; a first aid kit, sun screen, hand sanitizer, etc., all students went home with sport equipment that would require physical activity, and each family received a folder of informational literature for healthy habits to healthy meal preps.

Dr. Nunez led an *After Action Review (AAR)* to discuss “Positives and Negatives” of the event. This allowed SHAC to reflect on the celebrations and/or needed improvements for next year’s event. Each table had specific directions on how to share out, at their table, and with the whole group. All ideas were charted and recorded for future use.

Health Service:

Nurse Davis updated SHAC on the AISD’s District Healthcare Clinic; number of clinic visits per month and what the current medical trends are within the district.

As a state requirement, Alvarado Junior High School will provide the *Abstinence Program* this year to 6th and 8th grade students after the state assessment. The program will take three class periods to complete the curriculum, as purchased, through “Choosing the Best”. AJH will send letters and emails to parents prior to instruction, allowing parents the choice to “opt out” their child from participating in the Abstinence Program.

Nurse Davis informed SHAC that the Alvarado Lions Club assisted six AISD students this school year with vision exams and selected eyewear, at no cost to the family. This year, AISD’s clinic partner, Goodside Health, assisted each campus complete their annual vision and hearing screenings. This was a huge time save for each campus clinic’s nurse! Goodside Health is also assisting with the district’s summer/fall sports’ physicals on Saturday, May 21 (9:00-1:00pm) at Alvarado High School. The physicals are of no cost to the families the day of the physical. Goodside Health will take care of all the insurance paperwork/filing for the families.

Physical Education:

Coach Lindsey Farmer reviewed the requirements of the FitnessGram assessment and how to document results in the spreadsheet. Dr. Nunez reminded everyone that their spreadsheet was due to her by Friday, May 20th.

Next Meeting:

Dr. Nunez thanked everyone for attending and participating in the meeting and informed them that the 2022-2023 school year’s first meeting will be on Tuesday, September 20, 2022 at 1:30pm in the Boardroom of the Administration Building. The SHAC meeting was adjourned at 2:50pm.