

# WPCSD Elementary Lunch Menu January 2023



<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<p><b>Happy New Year!</b></p>	<p>3</p> <p><b>Chicken Nuggets</b> w/ WG Warm Pretzel Sticks Corn Veggie Crunchers Fresh Fruit Apple Sauce Cup</p>	<p>4</p> <p><b>Brunch 4 Lunch</b> Breakfast Sandwich on Soft WG Bun Choice of Egg Patty w/: Cheese; and/or Turkey Sausage; Mixed vegetable Fresh Fruit &amp; Mixed Fruit Cup</p>	<p>5</p> <p><b>Toasty Cheese</b> Toasted American Cheese on WW Bread Vegetarian Beans Veggie Crunchers Fresh Fruit</p>	<p>6</p> <p><b>Pizza by the Slice!</b> WG Cheese or Turkey Pepperoni Pizza Garden Salad w/ Romaine Lettuce and Grape Tomatoes Fresh Whole Fruit 100% Fruit Juice</p>
<p>9</p> <p><b>Chicken Nuggets</b> w/ WG Dinner Roll Corn Veggie Crunchers Fresh Fruit Apple Sauce Cup</p>	<p>10</p> <p><b>Taco Tuesday</b> Beef or Bean Taco Tostitos Corn Chips &amp; Brown Rice; Vegetarian Beans Toppings – Shredded Cheese, Veggie Crunchers  Fruit Cup &amp; 100% Juice</p>	<p>11</p> <p><b>WG Pasta w/ Meat Sauce or w/ Melty Mozzarella Cheese</b> Seasoned Broccoli Italian Bread Slice Fresh Orange Applesauce Cup</p>	<p>12</p> <p><b>Toasty Cheese &amp; Tots</b> Toasted American Cheese on WW Bread Tater Tots Baby Carrots Fresh Fruit</p>	<p>13</p> <p><b>Pizza by the Slice!</b> WG Cheese or Turkey Pepperoni &amp; Garden Salad w/ Romaine Lettuce and Grape Tomatoes Mixed Fruit Cup 100% Fruit Juice</p>
<p>16</p> <p><b>Martin Luther King, Jr. Day Schools Closed</b></p>	<p>17</p> <p><b>Hamburger, Cheeseburger Or Veggie Gardenburger Vegan Chickpea Pasta Salad Or Vegetarian Beans</b> Veggie Crunchers Fresh Whole Fruit, Mixed Fruit Cup, &amp; 100% Fruit Juice</p>	<p>18</p> <p><b>BBQ Roasted Chicken on the Bone; (Nuggets K-1)</b> Soft WG Pretzel Sticks Seasoned Carrots Veggie Crunch Applesauce Cup  <i>Meat Free – Vegan Tenders</i></p>	<p>19</p> <p><b>Toasty Cheese &amp; Tots</b> Toasted American Cheese on WW Bread Tater Tots Veggie Crunchers Fresh Fruit</p>	<p>20</p> <p><b>Pizza by the Slice!</b> WG Cheese &amp; Turkey Peperoni Pizza Garden Salad w/ Grape Tomatoes Fresh Whole Fruit 100% Fruit Juice</p>
<p>23</p> <p><b>Brunch 4 Lunch</b> Breakfast Sandwich Variety on Soft WG Bun Choice of Egg Patty w/: Cheese; Turkey Bacon; or Turkey Bacon Orange Glazed Carrots Fresh Fruit &amp; Fruit Cup</p>	<p>24</p> <p><b>Taco Tuesday</b> Beef or Bean Taco Tostitos Corn Chips &amp; Brown Rice; Vegetarian Beans Toppings – Shredded Cheese, Veggie Crunchers  Fruit Cup &amp; 100% Juice</p>	<p>25</p> <p><b>Pizza Boli</b> Soft WG Dough Stuffed w/ Melty Mozzarella and Marinara Sauce Side Salad &amp; Baby Carrot Crunchers Fresh Whole Fruit Variety Apple Sauce Cup</p>	<p>26</p> <p><b>BBQ Chicken Sandwich</b> Tender Chicken Strips &amp; Tangy BBQ Sauce on WG Club Roll Crispy Oven Fries Veggie Crunchers Fresh Orange  <i>Meat Free Vegan Tenders</i></p>	<p>27</p> <p><b>Pizza by the Slice!</b> WG Cheese or Pepperoni Garden Side Salad Veggie Crunchers Chilled Fruit Cup  100% Fruit Juice</p>
<p>30</p> <p><b>Popcorn Chicken</b> w/ WG Warm Pretzel Stick Seasoned Carrots Veggie Crunchers Fresh Fruit Apple Sauce Cup</p>	<p>31</p> <p><b>Taco Tuesday</b> Beef or Bean Taco Soft Flour Tortilla &amp; Brown Rice; Vegetarian Beans Toppings – Shredded Cheese, Veggie Crunchers  Fruit Cup &amp; 100% Juice</p>	<p><b>ALL LUNCH MEALS COME WITH ALL FRUITS &amp; VEGETABLES,</b> Milk choice – 1% or FF white; FF Chocolate Daily Alternate: WG Bagel &amp; Yogurt: WG Bagel, 4oz Fruit Yogurt; LF Mozzarella String Cheese <b>Entrée Salad Option - Wednesday &amp; Thursday</b> <b>Garden Salad w/ Cheese; Fresh Romaine; Grape Tomatoes, Cucumber &amp; Baby Carrots w/ Pretzel Stick or Dinner Roll</b> <b>Deli Sandwich - Monday &amp; Tuesday;</b> Turkey or Turkey Ham &amp; Cheese (Alternate Weekly) or Cheese on Whole Grain Roll or Bun</p>		

This institution is an equal opportunity provider. If you have a food allergy, please speak to the owner, manager, chef or your server.

**Important News:**  
**Important Changes for 2022-2023**  
*Lunch Meals are no longer provided free of charge.  
Cost is based on each student's eligibility.  
Free/Reduced students, no charge;  
Paid Price \$3.25;  
2<sup>nd</sup> Lunch (all students) \$3.25  
Visit [www.MySchoolBucks.com](http://www.MySchoolBucks.com)  
To open a FREE user account to view  
your student's balance and purchases!  
(There is only a fee if funds are added).*

*Every WPCSD family is encouraged to  
complete an Enrollment Benefit Form  
for the 22-23 school year. A new form  
MUST be completed each year.  
Apply at [www.MySchoolApps.com](http://www.MySchoolApps.com)*

Students use their school ID card to scan in the cafeteria and access their lunch account. Every student has an ID card and every student has a lunch account associated with their student ID number.

**Breakfast is offered daily, no charge, for all students for the 2022-2023 school year!**

**For more information or questions, please contact the WPCSD Food & Nutrition Program Office 914-422-2054. Se habla Español.**

WG=Whole Grain; WW=Whole Wheat; LF=Low Fat  
RS=Reduced Sugar; FF=Fat Free  
(V)=Vegetarian/Meatless  
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