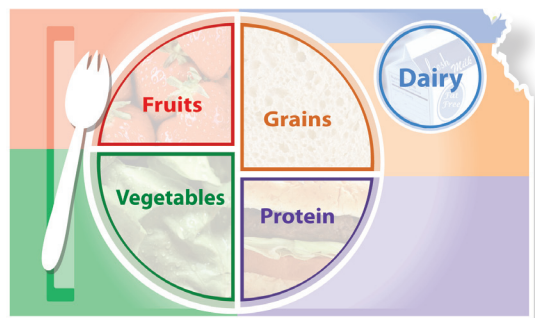


What is “Offer?”

At breakfast, schools must offer students at least four food items from the following food groups: grains (with optional protein allowed), fruits/vegetables and milk. Students must select at least three of the offered food items.

At lunch, schools must offer students food from each of the five food groups in at least the minimum required amounts: protein, grains, fruits, vegetables and milk. Students must take items from at least three food groups in the required serving sizes. One selection must be at least ½ cup from either the fruit or vegetable group.

BUILD YOUR TRAY THE HEALTHY KANSAS WAY!



Where will I see “Offer” Used?

	ELEMENTARY SCHOOL	MIDDLE SCHOOL	HIGH SCHOOL
Breakfast	Optional ¹	Optional ¹	Optional ¹
Lunch	Optional ¹	Optional ¹	Required

¹Schools will decide on implementing offer.



Child Nutrition & Wellness
120 SE 10th Avenue
Topeka, Kansas 66612-1182
(785) 296-2276

www.ksde.org
www.kn-eat.org

An Equal Employment/Educational Opportunity Agency: The Kansas State Department of Education does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs and activities. The following person has been designated to handle inquiries regarding the non-discrimination policies: KSDE General Counsel 120 SE 10th Ave. Topeka, KS 66612 (785) 296-3201.

Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly.

USDA Nondiscrimination Statement: The U.S. Department of Agriculture prohibits discrimination against its customers, employees and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal and where applicable, political beliefs, marital status, familial or parental status, sexual orientation or all or part of an individual's income is derived from any public assistance program or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html or at any USDA office or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.

Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).

USDA is an equal opportunity provider and employer.

NEW KANSAS MEAL PATTERN STANDARDS

INTRODUCING OFFER

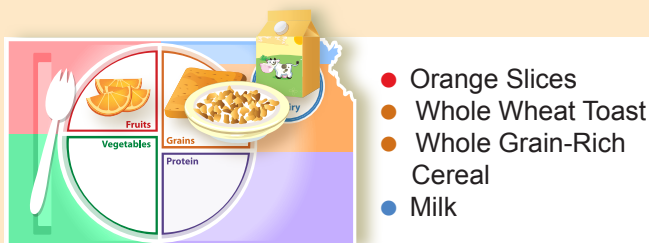


What can a student's breakfast tray look like?

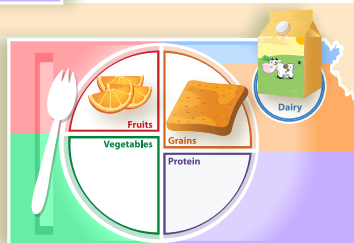
Students choose at least 3 food items they would like to take.

Breakfast Menu:

- Orange Slices
- Whole Wheat Toast
- Whole Grain-Rich Cereal
- Milk



- Orange Slices
- Whole Wheat Toast
- Milk



Everyone Wins with Offer

THE MANY BENEFITS OF "OFFER"

Administrators

- Students get the balanced nutrition they need to succeed in the classroom.
- Meal choices mean less food is thrown away.
- Produces a pleasant dining environment.

Child Nutrition Staff

- Greater participation in school meals.
- Conservation of resources — food, money, time.
- Satisfied kids return for the next school meal.

Teachers

- Fewer behavior issues in the cafeteria.
- Nutrition education can be reinforced in the classrooms.
- Satisfied kids will be fueled for learning.

Families

- School meals are a great value.
- Gets students and families involved with nutrition.
- Saves time by not having to pack lunches.
- A variety of choice enhances the school meal experience.

Students

- New foods make school meals fun.
- The many combinations will keep school meals exciting.
- Students learn to eat smart in a healthy school environment.

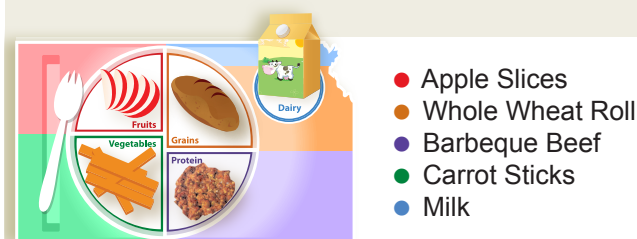
OFFER GIVES ALL KIDS HEALTHY CHOICES!

What can a student's lunch tray look like?

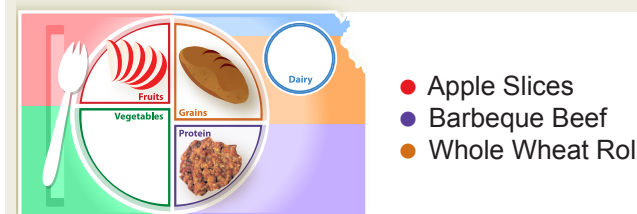
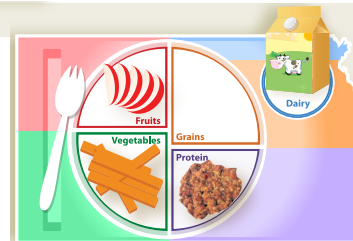
Whether a student takes 3, 4 or 5 of the food choices*, the meal is the same price.

Lunch Menu:

- Apple Slices
- Whole Wheat Roll
- Barbeque Beef
- Carrot Sticks
- Milk



- Apple Slices
- Barbeque Beef
- Carrot Sticks
- Milk



* Students must select at least ½ cup of fruits and/or vegetables