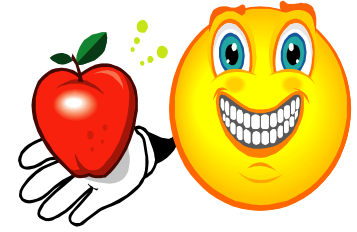


AGENDA

November 1, 2022
SHAC Meeting



- Welcome & Introductions
- Review & Approve Meeting Minutes – 9/20/2022
- **Nutrition Services**
21 Day Cycle Menu Approval
- **Health Services**
Emergency Boxes for Buses
District Clinic Update
Abstinence Program – Scope & Sequence
Immunization Update
- **Counseling, Psychological, & Social Services**
Be Kind Crusaders – Video
Rachel’s Challenge
- **Physical Education**
Physical Education Update
- **Other Question, Comments, Concerns**
- Next Meeting: **March 21st and May 16th at 1:30 pm**



SHAC Goals (2022-2023)
Increase SHAC activities
Increase involvement
Ensure program activities are fully development

Mission Statement

The mission of the Alvarado Independent School District School Health Advisory Council is to facilitate opportunities for the overall life-long health and wellness of the Alvarado Community.

Vision Statement

It is the vision of the Alvarado Independent School District School Health Advisory Council to ensure Alvarado becomes an emotionally and physically healthy community.

AGENDA
November 1, 2022
SHAC Meeting

TSHAC Guiding Principles

Assuring a healthy future for all **T**exans will guide the work of this committee.

To that end, we will work to **S**upport a healthy and safe school environment that fosters learning.

We will dedicate our efforts to goals that will produce **H**ealthier minds and bodies through effective school health education and services.

Achieving **A**cademic success by providing leadership to those who teach and empower our students will be our sustaining and overarching charge.

We will champion the practice of **C**oordinated School Health to effectively reach our goals and objectives through the eight components of coordinated school health programming.

