

TPS Middle School

February 6, February 10, 2023

Our menus are aligned with the USDA's Healthier U.S. School Challenge.



**A MINIMUM OF 6 SIDES
OFFERED DAILY WITH
LUNCH CHOICES**

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.



- MONDAY** Asian Meatballs, Lo Mein
- TUESDAY** Scrambled Eggs, Pancakes, Sausage
- WEDNESDAY** Chicken Alfredo w/ Breadstick, Broccoli and Carrots
- THURSDAY** Chili w/ Cornbread, corn
- FRIDAY** Popcorn Chicken Bowl w/ Roll, Green Beans



*Served Daily: Hamburger,
Cheeseburger, Chicken Sandwich,
Spicy Chicken Sandwich*

- MONDAY** Chicken Tenders w/ Roll, Tater Tots
- TUESDAY** Chicken Nuggets w/ Roll, French Fries
- WEDNESDAY** Chicken Tenders w/ Roll, Sweet Potato Crinkle Cut Fries
- THURSDAY** Chicken Nuggets w/ Roll, Potato Wedges
- FRIDAY** Meatball Sub, French Fries



Served Daily:

- Chef Salad w/ Breadstick*
- Crispy Chicken Wrap*
- Turkey and Cheese Sub*
- Ham and Cheese Sub*

Friday Special: Kidzable Protein Power

*Served Daily:
Bean and Cheese Nachos*



- MONDAY** Soft Chicken Taco, Mexi-Chicken Nachos, Refried Beans
- TUESDAY** Soft Beef Taco, Beef & Cheese Nachos, Fiesta Potatoes
- WEDNESDAY** Beef Enchilada, Mexi-Chicken Nachos, Refried Beans
- THURSDAY** Soft Beef Taco, Beef & Cheese Nachos, Fiesta Potatoes
- FRIDAY** Soft Chicken Taco, Mexi-Chicken Nachos, Pinto Beans



*Served Daily: Cheese Pizza,
Pepperoni Pizza*

- MONDAY** Italian Sausage Pizza
- TUESDAY** Personal Pepperoni Pizza
- WEDNESDAY** Jalapeno Popper Pizza
- THURSDAY** Mini Meatlover's Calzone
- FRIDAY** Cheeseburger Pizza



This institution is an equal opportunity provider and employer.



Nutrition Information is available upon request.

TPS Middle School

February 13, February 17, 2023

Our menus are aligned with the USDA's Healthier U.S. School Challenge.



A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.



- MONDAY** Walking Nachos, Corn
- TUESDAY** Teriyaki Pork w/ Rice, Roasted Carrots
- WEDNESDAY** Macaroni and Cheese w/ Roll, Mixed Veggies
- THURSDAY** Spaghetti w/ Meatballs w/ Breadstick, Peas
- FRIDAY** Steak Fingers w/ Roll, Mashed Potatoes, Green Beans



Served Daily: Hamburger, Cheeseburger, Chicken Sandwich, Spicy Chicken Sandwich

- MONDAY** Chicken Tenders w/ Roll, Tater Tots
- TUESDAY** Chicken Nuggets w/ Roll, Spiral French Fries
- WEDNESDAY** Chicken Tenders w/ Roll, Sweet Potato Crinkle Cut Fries
- THURSDAY** Chicken Nuggets w/ Roll, Potato Wedges
- FRIDAY** Bacon Cheeseburger, French Fries



Served Daily:

- Chicken Bacon, and Ranch Wrap*
- Crispy Chicken Salad w/ Breadstick*
- Turkey and Cheese Sub*
- Ham and Cheese Sub*

Friday Special: Kidzable Protein Power

*Served Daily:
Bean and Cheese Nachos*



- MONDAY** Soft Chicken Taco, Mexi-Chicken Nachos, Refried Beans
- TUESDAY** Soft Beef Taco, Beef & Cheese Nachos, Fiesta Potatoes
- WEDNESDAY** Beef Enchilada, Mexi-Chicken Nachos, Refried Beans
- THURSDAY** Soft Beef Taco, Beef & Cheese Nachos, Fiesta Potatoes
- FRIDAY** Soft Chicken Taco, Mexi-Chicken Nachos, Frijoles ala Charro



Served Daily: Cheese Pizza, Pepperoni Pizza

- MONDAY** Buffalo Chicken Pizza
- TUESDAY** Personal Sausage Pizza
- WEDNESDAY** Supreme Pizza
- THURSDAY** Sausage Calzone
- FRIDAY** Jalapeno Popper Pizza



This institution is an equal opportunity provider and employer.



Nutrition Information is available upon request.

TPS Middle School

February 20, February 24, 2023

Our menus are aligned with the USDA's Healthier U.S. School Challenge.



**A MINIMUM OF 6 SIDES
OFFERED DAILY WITH
LUNCH CHOICES**

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.



- MONDAY** President's Day
- TUESDAY** No School
- WEDNESDAY** Sweet and Sour Chicken w/ Lo Mein, Roasted Broccoli
- THURSDAY** Beefy Totchos, Corn, Tater Tots
- FRIDAY** Chicken Tenders w/ Roll, Mashed Potatoes, Mixed Veggies



Served Daily: Hamburger, Cheeseburger, Chicken Sandwich, Spicy Chicken Sandwich

- MONDAY** President's Day
- TUESDAY** No School
- WEDNESDAY** Chicken Tenders w/ Roll, Sweet Potato Crinkle Cut Fries
- THURSDAY** Chicken Nuggets w/ Roll, Potato Wedges
- FRIDAY** BBQ Pork Sandwich, Spiral Cut French Fries



Served Daily:

*Crispy Chicken Wrap
Chef Salad w/ Breadstick
Turkey and Cheese Sub
Ham and Cheese Sub*

Friday Special: Kidzable Protein Power

*Served Daily:
Bean and Cheese Nachos*



- MONDAY** President's Day
- TUESDAY** No School
- WEDNESDAY** Beef Enchilada, Mexi-Chicken Nachos, Refried Beans
- THURSDAY** Soft Beef Taco, Beef & Cheese Nachos, Fiesta Potatoes
- FRIDAY** Soft Chicken Taco, Mexi-Chicken Nachos, Frijoles ala Charro



Served Daily: Cheese Pizza, Pepperoni Pizza

- MONDAY** President's Day
- TUESDAY** No School
- WEDNESDAY** Jalapeno Popper Pizza Mini
- THURSDAY** Meatlover's Pizza
- FRIDAY** Cheeseburger Pizza



This institution is an equal opportunity provider and employer.

Nutrition Information is available upon request.

