

# SAINT FRANCIS HIGH SCHOOL

## ACADEMIC SCHEDULING GUIDE

*and*

## COURSE BULLETIN

*2023 - 2024*



SAINT  
FRANCIS  
A Holy Cross High School



# TABLE OF CONTENTS

**Section 1 - Mission of the Holy Cross**

Graduation Outcomes  
Scheduling Philosophy  
Departmental Guidance  
Wellness

**Section 2 - Graduation Requirements**

**Curriculum Guide**

English  
Math  
Science  
Social Science  
World Language  
Visual and Performing Arts  
Ethnic Studies  
College Preparatory Electives  
Religious Studies  
Health and Fitness

**Section 3 - Academic Policies**

**Section 4 - College Entrance Requirements**

**Section 5 - AP/Honors Policies**

**Section 6 - Contact Information**



*"With eyes of faith consider the greatness of your mission and the wonderful amount of good which you can accomplish."*

*Blessed Basil Moreau,  
Christian Education*



## SAINT FRANCIS HIGH SCHOOL

### MISSION STATEMENT

In the tradition of the Catholic Church and the spirit of Holy Cross, Saint Francis High School is committed to providing the finest college-preparatory program in an inclusive family environment, encouraging students to achieve their highest potential through:



*Spiritual Development,*  
which expresses their Christian values in the convictions of their heart and the actions of their hands;

*Intellectual Development,*  
which translates their knowledge and skills into independent and creative thinking;



*Social Development,*  
which transforms their activities and experiences into leadership in and service to the community.





## EDUCATING THE HEART AND MIND

*"We shall always place education side by side with instruction; the mind  
will not be cultivated at the expense of the heart."*

*Blessed Basil Moreau,  
Circular Letter 36; 1849*

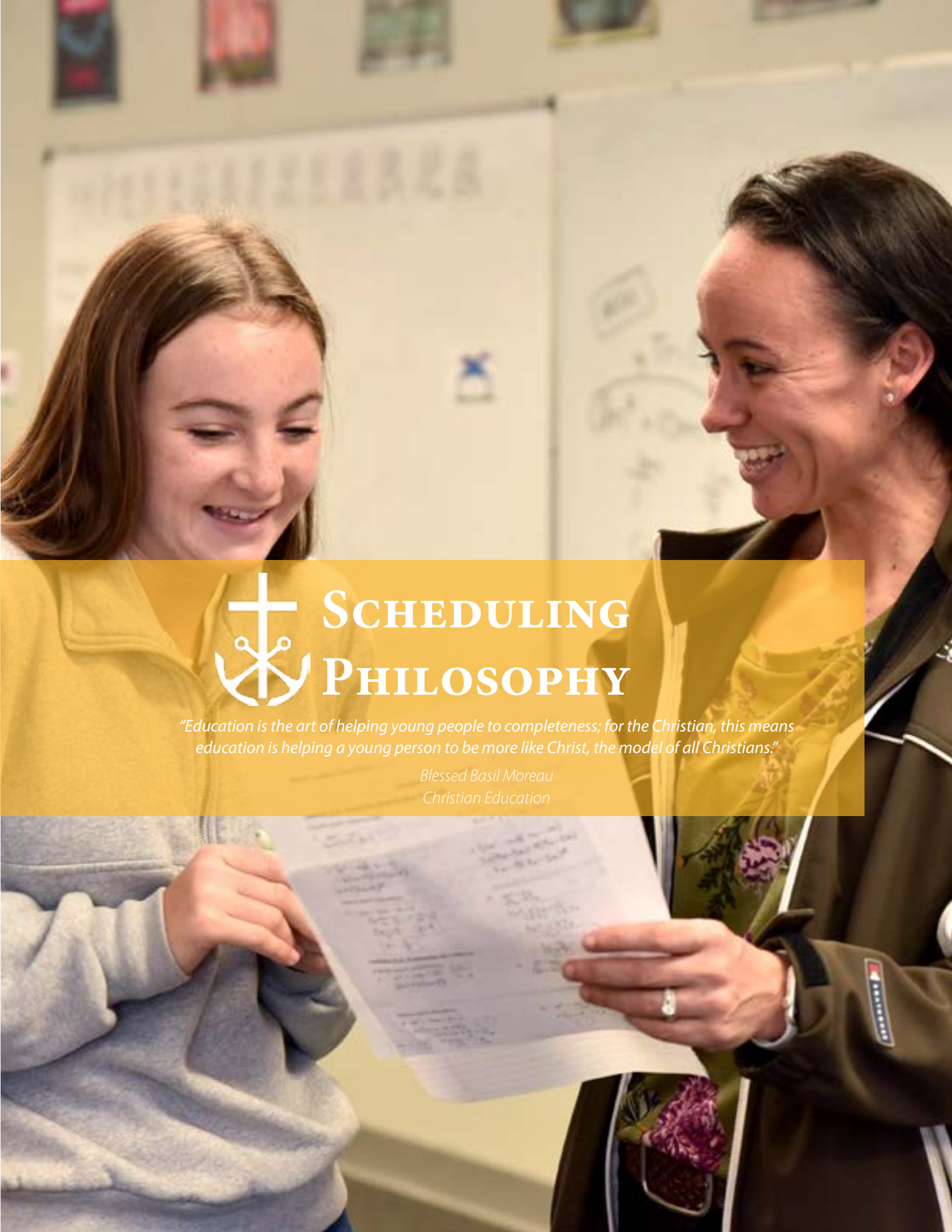
## Graduation Outcomes

The Saint Francis graduate embodies the Holy Cross charism and is expected to be

- » **A person of faith**  
who imparts Holy Cross values in the Catholic tradition by
  - » Demonstrating a basic understanding of the life and teaching of Jesus Christ and the essential doctrines and practices of the Catholic Church.
  - » Recognizing and respecting the dignity of the human person, and responding to the call to love and serve in the tradition of Catholic moral and social teaching.
  - » Serving the community particularly by reaching out to those most in need.
  - » Participating in and embracing our faith-filled community.
- » **An intrinsically motivated scholar**  
who pursues lifelong learning by
  - » Thinking critically and creatively to solve problems and make decisions, both independently and as members of a team.
  - » Listening effectively, reading critically and using language precisely in speech and writing.
  - » Interpreting and evaluating complex information presented through various media.
  - » Utilizing and adapting technology resources productively and responsibly.
- » **An engaged individual**  
who demonstrates personal and social responsibility by
  - » Understanding the rights and responsibilities of a local, national and global citizen.
  - » Demonstrating critical interpersonal skills of clear communication and meaningful collaboration.
  - » Becoming self-directed, resilient individuals who are able to set goals to maintain physical and emotional well-being.
  - » Exploring new and diverse opportunities and embracing the call to lead.

Saint Francis High School is committed to lifelong learning, a vision that we share with our parents and students. As a community of teachers and learners, we share the responsibility to encourage the advancement of our Intended Student Outcomes.





## SCHEDULING PHILOSOPHY

*"Education is the art of helping young people to completeness; for the Christian, this means education is helping a young person to be more like Christ, the model of all Christians."*

*Blessed Basil Moreau  
Christian Education*

## Scheduling Philosophy

The scheduling process reflects the Saint Francis commitment to educate the whole student and to empower them to be engaged and motivated people of faith. In partnership with the family, Guidance Counselors advise students on the path that is most appropriate for the student's development, academically and personally. Students are encouraged to select classes that align with their strengths and interests and also complement their extracurricular activities.

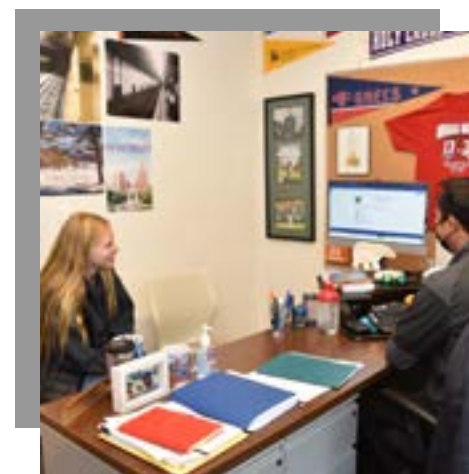
### Guidance From SOCIAL EMOTIONAL LEARNING DEPARTMENT

Create a schedule that is balanced. Account for the things you have to do and provide enough time for the activities and values that are most important to you. Consider your classes, clubs, sports, extracurricular activities, jobs, chores, and sleep. Your schedule also needs to make space for down time to play and create, to relax and recharge, and to connect and share with others.

Molly Boesiger,  
SFThrive Advisory Coordinator



### Guidance From THE COUNSELING DEPARTMENT



It is imperative to select courses that interest you when considering advanced honors or AP level choices. Consider how much time outside of the classroom you will need to spend on homework, projects, and studying. What other activities and interests do you have outside of the classroom environment that you would like to spend time pursuing? Ensure you are providing enough time in your day to complete your academics and extracurriculars, while maintaining a well balanced schedule to prioritize your mental health and maintain your sleep schedule.

MaryLynne Rodriguez,  
Department Chair, Guidance and College Counseling

Guidance From

# STUDENT ATHLETICS

On average, student athletes commit 10-15 hours per week to their team. Contact the Athletic Director for more specific questions regarding the time commitment of your sport. League (as well as non-league) competition involves travel to and from sites that may account for additional hours in the week over the course of the season.

Therren Wilburn,  
Director of Athletics



Guidance From

# STUDENT ACTIVITIES

Social interactions with your peers is a very important component of your high school experience. We encourage you to explore your interests and sample new activities as you consider joining clubs or attending events. Many of these shared experiences will be where you meet lifelong friends and create lifetime memories. Be careful not to over-commit. Always remember that “balance” is important - it is the richness of your involvement that is key to your overall health and wellness.

Todd Meulman,  
Director of Student Activities



Guidance From

# HEALTH AND WELLNESS

*Sleep is vital to your well-being*, as important as the air you breathe, the water you drink and the food you eat. It can even help you to eat better and manage the stress of being a teen.



[The National Sleep Foundation](#)



*Recommends*

8 - 10 hours of sleep  
for teenagers between 14 and 17



Lack of sleep (less than 8 hours) may:

- » Limit your ability to learn, listen, concentrate and solve problems. You may even forget important information like names, numbers, your homework or a date with a special person in your life.
- » Contribute to illness, not using equipment safely or driving drowsy.
- » Excessive daytime sleepiness and daytime impairment such as reduced concentration, slower thinking and mood changes.





# GRADUATION REQUIREMENTS

*"How we educate the mind will change with the times;  
how we cultivate the heart is and will remain timeless."*

*Blessed Basil Moreau,  
Christian Education*

## Graduation Requirements

In order to graduate from Saint Francis High School, a student must successfully complete a *minimum of 240 semester credits* of coursework.

Courses required for graduation must be taken at Saint Francis High School. Counselors will support students in selecting an individual and balanced schedule. They will select coursework that meets both Saint Francis graduation requirements and minimum UC/CSU A-G requirements.

The Counseling Department encourages students to take challenging courses (Honors and AP courses) that are appropriate for their level and academic interests. Included within credits completed satisfactorily are the following course requirements:

<i>Subject</i>	<i>Saint Francis Graduation Requirements</i>	<i>UC-CSU Minimum Requirements</i>	<i>4-Year College/ University Suggested Requirements</i>
History/Social Science	3 years (30 credits)	2 years (A)	3-4 years
English	4 years (40 credits)	4 years (B)	4 years
Mathematics	3 years (30 credits)	3 years (C)	3-4 years
Science	3 years (30 credits)	2 years (D)	3-4 years
World Language	2 years (20 credits)	2 years of the same language (E)	2-3 years recommended; 3-4 years per student interest
Visual & Performing Arts	1 year (10 credits)	1 year in a single discipline (F)	1-2 years per student interest
Ethnic Studies	1 year (10 credits*) One interdisciplinary semester	No Requirement	No Requirement
College Preparatory Electives	3 years (30 credits)	No Requirement	No Requirement
Religious Studies	4 years (40 credits)	No Requirement	No Requirement
Health & Fitness	1 year (10 credits)	No Requirement	No Requirement
Community Service	50 Hours	No Requirement	No Requirement



# CURRICULUM GUIDE

*"Our zeal is always guided by charity. Everything is done with strength  
and gentleness."*

*Blessed Basil Moreau,  
Christian Education*

## Curriculum

Please read complete course descriptions at <https://www.sfhs.com/guidance-counseling-dashboard>

### ENGLISH - 8 SEMESTERS REQUIRED

SFHS requires eight semesters of English and enrollment in English every semester.

#### Current Freshman English Class:

##### English 1, English 1 Honors or Reading Lab

- » English 1 Honors
  - » Placement determined by a placement test.
- » Reading Lab
  - » 9th grade standing.
  - » Placement determined by entrance exam scores.
  - » English 1 must be taken concurrently.

##### Next English Class Options

- » English 2 - American Literature and Writing
- » English 2 Honors - American Literature and Advanced Writing
  - » Current English 1 Honors students; open enrollment.
  - » Current English 1 students with a minimum of "A-", plus application.

#### Current Sophomore English Class:

##### English 2 - American Literature and Writing OR

##### English 2 Honors - American Literature and Advanced Writing

- » English 2 Honors - American Literature and Advanced Writing
  - » Current English 1 Honors Students: open enrollment.
  - » Current English 1 Students: minimum of "A-" in English 1, plus application.

##### Next English Class Options

- » British Literature and Analytical Writing with Selective (below)
  - » Activist Literature\*
  - » Dystopian Literature
  - » Feminist Literature\*
  - » Indigenous People's Literature\*
  - » Modern Drama
  - » Sports, Literature and Culture\*
- » AP English Language\*
  - » Informed enrollment; contract required.



Current Junior English Class:

English 3: British Literature and Analytical Writing with Semester 2 Selective

- » English 3: British Literature and Analytical Writing with Semester 2 Selective (below)
  - » Activist Literature\*
  - » Dystopian Literature
  - » Feminist Literature\*
  - » Indigenous People's Literature\*
  - » Modern Drama
  - » Sports, Literature, and Culture\*

AP English Language

- » AP English Language\*
- » Informed enrollment; contract required.

Next English Class Options

- » English 4 - World Literature with Semester 2 Selective (below)
  - » Science Fiction & Fantasy
  - » Contemporary American Authors
  - » Sports in Literature
  - » Film as Literature
  - » Culture and Voice\*
- » AP English Literature
  - » Informed enrollment; contract required.

\*Fulfills the second semester of Ethnic Studies

MATH - 6 SEMESTERS REQUIRED

All math classes are a year long. Incoming freshmen students are placed in Algebra 1 or may choose to take a proficiency exam to be placed in a higher level with informed enrollment. All placements are determined by the Math Department.

Current Math Class: Algebra 1

Next Math Class Options

- » Descriptive Geometry
  - » Successful completion of Algebra 1A/1B or Algebra 1 students who do not meet the prerequisites for Geometry.
- » Geometry
  - » Minimum of "C" in Algebra 1 or Algebra 1H.
  - » Minimum of "A" in Algebra 1A/1B.
- » Honors Geometry
  - » Minimum of "B" in Algebra 1H.
  - » Minimum of "A" in Algebra 1.
- » Summer Geometry
  - » Minimum of "C" in Algebra 1 or Algebra 1H.
  - » Minimum of "A" and Teacher Recommendation in Algebra 1A/1B.

Current Math Class: Geometry

Next Math Class Options

- » Intermediate Algebra
  - » Successful completion of Descriptive Geometry or Geometry students who do not meet the prerequisites for Algebra 2.
- » Algebra 2
  - » Minimum of "C" in both Geometry and Algebra 1.
  - » Minimum of "A-" in Descriptive Geometry.
- » Advanced Algebra 2/Trigonometry Honors
  - » Satisfactory achievement on the qualifying exam and previous math grades.

Current Math Class: Algebra 2

Next Math Class Options

- » Precalculus
  - » Minimum of "B" or better in Algebra 2.
- » Trigonometry/Analytic Geometry
  - » Minimum of "C" in Algebra 2 or "A" in Intermediate Algebra.
- » Statistics
  - » Senior Standing.
- » Summer Trigonometry (to enroll in Precalculus H)
  - » Minimum of "A" both semesters of Algebra 2.
  - » Minimum of "A-" in Summer Trigonometry to move to Precalculus Honors.
  - » Students who do not meet this grade will automatically move to Precalculus.

Current Math Class: Advanced Algebra 2/Trigonometry Honors

Next Math Class Options

- » Precalculus Honors
  - » Minimum of "B" in Advanced Algebra/Trigonometry Honors.
- » Calculus
  - » Minimum of "B" in Advanced Algebra/Trigonometry Honors.
- » AP Calculus AB
  - » Minimum of "A-" in Advanced Algebra/Trigonometry.
  - » Contract required.

Current Math Class: Trigonometry

Next Math Class Options

- » Precalculus
  - » Minimum of "C-" in Trigonometry.
- » Precalculus Honors
  - » Minimum of "A" in Trigonometry.
- » Statistics
  - » Senior standing.
- » AP Statistics
  - » Minimum of "A" in Trigonometry.
  - » Senior standing.



**Current Math Class: Precalculus**

***Next Math Class Options***

- » Calculus
  - » Minimum of “B” in Precalculus.
- » AP Calculus AB
  - » Minimum of “A” in Precalculus.
- » Statistics
  - » Senior Standing.
- » AP Statistics
  - » Minimum of “B-” in Precalculus.
  - » Senior standing.

**Current Math Class: Precalculus Honors**

***Next Math Class Options***

- » Calculus
  - » Minimum of “B-” in Precalculus Honors.
- » AP Calculus AB
  - » Minimum of “B+” in Precalculus Honors.
  - » Contract required.
- » AP Statistics
  - » Minimum of “B-” in Precalculus Honors.
  - » Contracts required.
  - » Senior standing.
- » Statistics
  - » Senior Standing.

**Current Math Class: AP Calculus AB**

***Next Math Class Options***

- » AP Calculus BC
  - » Minimum of “B-” in AP Calculus AB.
  - » Contract required.
- » AP Statistics
  - » Senior standing.
  - » Contract required.
- » Statistics
  - » Senior Standing.

**Current Math Class: AP Calculus BC**

***Next Math Class Options***

- » Ordinary Differential Equations
  - » Successful completion of AP Calculus BC.
- » AP Statistics
  - » Senior standing.
  - » Contract required.



## SCIENCE - 6 SEMESTERS REQUIRED

One year of biology and one year of physical science required. Science choice may be informed by your math placement.

**Current Freshman Science Class: Biology or Biology Honors**

- » Incoming freshman may elect to enroll in Biology-honors based upon student placement into geometry honors or higher level math and a High School Placement Test reading score above 92%.

***Next Science Class Options***

- » Chemistry
  - » 10th, 11th, or 12th grade standing.
  - » Completion of Biology or Biology Honors.
  - » Concurrent enrollment in Algebra 2 or higher level math course is recommended.
- » Chemistry Honors
  - » 10th, 11th, or 12th grade standing.
  - » Completion of Biology with “A” or Biology Honors with “B” or higher.
  - » Concurrent enrollment in Algebra 2 or higher math course is required.
  - » The following criteria will be used as qualification for the course:
    - » Satisfactory achievement on the qualifying exam administered by the science department and previous science and math grades.
    - » Contract required.
- » Conceptual Physics
  - » 10th, 11th, or 12th grade standing.
  - » Completion of Biology or Biology Honors and Algebra 1.
  - » This is the only Physics course a student will take.

**Current Sophomore Science Class: Chemistry, Chemistry Honors or Conceptual Physics**

***Next Science Class Options***

- » Conceptual Physics
  - » 10th, 11th, or 12th grade standing.
  - » Completion of Biology or Biology Honors and Algebra 1.
  - » This is the only Physics course a student would take.
- » Physics
  - » 10th, 11th, or 12th grade standing.
  - » Completion of Biology or Chemistry with “B-” or higher or Biology Honors or Chemistry Honors with “C+” or higher.
  - » Concurrent enrollment in Trigonometry or higher math course is required.
  - » The Science Department recommends a chemistry course before a physics course.
- » Physics Honors
  - » 10th, 11th, or 12th grade standing.
  - » Completion of Biology or Chemistry with “A” or Biology Honors or Chemistry Honors with “B” or higher.
  - » Completion of a Trigonometry based course with “B” or higher is required.

- » Chemistry
  - » 10th, 11th, or 12th grade standing.
  - » Completion of Biology or Biology Honors.
  - » Concurrent enrollment in Algebra 2 or higher level math course is recommended.
- » Chemistry Honors
  - » 10th, 11th, or 12th grade standing.
  - » Completion of Biology with “A” or Biology Honors with “B” or higher.
  - » Concurrent enrollment in Algebra 2 or higher math course is required.
  - » The following criteria will be used as qualification for the course:
    - » Satisfactory achievement on the qualifying exam administered by the science department and previous science and math grades.
    - » Contract required.
- » Exercise Science & Sports Medicine
  - » 11th or 12th grade standing.
  - » Completion of Biology and Physical Science requirement.
  - » Course offering dependent upon enrollment.
- » Marine Biology
  - » 11th or 12th grade standing.
  - » Completion of Biology and Physical Science.
  - » Course offering dependent upon enrollment.
- » Environmental Science
  - » 11th or 12th grade standing.
  - » Completion of Biology and Physical Science.
  - » Course offering dependent upon enrollment.
- » AP Environmental Science
  - » 11th or 12th grade standing.
  - » Completion of Biology and Chemistry.
  - » Completion of Biology or Chemistry with “A” or Biology Honors or Chemistry Honors with “B” or higher.
  - » If the course is overenrolled, priority for available spaces will be given to seniors and based on previous science coursework and grades.
  - » Seniors who have taken Biology and Chemistry and who wish to take the class concurrently with Physics may enroll on a space-available basis.
  - » Summer reading, which reviews biology and chemistry, is required.
  - » Contract required.
  - » Course offering dependent upon adequate enrollment.

**Current Junior Science Class: Conceptual Physics, Physics, Physics Honors, Chemistry, or Chemistry Honors**

***Next Science Class Options***

- » Exercise Science & Sports Medicine
  - » 11th or 12th grade standing.
  - » Completion of Biology and Physical Science.
  - » Course offering dependent upon enrollment.

- » Environmental Science
  - » 11th or 12th grade standing.
  - » Completion of Biology and Physical Science.
  - » Course offering dependent upon enrollment.
- » Marine Biology
  - » 11th or 12th grade standing.
  - » Completion of Biology and Physical Science.
  - » Course offering dependent upon enrollment.
- » Physics
  - » 10th, 11th, or 12th grade standing.
  - » Completion of Biology or Chemistry with “B-” or higher or Biology Honors or Chemistry Honors with “C+” or higher.
  - » Concurrent enrollment in Trigonometry or higher math course is required.
- » Conceptual Physics
  - » 10th, 11th, or 12th grade standing.
  - » Successful completion of Biology or Biology Honors and Algebra 1.
- » Physics Honors
  - » 10th, 11th, or 12th grade standing.
  - » Successful completion of Biology or Chemistry with “A” or Biology Honors or Chemistry Honors with “B” or higher.
  - » Completion of a Trigonometry based course with “B” or higher is required.
- » AP Biology
  - » Limited and informed enrollment.
  - » Open to seniors who have completed Biology, Chemistry, and Physics.
  - » Students are recommended to have completed their Chemistry/Physics courses with a minimum of “A-” or Chemistry Honors/Physics Honors with “B”.
  - » If the course is overenrolled, priority for the available spaces will be given based on previous science coursework and grades.
  - » Contract required.
  - » Seniors who have taken Biology and Chemistry and who wish to take the class concurrently with Physics may enroll on a space-available basis.
  - » This course will also meet for one extra period per week for lab.
- » AP Chemistry
  - » Limited and informed enrollment.
  - » Open to seniors who have completed Biology, Chemistry, and Physics.
  - » Students are recommended to have completed their Chemistry/Physics courses with a minimum of “A” or Chemistry Honors/Physics Honors with “B”.
  - » If the course is overenrolled, priority for the available spaces will be given based on previous science coursework and grades.
  - » Contract required.
  - » Seniors who have taken Biology and Chemistry and who wish to take the class concurrently with Physics may enroll on a space-available basis.
  - » This course will also meet for one extra period per week for lab.



- » AP Physics C
  - » Limited and informed enrollment.
  - » Open only to seniors who have completed Biology, Chemistry, and Physics.
  - » Students are recommended to have completed their Chemistry/Physics courses with a minimum of “A” or Chemistry Honors/Physics Honors with “B”.
  - » This is a calculus-based course and prior completion of some calculus class is an absolute necessity before enrollment.
  - » Students are expected to have proficiency in the calculus skills of derivation and integration and these skills will not be taught during the course.
  - » If the course is overenrolled, priority for the available spaces will be given based on previous science coursework and grades.
  - » Contract required.
- » AP Environmental Science
  - » 11th or 12th grade standing.
  - » Completion of Biology and Chemistry.
  - » Completion of Biology or Chemistry with “A” or Biology Honors or Chemistry Honors with “B” or higher.
  - » If the course is overenrolled, priority for available spaces will be given to seniors and based on previous science coursework and grades.
  - » Contract required.
  - » Seniors who have taken Biology and Chemistry and who wish to take the class concurrently with Physics may enroll on a space-available basis.
  - » Summer reading, which reviews biology and chemistry, is required.

WORLD LANGUAGE - 4 SEMESTERS REQUIRED

Two years of the same language are required. Freshman students are placed in Level 1 or may choose to take a proficiency exam to place into a higher level.

Spanish:

Class Progression

- » Spanish 1
- » Spanish 2
- » Spanish 3 or Spanish 3 Honors
  - » Ability to demonstrate novice (mid to high level) to intermediate language proficiency in speaking, writing, listening and reading in the target language.
- » Spanish 4 or AP Spanish Language
  - » Ability to demonstrate intermediate to advanced language proficiency in speaking, writing, listening and reading in the target language.
- » AP Spanish Literature
  - » Ability to demonstrate intermediate to advanced language proficiency in speaking, writing, listening and reading in the target language.

French:

Class Progression

- » French 1
- » French 2
- » French 3
  - » Ability to demonstrate novice (mid to high level) to intermediate language proficiency in speaking, writing, listening and reading in the target language.
- » French 4 or AP French Language
  - » French 4: Ability to demonstrate novice (mid to high level) to intermediate proficiency in speaking, writing, listening and reading in the target language.
  - » AP French Language: Ability to demonstrate intermediate to advanced proficiency in speaking, writing, listening and reading in the target language.
- » French 5 Honors
  - » Ability to demonstrate intermediate to advanced language proficiency in speaking, writing, listening and reading in the target language.

Chinese:

Class Progression

- » Chinese 1
- » Chinese 2
- » Chinese 3
  - » Ability to demonstrate novice (mid to high level) to intermediate language proficiency in speaking, writing, listening and reading in the target language.
- » Chinese 4 or AP Chinese
  - » Chinese 4: Ability to demonstrate intermediate to advanced language proficiency in speaking, writing, listening and reading in the target language. Students are expected to naturally use Chinese at their proficiency level.
  - » AP Chinese: Ability to demonstrate intermediate to advanced language proficiency in speaking, writing, listening and reading in the target language. Summer reading/preparation required. Contract required.

American Sign Language (ASL):

Class Progression

- » American Sign Language 1
  - » Priority is given to students with diagnosed language-based learning disabilities and students who are deaf, hard of hearing or CODA. Course is open to any student based upon availability.
- » American Sign Language 2
  - » Successful completion of ASL 1.
- » American Sign Language 3
  - » Minimum of “C” in ASL 2.
- » American Sign Language Conversation
  - » Completion of the two year language requirement in Spanish, Chinese or French.

SOCIAL STUDIES - 6 SEMESTERS REQUIRED

Sophomore Social Studies Class Options:

Social Studies Class Options

- » World History
- » AP World History
  - » 10th grade standing.
  - » Informed enrollment.
  - » Minimum of "B" in English 1 Honors or "A" in English 1.
  - » Placement exam.
  - » Contract required.

Junior Social Studies Class Options:

Social Studies Class Options

- » US History
- » AP US History
  - » 11th grade standing.
  - » Informed Enrollment.
  - » Contract required.
  - » Suggested grade for current AP World History/English 2 Honors Students: minimum of "B" in AP World History and English 2 Honors.
  - » Suggested grade for current World History/English 2 Students: minimum of "A" in World History and English 2.

Senior Social Studies Class Options:

Social Studies Class Options

- » US Government
- » Economics
- » AP US Government
  - » Informed Enrollment.
  - » Contract required (students may not drop the course once enrolled).
  - » Summer Reading is required.
  - » Suggested grade for current AP US History Students: minimum of "B-" in AP US History.
  - » Suggested grade for current US History Students: minimum of "A-" in US History.
- » AP Macroeconomics
  - » 12th grade standing.
  - » Informed enrollment.
  - » Contract required.
  - » Suggested that students be concurrently enrolled in Calculus or higher level math.

VISUAL AND PERFORMING ARTS - 2 SEMESTERS REQUIRED

One year introductory course required.

Introductory Visual and Performing Arts Courses:

Visual Arts Class Options

- » Basic Design/Drawing 1
- » Digital Video Production 1
- » Graphic Arts

Performing Arts Class Options

- » Drama 1
- » Concert Band
- » Choir 1
- » Dance 1



ETHNIC STUDIES - 2 SEMESTERS\* REQUIRED

Beginning with the Class of 2025, students at Saint Francis will complete two semesters of course work in Ethnic Studies. Students will first take the foundational semester Ethnic Studies course strongly recommended in their sophomore year and then will dual enroll with at least one of the cross-listed interdisciplinary courses after completion of the foundational semester: Art & Resistance (VPA), Racial Justice & the Catholic Church (Senior Religion), Activist Literature (Junior English Selective), Feminism (Junior English Selective), Indigenous People’s Literature (Junior English Selective), Sports & Culture (Junior English Selective), AP English Language (Junior English), and Culture & Voice (Senior English Selective)..

Current Freshman Ethnic Studies Class: N/a

Next Ethnic Studies Class Options

- » Ethnic Studies\* (one semester)

Current Sophomore currently taking Ethnic Studies:

Next Ethnic Studies Class Options

- » Activist Literature (Junior English Selective)
- » Art & Resistance\* (VPA)
- » AP English Language (Junior English)
- » Culture & Voice (Senior English Selective)
- » Feminism (Junior English Selective)
- » Indigenous People’s Literature (Junior English Selective)
- » Racial Justice & the Catholic Church (Senior Religion)
- » Sports & Culture (Junior English Selective)

Current Sophomore not yet taking Ethnic Studies:

Must take:

- » Ethnic Studies\* (one semester)

And one semester of one of the below:

- » Activist Literature (Junior English Selective)
- » Art & Resistance\* (VPA)
- » AP English Language (Junior English)
- » Culture & Voice (Senior English Selective)
- » Feminism (Junior English Selective)
- » Indigenous People’s Literature (Junior English Selective)
- » Racial Justice & the Catholic Church (Senior Religion)
- » Sports & Culture (Junior English Selective)



COLLEGE PREPARATORY ELECTIVES - 6 SEMESTERS REQUIRED

Ethnic Studies counts as semester elective.

English Department

Elective Class Options

- » Speech & Rhetoric 1
- » Argumentation & Debate
- » Creative Writing
- » Advanced Speech and Rhetoric
  - » Zero period class.
  - » Students must be active members of the SFHS Speech and Debate team to enroll in this course.
  - » Units are not factored into the student’s grade point average.
- » Beginning Yearbook
- » Advanced Yearbook
  - » Students must have taken Beginning Yearbook or demonstrate competency.

Social Studies Department

Elective Class Options

- » Biomedical Ethics
- » History and Politics of the Olympics
- » History of Socialism
- » Introduction to Psychology
- » Leadership
  - » Zero period.
- » AP Psychology
  - » 11th or 12th grade standing.
  - » Informed Enrollment.
  - » Students should have a minimum of “A-” or better in the previous college preparatory social studies and English class or “B-” or better in the previous honors/AP Social Studies and English courses.
  - » Contract required.

Design Department

Elective Class Options

- » AP Computer Science A
  - » To take this course as a junior, students must have completed either Computer Science: Paradigms and Algorithms (CS PANDA), Advanced Placement Computer Science Principles (AP CSP), or Trigonometry or a higher level math class with a minimum grade of “B”.
  - » You may be concurrently enrolled in Trigonometry or a higher level math class to take this course as a senior.
  - » Contract required.

- » AP Computer Science Principles
  - » To take this course as a sophomore, students must have completed Computer Science: Paradigms and Algorithms (CS PANDA) or an equivalent introductory computer science course by May with a minimum grade of “B”.
- » BioTechnology
  - » 11th or 12th grade standing.
  - » Completion of Biology and Chemistry.
- » Computer Science Principles and Algorithms (CS PANDA)
  - » This course assumes a good understanding of math concepts in Algebra 1 and at least “B” average in high school level math classes.
- » Creative Apps for Mobile Devices
- » Design Thinking
- » Engineering
  - » 11th or 12th grade standing.
  - » Completion of Biology and a physical science with a minimum of “B” grade.
- » Entrepreneurship
  - » 10th, 11th, or 12th grade standing.
- » Independent Inquiry
  - » 11th or 12th grade standing.
- » Innovation Program: Real World Experience
- » Robotics 1
- » Robotics 2
  - » Completion of Robotics 1 or participation for a year in Robotics Club and competition at Saint Francis.
  - » Enrollment requires participation in the Robotics club for the second semester.

## Visual and Performing Arts Department

### *Elective Class Options*

- » Dance 1
- » Dance 2
  - » Successful completion of Dance 1.
- » Drama 1
- » Drama 2
  - » Minimum of “B” in Drama 1.
- » Drama 3
  - » Minimum of “B” in Drama 2 and teacher recommendation.
- » Drama 4
  - » Successful completion of Drama 1, 2 and 3.
- » Improvisational Theater
- » Basic Design: Drawing 1
- » Graphic Arts
- » Digital Video Production 1
- » Digital Video Production 2
  - » Successful completion of DVP1 or Department Chair approval.
- » Digital 2D Animation
  - » Successful completion of a year of visual or performing arts.

- » Advanced Digital 2D Animation 2
  - » Successful completion of Digital 2D Animation.
- » Drawing and Composition 2
  - » Successful completion of a year of visual or performing arts.
- » 3D Design: Ceramics 1
  - » Successful completion of a year of visual or performing arts.
- » 3D Design: Ceramics 2
  - » Minimum of “B” in Ceramics 1, or department chair approval.
- » Painting 1
  - » Successful completion of a year of visual or performing arts.
- » Advanced Studio Art
  - » Year-long beginning design course with one of the following intermediate courses (Draw and Composition 2, Painting 1, 3D Design: Ceramics 1, or Advanced Digital Photography).
- » Digital Photography
  - » Graphic Arts or the successful completion of a year of visual or performing arts.
- » AP Studio Art
  - » 12th grade standing.
  - » Students must meet with and obtain the approval of the Visual and Performing Arts department chair to enroll in this course.
  - » Strongly recommended that you have taken multiple art classes at Saint Francis.
  - » Summer work is required.
  - » Zero period class.
- » Band Tech
  - » Open to students (9-12) with no prior instrumental music experience.
- » Concert Band 1
  - » At least one year of music lessons and/or band experience.
  - » Course fee required.
- » Introduction to String Ensemble
  - » Open to students (9-12) who have the background in a string instrument to be able to participate in instrumental music activities.
- » Symphonic Band 2
- » Symphonic Band 3
- » Symphonic Band 4



**VPA Elective Class Options (Continued)**

- » Symphonic Band 5
  - » These courses offer the advanced music student the opportunity to perform in a top-level performing ensemble.
  - » Participation outside of class will be required for some football and basketball games, extra rehearsals, a band festival, parades, rallies, concerts and one major extended trip each year.
- » Band 2
- » Band 3
- » Band 4
- » Band 5
- » Jazz Ensemble
  - » Approval of the Band Director and audition.
  - » Zero period.
- » Treble Choir
- » Concert Choir 2
- » Concert Choir 3
- » Concert Choir 4
- » AP Music Theory
  - » 11th or 12th grade standing.
  - » Students must be able to read musical notation and have some familiarity with the use of the keyboard.
- » Chamber Choir
  - » The Chamber Choir is an audition-only choir for advanced students who wish to improve their singing and musical knowledge.

**Health and Fitness Department**

**Elective Class Options**

- » Functional Strength and Mobility
  - » 10th, 11th, or 12th grade standing.
- » Aquatic Fitness
  - » 10th, 11th, or 12th grade standing.
- » Speed, Power, and Agility
  - » 10th, 11th, or 12th grade standing.
- » Advanced Team Sports 1
  - » 10th, 11th, or 12th grade standing.
- » Advanced Team Sports 2
  - » 10th, 11th, or 12th grade standing.
- » Advanced Strength and Conditioning 1
  - » 10th, 11th, or 12th grade standing.
- » Advanced Strength and Conditioning 2
  - » 10th, 11th, or 12th grade standing.
- » The Science and Practice of Mindfulness
  - » 10th, 11th, or 12th grade standing.
- » Foundational Human Movement
  - » 11th or 12th grade standing.

**RELIGIOUS STUDIES - 8 SEMESTERS REQUIRED**

SFHS requires eight semesters of Religious Studies and enrollment in Religious Studies every semester.

**Current Freshman Religious Studies Class: Religion 1: Sacred Stories**

**Next Religious Studies Class Options**

- » Hebrew Scripture/New Testament
  - » Requirement.

**Current Sophomore Religious Studies Class: Hebrew Scripture/New Testament**

**Next Religious Studies Class Options**

- » Moral Issues (semester)
  - » Requirement.
- » Social Justice (semester)
  - » Requirement.

**Current Junior Religious Studies Class: Moral Issues, Social Justice**

**Next Religious Studies Class Options**

- » Christian Vocation
  - » Requirement.

**Also select one Senior Selective course from below:**

- » Christian Spirituality
- » Design Thinking for Justice
- » Introduction to Philosophy
- » Racial Justice and the American Church
- » Sports and Spirituality
- » Spiritual Ecology
- » Theological Perspectives in Modern Adolescent Literature: A Christian Reading of Harry Potter
- » World Religions

**HEALTH AND FITNESS - 2 SEMESTERS REQUIRED**

All freshmen students will take a year long course in Health and Fitness. Additional Health and Fitness courses can be located in the College Preparatory Electives section.





## ACADEMIC POLICIES

*"I have the firm confidence that God will bless our educational program since God is giving us the means to realize it."*

*Blessed Basil Moreau,  
Circular Letter 36; 1849*

## Scheduling

*Saint Francis High School reserves the right to modify all courses listed in the Course Bulletin and to withdraw courses for which too few students register.*

*The scheduling process begins with counseling meetings and presentations by the academic departments. Prerequisites for the courses can be found in the Course Bulletin. The prerequisites for courses listed in this document are exactly as written. If students have questions about prerequisites, they may ask their teachers and counselors. Students who do not meet all prerequisites (for those courses that require prerequisites) may not request the course in question.*

**All math placement ultimately will be done by the Math Department Chair in conjunction with the math teachers.**

- » The student is responsible for fulfilling all necessary obligations (qualifying tests, recommendations, etc) for the desired course.

**Most honors and AP courses require a signed contract (by student and parent) to acknowledge the commitment required for challenging classes.**

- » The contracts for all AP courses must also be submitted to the Counseling Office by February 24, 2023.

**Students will discuss their course requests with their parents and counselors.**

- » Core courses are a top priority in the scheduling process; elective courses are a lower priority.
- » For placement in electives, priority will be given based on class standing (seniors have the highest priority).
- » Students that do not provide alternative elective options will be given a free period, study hall or office assistant.

**Following the scheduling process students will receive a verification of their requests.**

- » The students' final course list will be available in July when the book list becomes available online.



**After May 1, no student-initiated course change requests will be accepted until the book lists become available in July.**

- » At that point, students may fill out the schedule change request form (link on the website) to request a change to their course list.
- » The form must be completed by August 7, 2023.
- » Schedule changes cannot be guaranteed beyond this date and all elective changes are subject to space availability.
- » Core course changes are also subject to availability but will be given a higher priority.
- » Schedule change requests involving misplacement in a multilevel course, school-initiated changes, and other changes at the discretion of the Academic Office will be reviewed in August.

**Changes of electives for both semesters will be considered during the summer.**

- » Changes may not be requested during Registration Day or the first day of the school year. However, a student may request a change after the first day of classes.
- » Students will have three school days at the beginning of school to request a change to courses for either semester.
- » Teacher change requests may only be made if the student had the teacher previously for a class and must be made in that three-day window.
- » Any request during the first days may result in the student schedule being changed significantly – these changes cannot be reversed.

## Course Drop Policy

*Once a student is enrolled in a course, they are enrolled for the duration of the course. All students are given a three-day period at the beginning of the year for dropping any course in either semester.*

- » Dropping the course will result in a free, study hall, or office assistant period, depending on the availability of these options.
- » All course changes must be approved by the student's counselor, the Director of Guidance & College Counseling and the Director of Academics.
- » This drop policy does not apply to contract courses.

*Exceptions to the drop policy can occur only at the first 6-week marking period of each course (year-long/semester-long) and ONLY in the following situations.*

- » Any change made after the scheduled drop time period will be reflected on the transcript with a "WP" (withdraw pass) or "WF" (withdraw fail).
- » No classes will be changed or dropped after 6 weeks.

### A. STUDENTS REQUESTING A LEVEL CHANGE TO A PARALLEL COURSE:

- » A student earning a "D" or lower grade in a course of multiple levels may request a level change to a parallel course during the first 6-week marking period if supported by a recommendation by the teacher.
- » The progress grade from the original class will be transferred to the new class. The semester grade will be the cumulative grade at the end of the semester.

### B. STUDENTS REQUESTING TO DROP A COURSE:

- » A student earning a "D" or lower grade in a course may request to drop the course at the end of the first 6-week marking period. A student who is approved to drop the course will have a withdrawal grade recorded on their transcript and will be enrolled as an office assistant, if space permits. If not, the student's schedule will be changed to accommodate the drop for a free period.
- » A student who earns a first-semester grade of "D" or lower in a year-long course may request to drop the second semester of the course at the end of the first semester. In a course with multiple levels the student may transfer enrollment to the appropriate level, as determined by the department chair. If the student drops the course entirely, they will be enrolled as an office assistant, if space permits. If not, the student's schedule will be changed to accommodate the drop and the assignment of a free period.
- » In all other cases, course change requests for both Semester 1 and Semester 2 may not be made after the scheduled drop period in August. This policy does not apply to contract courses.



### Examinations

- Final summative examinations or projects are held at the end of each semester.
- » The finals must be taken at the time designated by the school.
  - » Under no circumstances may a final exam be taken early.
  - » Final grades are based on the summative assessments and in some cases formative assessments.

### Course Load

- Each student is required to take six courses each semester.
- » The maximum course load per semester is seven classes.
  - » Seniors may petition to take five academic classes if they have valid reason and present a signed parental consent form.

### Summer School

- Students who take summer school courses must have the approval of the Director of Academics.
- » Courses taken during summer school may NOT be taken in lieu of courses offered at Saint Francis High School, nor may such courses be taken for the purpose of skipping levels (i.e. math or world language).
  - » A student who fails one or more semesters of a required course during the academic year must remediate the course in summer school if the student wishes to return to Saint Francis High School for the following academic year.
  - » Also, a student who receives a semester “D” grade in a college-required course should repeat the course in summer school to earn a minimum grade of “C”.
  - » Grades for classes that are repeated are listed on the Saint Francis transcript and are calculated into the GPA.
  - » The summer school grade is an addition to the transcript, not a replacement of the original grade.
- Enrichment courses may be taken and will be listed by subject area on the transcript.
- » The grade earned in any enrichment course has no impact on the student’s Saint Francis grade point average nor does the student receive any credit toward graduation.

### Community Service Program

- The Saint Francis High School Community Service Program is a four-year graduation requirement.
- » Freshmen are responsible for a minimum of 15 hours.
  - » Sophomores are responsible for a minimum of 10 hours.
  - » Juniors are responsible for a minimum of 15 hours.
  - » Seniors are responsible for a minimum of 10 hours.
  - » These hours are to be completed by the due date.
  - » Students who have not completed their hours will not be allowed to return to Saint Francis or graduate.
  - » Students may complete service hours during the summer prior to their academic year (e.g. a sophomore may complete service hours in the summer before beginning his/her junior year).

## Honors and Accelerated Program

Saint Francis High School offers four years of honors classes.

- » Classes are designed to challenge students who have demonstrated a firm foundation in basic skill areas and who have shown interest and ability in various subject areas.
- » Honors classes and Advanced Placement classes receive an additional point for the weighted grade point average.
- » Honors courses exist in English, Algebra, Geometry, Advanced Algebra 2, Precalculus, Biology, Chemistry and Spanish.
- » AP World History is offered to sophomore students.
- » In the junior and senior years, Advanced Placement courses in which students can qualify for college credit include English, Government, US History, Psychology, Economics, French, Spanish, Chinese, Chemistry, Physics, Biology, Environmental Science, Computer Science, Statistics, Calculus, and Art.

- » A student taking any of these courses can expect extensive reading and writing assignments and work with topics not dealt with in other courses at the same grade level.
- » Abilities to read, express oneself orally and in writing, and to complete mathematics computations are assumed.
- » Many of these courses require the student and parent/guardian to complete a signed contract.
- » Students will be prepared to take the AP exams given in May (at a cost to the student).
- » Sophomore and junior students are required to take the exams.
- » Seniors may choose to take the tests.
- » Seniors who do not take the AP exam will have to take the Semester 2 final exam for the course (unless the student meets the "A-" exemption).

## College Preparatory Program

The school's College Preparatory courses are intended to prepare a student for admission into the University of California system, the California State University system and most private universities.

- » The course of study recommended in the program includes four years of religious studies, four years of college preparatory English, three years of the same foreign language, three years of mathematics, three years of social studies, three years of college preparatory science, and electives for enrichment and enhancement of a student's educational preparation.



## Academic Assistance Courses

The Academic Assistance Program consists of a one year course which meets daily to complete the Algebra I requirement.

- » Additionally, a reading and writing skill reinforcement course is offered for students.
- » There are additional resource courses for sophomores, juniors, and seniors for which a student can be recommended.
- » Some students will be given the opportunity to participate in these courses if the student, parent, and counselor believe that the student could benefit from a math or English support class.
- » Other students will be required to take both courses as a prerequisite of their acceptance as students at Saint Francis High School.

## Elective Program

Saint Francis High School offers a variety of electives.

- » Electives are designed to help enhance a student's educational background and to provide a broad educational experience in a variety of areas of interest.
- » Students are encouraged to take electives to develop their talents in technology, design, journalism, physical education, psychology, speech, and advanced studies in subject areas.
- » In the scheduling process, priority for placement in elective courses is based on year in school (seniors receive top priority).
- » Each year the Academic and Counseling Departments partner to provide information on Electives Courses via the Electives Fair.

Please visit the following link for further information.

<https://www.sfhs.com/guidance-counseling-dashboard>



## Choosing a Program of Studies

When preparing a program of high school study, students should examine their goals and expectations and design a course of study that will best help them to achieve their goals.

The following questions should be considered in order to make the appropriate decision about course study:

- » Are academic goals realistic, considering past work and ability?
- » Do standardized test scores indicate that the student's ability and the difficulty level of the course are appropriately matched?
- » Do the courses taken fulfill prerequisites for advanced courses in the subject?
- » Will the courses taken fulfill high school graduation requirements?
- » Does the academic program meet the basic requirements for entrance to the chosen college (University of California, California State University, private, junior college)?
- » Will the student be able to dedicate the necessary time to be successful in the chosen schedule based on his/her extracurricular commitments?



# COLLEGE ENTRANCE REQUIREMENTS

*“Even though we base our philosophy course on the data of faith, no one need fear that we shall confine our teaching within narrow and unscientific boundaries. No, we wish to accept science without prejudice and in a manner adapted to the needs of our times. We do not want our students to be ignorant of anything they should know. To this end, we shall shrink from no sacrifice.”*

*Blessed Basil Moreau,  
Circular Letter 36; 1849*

## College Entrance Requirements

*Saint Francis High School is fully accredited by the Western Association of Schools and Colleges and the Western Catholic Education Association. This means that credits earned at Saint Francis High School are acceptable for admissions purposes at any college or university in the United States. However, a diploma from Saint Francis High School does not automatically guarantee admission to any college or university. Acceptance depends upon many things: whether or not a student meets basic entrance requirements in the subjects taken in high school, the level of scholastic achievement, or SAT or ACT scores; whether or not a student meets requirements regarding participation in school activities and personal character; and whether or not a student has met filing and application deadlines.*

*In order to be accepted into the college of his or her choice, it is important that a student begin planning early in order to be sure to meet all subject requirements and participation requirements. The following pages outline course requirements for a variety of types of colleges and universities. A student desiring to attend a particular college, however, should examine the admission requirements of that school and seek advice from teachers, parents and guidance counselors before the senior year.*



## Meeting College Requirements

*There are three types of institutions of higher learning that a student may choose to attend upon graduation from Saint Francis High School: two-year junior colleges, four-year private institutions, or four-year public institutions.*

*The only requirement for admission to California Community Colleges is that an applicant possesses a valid high school diploma or a Certificate of Proficiency, or that an applicant has reached the age of 18. No tests are required for admission although tests may be required for proper placement in English, mathematics, science or foreign language. A transcript of all high school work is required.*

*Admission requirements for private institutions can be found in the catalog on the particular college website. The admission requirements for public four-year institutions in California are listed on the following pages.*



### California Public College Entrance Requirements

#### UC/CSU SUBJECT REQUIREMENTS

A. HISTORY (World Hist., US Hist., American Government)	2 YRS.
B. ENGLISH	4 YRS.
C. MATH (Alg1, Geom, Int. Alg/Alg 2)	3 YRS.
D. SCIENCE (lab science)	2 YRS.
E. FOREIGN LANGUAGE (same language)	2 YRS.
F. VISUAL/PERFORMING ARTS (Must be a sequence 1 & 2)	1 YR.
G. ELECTIVES (chosen from the areas of history, English, advanced math, lab science, social science, fine arts, ethnic studies, world language, design, computer science, health and fitness)	1 YR.

All required courses must be completed with grades of “C” or higher, “B” or better grades are very important for admission.

Both the UC and CSU systems assign extra points for up to four units (8 semester grades of AP or Honors courses: A = 5 pts; B = 4 pts; C = 3 pts; “D” grades are not included in these calculations and receive one point only. SFHS courses include: AP US History, AP Government, AP World History, AP Psychology, AP Macroeconomics, English 2H, AP English Language, AP English Literature, AP French 4, French 5 Honors, Spanish 3H, AP Spanish 4/5, AP Chinese, Chemistry-H, Physics-H, AP Biology, AP Environmental Science, AP Chemistry, AP Physics, AP Statistics, AP Calculus-AB/BC, Precalculus-H, AP Computer Science A, AP Computer Science Principles, AP Music Theory and AP Studio Art.

PLEASE NOTE: Electives listed in the catalogue of courses which meet UC/CSU admissions requirements will be noted “UC” and/or “CSU” under prerequisites/comments for the course.

SF COURSES THAT MEET UC/CSU A - G ADMISSIONS REQUIREMENTS

A - HISTORY: 2 years

World History & Geography	US Government
US History	AP US Government
AP US History	AP World History

B - ENGLISH: 4 years

English 1	AP English Language
English 1-H	British Literature/Junior Selectives
English 2	AP English Literature
English 2-H	All Senior English selectives*

C - MATHEMATICS: 3 years

Algebra 1	Precalculus
Algebra 1-H	Precalculus-H
Algebra 1A/B	Statistics
Geometry	Calculus
Geometry H	AP Computer Science A
Descriptive Geometry	AP Statistics
Intermediate Algebra	AP Calculus AB, AP Calculus BC
Algebra 2	Ordinary Differential Equations
Advanced Algebra/Trigonometry H	

D - LABORATORY SCIENCE: 2 years

Biology	Physics-H
Biology H	Marine Biology
Chemistry	AP Biology
Chemistry-H	AP Chemistry
Conceptual Physics	AP Computer Science Principles
Engineering	AP Physics
Exercise Science & Sports Medicine	AP Environmental Science
Physics	Environmental Science

E - FOREIGN LANGUAGE: (same language) 2 years

French 1-4	Spanish 4 AP
French 4AP	Spanish 5 AP
French 5 H	Mandarin Chinese 1-4
Spanish 1-4	Mandarin Chinese 4AP
Spanish 3H	American Sign Language 1-3

F - VISUAL/PERFORMING ARTS: 1 year

Basic Design and Drawing (Intro)	3-D Design: Ceramics 1*(adv)
Video Production (Intro)	3-D Design: Ceramics 2* (adv)
Graphic Arts (Intro)	Symphonic Band 2,3,4,5 (adv)
Dance 1 (Intro)	A Cappella Choir * (adv)
Drama 1 (Intro)	Choir 2 (adv)
Concert Band (Intro)	Video Production II (adv)
String Ensemble (Intro)	Dance II (adv)
Digital Photography (adv)*	Drama 2, 3, 4* (adv)
Advanced Studio Art *	AP Music Theory* (adv)
Digital 2D Animation*	AP Studio Art (adv)
Advanced Digital 2D Animation*	
Drawing 2* (adv)	
Painting 1*, 2* (adv)	

G - ELECTIVES: 1 year

Speech 1*	Economics *
Argumentation and Debate*	AP Macroeconomics*
Beginning Yearbook	Entrepreneurship
Advanced Yearbook	History and Politics of the Olympics*
Biomedical Ethics*	Psychology 1*, 2*
CS PANDA	AP Psychology
AP Computer Science Principles	Philosophy*
AP Computer Science A	Social Justice*
Contemporary American Issues*	World Religions*
Design Thinking*	Creative Writing*
Design Thinking for Justice*	Hebrew Scriptures*
Designing Systems for Gender Equity	Contemporary World Problems*
Robotics 1*, 2*	Ethnic Studies*

\* indicates one semester course

THREE YEARS OF THE SAME LANGUAGE ARE NOT REQUIRED BUT ARE RECOMMENDED.

Students seriously planning to attend a UC campus should work for a 3.5 or higher GPA. Some technical majors require 3.8 or higher. Only the above courses labeled AP or H will be assigned extra honors credit (A=5, B=4, C=3), with the exception of the following entry-level courses:

Algebra 1H	Biology H	English 2H
Advanced Algebra/Trigonometry H	English 1H	Geometry H



# HONORS AP PLACEMENT

*"Knowledge itself does not bring about positive values, but positive values  
do influence knowledge and put it to a good use."*

*Basil Moreau,  
Christian Education; 1856*

## Honors / AP Placement

---

### Informational Meetings

Students considering enrollment in honors or Advanced Placement courses in Social Studies, Computer Science or English are encouraged to attend an informational meeting.

### Contract Required

Students enrolling in the following courses are required to submit a contract by **February 24, 2023**. Contracts and applications are available online. It is the student's responsibility to access and turn in the signed contract.

AP Art & Design  
AP Biology  
AP Calculus AB  
AP Calculus BC  
AP Chemistry  
AP Chinese Language  
AP Computer Science  
AP Computer Science Principles

AP English Language  
AP English Literature  
AP Environmental Science  
AP French Language  
AP Macroeconomics  
AP Music Theory  
AP Physics  
AP Psychology

AP Spanish Literature  
AP Spanish Language  
AP Statistics  
AP US Government  
AP US History  
AP World History  
Honors French 5  
Spanish 3H

### Test & Contract Required

Students enrolling in the following courses are required to take a qualifying exam (see link below) *and* submit a contract by **February 24, 2023**. Math assessments take place in class. Students in Biology H and Chemistry H take their assessments in class. Students in Biology and Chemistry will take the assessment during collaboration on **January 24, 2023**. Look for communication from the Science Department chair.

Advanced Algebra  
Trigonometry Honors

Chemistry Honors  
Physics Honors

### Placement Regulations

For courses where prerequisites are required, if a student does not meet the prerequisite the students will be taken out of the course for the following academic year. The student will be placed in the correct level of a class.

If a contract has not been submitted by **February 24, 2023**, the student will be taken out of the course and put in the alternative course. If a student turns the contract in late, he/she may only be admitted to the class if there is space available.

For more information regarding Informational Meetings, Qualifying Exams and Contracts, please visit <https://www.sfhs.com/guidance-counseling-dashboard>.

CONTACT INFORMATION

Guidance and College Counselors



**Meighan Wilson Friedsam**  
Vice Principal of  
Curriculum and Instruction  
[meighanfriedsam@sfhs.com](mailto:meighanfriedsam@sfhs.com)



**Maggi Knochenhauer**  
Director of Academics &  
Scheduling Coordinator  
[maggiknochenhauer@sfhs.com](mailto:maggiknochenhauer@sfhs.com)



**MaryLynne Rodriguez**  
Department Chair,  
Guidance and College Counselor  
[marylynnrodriguez@sfhs.com](mailto:marylynnrodriguez@sfhs.com)



**Michael Conley**  
Guidance and College Counselor  
[michaelconley@sfhs.com](mailto:michaelconley@sfhs.com)




**Christine Guerra**  
Guidance and College Counselor  
[christineguerra@sfhs.com](mailto:christineguerra@sfhs.com)




**Cassandra Jackson**  
Guidance and College Counselor  
[cassandrajackson@sfhs.com](mailto:cassandrajackson@sfhs.com)

Freshman Counselors



**Monica Batres**  
Freshman Counselor  
[monicabatres@sfhs.com](mailto:monicabatres@sfhs.com)



**Aaron Burney**  
Freshman Counselor  
[aaronburney@sfhs.com](mailto:aaronburney@sfhs.com)



**Jay Knochenhauer**  
Guidance and College Counselor  
[jayknochenhauer@sfhs.com](mailto:jayknochenhauer@sfhs.com)




**Dona Mason**  
Guidance and College Counselor  
[donamason@sfhs.com](mailto:donamason@sfhs.com)

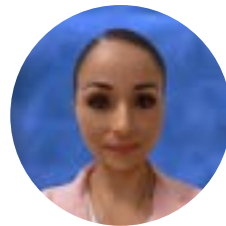


**Annette Nassir**  
Guidance and College Counselor  
[annettenassir@sfhs.com](mailto:annettenassir@sfhs.com)





**Jon Ramirez**  
Guidance and College Counselor  
[jonramirez@sfhs.com](mailto:jonramirez@sfhs.com)



**Alma Nava**  
Administrative Assistant  
[almanava@sfhs.com](mailto:almanava@sfhs.com)