



activities & athletics handbook

2022-2023
2nd semester







Welcome Message

December 2022

Hello Bulls Community,

Welcome to the second semester of the 2022-23 school year! We are excited to be back for Activities & Athletics after a delightful and educational experience in the first semester. As always, we would like to thank all students and families that participated in our programs! We have had many triumphs throughout this semester with over 220 students that registered to participate across the 14 teams in Varsity & JV Athletics. We traveled to our Big 8 and Little 8 tournaments, played in the basketball league with the Brasilia Federation, created 2 soccer leagues with schools and clubs, participated in 2 golf tournaments, opened our Weight & Fitness Room to all students and staff, and were as inclusive as possible when it came to our oversubscription of roster through creating 3 on 3 basketball and a Middle School Futsal offering! It was an innovation semester for EAB Athletics and we are proud to service this community!

Club EAB & LS Athletics with Play Sport had over 200 students register for our activities. There was learning happening every day for our Lower School student body in the areas of Arts & Crafts, Ballet, Chess, Dance, Guitar, Robotics, various sports, and Makerspace! For this coming semester, we are excited to continue to educate our students on their desired interests! Club EAB & LS Athletics will partner with Play Sports once again with similar offerings! Take special note of

our sign up dates below in **Important Dates!** January 13 is very important for the Lower School as that is when our sign up open! Mark your calendar because these spots go quick!

Upper School Clubs had a boom and saw our student-led clubs total reach 35+ offerings. We all know that our US Clubs never really stop as there are meetings over the vacation! Big trips are coming up like THIMUN and BRAMUN! On Saturday, March 18 we will have the famous TEDx once again! Get involved if you have an interest!

Please use this handbook as a guide to understand our Activities & Athletics program. We have so many different dynamics to our area that function with great leadership. Ms. Andrea Borges is our Activities Supervisor, been at EAB for 5 years, and is someone everyone should know in A&A! Ms. Borges carries a wealth of experience and leads the areas of Club EAB, Upper School Clubs, and school field trips! She also coordinates the TEDx and all Week without Walls field trips with the Middle School! Ms. Rafaella Neves is our Activities & Athletics Assistant in the office! Ms. Neves is a new member of the team since February 2022 and has advanced our program through various organizational methods. Ms. Borges and Ms. Rafaella are the all-stars of this team!



ANDR  A BORGES



RAFAELLA NEVES

The Activities & Athletics program has many familiar coaches and instructors returning along with new faces! We are excited to get started soon with the new offerings! Besides this detailed Handbook, feel free to visit our website to get more information on our programs by **clicking here**. Please reach out to us if you have any questions about the upcoming year! We are always striving to enhance our students' lives through positive experiences in our offerings! Go Bulls!

JOHN POWELL
ACTIVITIES & ATHLETICS
DIRECTOR

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Our School: Mission & Vision

The American School of Brasilia (Escola Americana de Brasília - EAB) is a diverse international school that provides an English-based pre-school through Grade 12 education. With a focus on accessibility, EAB is an inclusive community committed to meeting all students' needs. We offer three academic diplomas – International Baccalaureate (IB), American, and Brazilian – in an environment that promotes the holistic education of each child through a differentiated learning model. The five-acre campus boasts a panoramic view of Lake Paranoá and the layout of the buildings consists of several interconnected structures containing 50 classrooms, 4 science labs, a Lower School computer lab, three separate iCommons learning centers, a Center for the Arts, a regulation soccer field, a gymnasium, basketball courts, and elementary playgrounds!

OUR MISSION: Learners inspiring learners to be inquisitive in life, principled in character, and bold in vision

OUR VISION: To positively impact the world through excellence in academics, activities, arts, leadership, and service.

ACTIVITIES & ATHLETICS MISSION STATEMENT

EAB Activities & Athletics is committed to enhancing a student's life through positive experiences in our offerings. We strive to connect with our Mission & Vision statements - along with EAB's 5 Pillars - through our programs of Club EAB, Upper School (US) Clubs, and Athletics. We value helping students achieve excellence beyond the classroom, promoting new areas of growth by positively impacting character, and enhancing interactions through leadership opportunities.

Activities & Athletics Umbrella

IMPORTANT DATES:

Please take note of these important dates for the year (subject to change)

- Wednesday, December 7 - **Varsity & JV 2nd semester sign ups open**
- Wednesday, January 11 - **Club EAB & LS Athletics Guide Released for Semester 2**
- Wednesday, January 11 - **first day of school for Semester 2**
- Friday, January 13 - **Varsity 2nd semester sign ups close at 8:00pm**
- Monday, January 16 - **Tryouts begin for Varsity teams**
- Monday, January 16 - **Club EAB & LS Athletics Sign Ups open at 8:30am**
- Wednesday, January 18 - **Club EAB Sign Ups close at 12:00pm**
- Friday, January 20 - **by 11:00am families will receive the confirmation of enrolment in Club EAB & LS Athletics.**
 - **Based on enrolment, there may be the need to start a Waiting List for over-subscribed activities.**
- Friday, January 20 - **JV 2nd semester sign ups close at 8:00pm**
- Monday, January 23 - **Club EAB & LS Athletics begin**
- Monday, January 23 - **Tryouts begin for JV teams**
- January 25 & 26 - **Tryouts conclude for Varsity teams**
- February 1 & 2 - **Tryouts conclude for JV teams**
- **TEDxYouth - To Be Confirmed**
- Wednesday, March 22 to Saturday, March 25 - **BRAMUN in Salvador, Bahia, Brazil**
- Sunday, April 9 to Wednesday, April 12 - **Big 8 Girls Futsal & Boys Volleyball**
- Wednesday, April 12 to Saturday, April 15 - **Big 8 Girls Volleyball, Boys Futsal**
- Saturday, April 29 - **Varsity Athletics end for Semester 2**
- Sunday, May 7 to Wednesday, May 10 - **Little 8 Girls Futsal & Boys Volleyball**
- Wednesday, May 10 to Saturday, May 13 - **Little 8 Girls Volleyball, Boys Futsal**
- Tuesday, May 13 - **JV Athletics end for Semester 2**
- Thursday, May 18, 2023 - **Athletics Awards Gala**

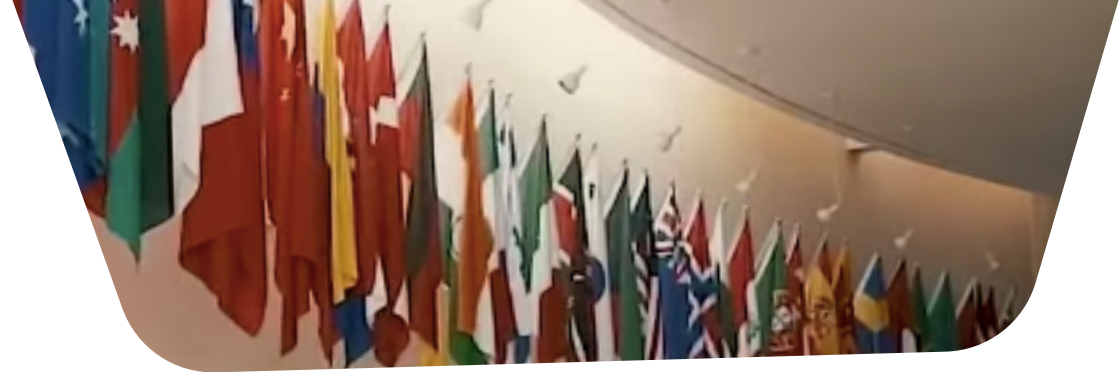
- Friday, May 19 & Saturday, May 20
- AASB Varsity Final Four National Championship at EARJ
- Futsal and Volleyball - must qualify
- Friday, June 2 - **Club EAB & LS Athletics end**



TIME STRUCTURE:

The following schedule will be followed in Activities & Athletics on a daily basis.

- **3:10 p.m. - Dismissal, end of academic school day, transitions**
All students not involved in Club EAB, LS Athletics, US Clubs, or Athletics for Varsity & JV must leave campus unless there is an approved reason for staying on campus from the LS, MS, or HS Principals.
- **3:20 p.m. - Start of Club EAB, LS Athletics, and US Clubs**
US Clubs may also be conducted during lunch from 11:55 a.m. to 12:55 p.m.
- **4:10 p.m. - End of Club EAB, LS Athletics, and US Clubs**
All students not participating in Athletics at the Varsity or JV level must leave campus.
- **4:30 p.m. - Start of Athletics for Varsity & JV teams**
- **6:00 p.m. - End of Athletics for Varsity & JV teams**
All students should be off campus no later than 6:15 p.m. unless otherwise approved to remain on campus.
- **On Half Days at EAB, there will be no Activities & Athletics offerings. Half Days are EAB are as follows:**
February 7, March 14, and April 4



GUIDELINES FOR THE DRY & RAINY SEASONS

Brasilia sits on the Brazilian Plateau and therefore its climate ranges from rain to dry seasons. Each season presents its challenge to our Activities & Athletics programs. The rain brings lightning dangers, the dryness brings dehydration possibilities. To that end, we have to be well prepared and be able to provide students the opportunity to continually grow, but never neglect their most important right: safety. For more information please access the [EAB Dry Season Guidelines](#) document

GENERAL DISCIPLINE PROCEDURES:

day and during our programs, we will follow the protocols for each area below in reference to the division of the student (LS, MS, or HS). All individual disciplinary needs will be handled on a case-by-case basis.

CLUB EAB AND LS ATHLETICS

1. We will align with the Lower School Behavioral Guidelines that include reflecting and restorative practices:
 - 3 Tiers Guidelines of Support
 - BULLS Acronym
 - B**e Respectful
 - U**nderstand feelings
 - L**ead by example
 - L**earn and reflect
 - S**how perseverance

- Pending severity of the action, the Activities & Athletics Director reserves the right to suspend/exclude a student from any Club EAB or LS Athletics offerings.

ATHLETICS FOR VARSITY & JV TEAMS / CLUBS IN THE UPPER SCHOOL

1. **High School Handbook 2022-23 (page 28, [click here](#))**
2. Possible suspension from the team based on severity of actions made by the Activities Supervisor, Activities & Athletics Director, and/or High School/Middle School Principal.
 - Hazing & Initiation: Hazing and Initiation will not be tolerated on any teams, face to face or virtually. Coaches must take strong discipline actions if any student-athlete(s) display inappropriate behaviors or other actions that are detrimental to the team. Students that are considered leaders within the team also need to speak up against this action. Further consequences may be distributed by the Activities & Athletics Director.

ELIGIBILITY

Activities & Athletics liaise with the respective divisions when it comes to eligibility. Please refer to the High School Handbook for more information. For other divisions, eligibility may be handled on a case-by-case basis.

WEIGHT & FITNESS ROOM:

1. All students need to be supervised in the Weight & Fitness Room during the appropriate hours it is open.
 - Monday to Friday - open from 3:10 - 6:00pm.
 - Closed on all Half Days, Holidays, and vacations as per

EAB's School Calendar.

2. All students need to follow the posted rules, regularly clean the equipment, and have a planned workout.
3. All students need to sign in and sign out of the Weight & Fitness Room with the supervisor that is on site.

FUNDRAISING/SCHOLARSHIP FUND:

There are many ways to raise money and students are encouraged to present fundraising initiatives to the Activities & Athletics Director for approval from the Development & Events Manager & Head of School.

- For Activities & Athletics, if you wish to help any of our scholarship students attend trips, please reach out to jpowell@eabdf.br for more information.

SOCIAL MEDIA & WHATSAPP:

Coaches/Instructors should not follow students on social media or to allow students to follow them. They are also not allowed to use direct messaging systems to contact students. WhatsApp is a common communication tool in Brazil. There are times when coaches/instructors will need to communicate with groups of students via WhatsApp. The guideline for this is that they are allowed to have a group of students on WhatsApp, for example, a sports team, to send pertinent school-related messages and answer school-related questions. However, coaches/instructors are not permitted to interact with students one-on-one via WhatsApp.

Activities & ATHLETICS

Scholarship fun

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To donate via Pix transfer:

Para doar via Pix:



Open your banking app, select the Pix option and scan the QR code to make your donation, or copy and paste the Pix key below.

Abra o aplicativo do seu banco, selecione a opção Pix e escaneie o código QR ao lado para realizar sua doação, ou copie e cole a chave Pix abaixo.

Pix Key/Chave Pix:

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Club EAB & LS Athletics defined

PHILOSOPHY OF CLUB EAB & LS ATHLETICS

1. Club EAB & LS Athletics are extracurricular programs that support and enrich EAB's curriculum for Lower School students (K5-5th grade). This is successfully achieved by encouraging and supporting students to pursue the development of talents and skills based on EAB's five pillars: Academics, Arts, Activities, Leadership, and Service. Club EAB & LS Athletics assist the whole child in achieving his or her own potential through a differentiated, innovative learning experience, while cultivating responsible and contributing citizens, leaders, environmental stewards, and role-model athletes.
 - Club EAB Activities and LS Athletics are free of charge.
2. This year, along with Club EAB & LS Athletics, we will be back with Play Sports offerings in order to amplify our range of activities and for extra support that might be needed. The Play Sports Director will be Lucas Alves, who was the Speeds Sports coordinator 4 years ago. During the pandemic he started his own company, Play Sports, and offered online activities for our Club EAB online sessions. Now, he and his team are back to offer these on campus. We are thrilled to have them onboard with us.
 - Play Sports activities have a participation fee. Please contact Lucas alves on playsports.df@eabdf.br for more details.

TIME OF CLUB EAB & LS ATHLETICS

Our time offerings align with the dismissal of the school day. See below for the exact schedule.

1. 3:10 p.m. - Dismissal, end of academic school day, transitions
 - All students not involved in Club EAB & LS Athletics must leave campus unless there is an approved reason for staying on campus from the LS Principal.
2. 3:20 p.m. - Start of Club EAB & LS Athletics
3. 4:05 - 4:10 p.m. - End of Club EAB & LS Athletics & dismissal

DAYS AND OFFERINGS FOR CLUB EAB & LS ATHLETICS

Please be sure to see our Club EAB & LS Athletics Virtual Guide for a description of each activity or sport that is located here!

1. The offering of days are **Monday & Thursday, Tuesday, and Wednesday/Friday.**
2. The offering will change based on the dates of:
 - Semester 2 dates - January 23 to June 2

SIGN UPS/REGISTRATIONS FOR CLUB EAB & LS ATHLETICS

1. All parents must register their child(ren) for Club EAB & LS Athletics, regardless of prior participation in the program.
2. Registrations are open for a short period of time. Please take note of when these registrations are available.
 - Semester 2
 - Wednesday, January 11 - **Club EAB & LS Athletics Guide Released**
 - Monday, January 16 - **Club EAB & LS Athletics Sign Ups open at 8:30am**
 - Wednesday, January 18 - **Club EAB Sign Ups close at 12:00pm**

3. Based on the sign ups/registration numbers for each class by grade level, there may be the need to create a Waiting List.
 - Friday, January 20 - **by 11:00am families will receive the confirmation of enrolment in Club EAB & LS Athletics.**

ATTENDANCE REQUIREMENTS & PROCEDURES FOR CLUB EAB & LS ATHLETICS

1. Commitment to our Club EAB or LS Athletic teams is necessary. We do not have the option for students to attend only 1 of the 2 days offered. Please plan accordingly to attend both days. With the possibility of Waiting Lists, any student that has **more than three (3) absences** will be removed from the class/sport.
 - The process of communication will be:
 - 1st absence there will be no contact to the family.
 - 2nd absence the family is contacted via email.
 - 3rd absence the family is contacted via email that this is the last absence.
 - 4th absence results in removal from Club EAB & LS Athletics with notification to LS Principal and classroom teacher/TA.
 - For Club EAB - All absences can be justified through email communication to the Activities Supervisor, Andrea Borges at **aborges@eabdf.br**.
 - For LS Athletics - All absences can be justified through email communication to the Activities & Athletics Director, John Powell at **jpowell@eabdf.br**
 - COVID positive test absences and contract tracing absences will not count negatively towards a student's absence total.

COSTS FOR FAMILIES IN CLUB EAB & LS ATHLETICS:

1. There is no cost for Club EAB & LS Athletics inscription, but there may be additional cost for materials in class should the instructor request.
 - All requests from instructors for families to purchase materials must be approved by the Activities & Athletics Director.
2. For Play Sports, prices will be announced through the Play Sports Director, Lucas Alves. Any information pertaining to Play Sports Activities, including payment, inquiries, etc can be solved with him at playsports.df@gmail.com.



Pictures from our Club EAB & LS Athletics Open Demonstrations in May 2022!

Athletics defined for Varsity & JV teams

PHILOSOPHY OF ATHLETICS FOR VARSITY & JV TEAMS

1. We are an educational athletics (sports) program that offers competitive teams and inclusiveness when possible. We are determined to teach our student-athletes about their sport, the skills involved, and strategies to improve his/her overall well-being all the while forming relationships with other students and coaches. EAB Athletics prides itself on competing to our potential, creating a fun atmosphere, and exhibiting Sportsmanship regardless of the outcome of the contest. The Athletics program is designed to follow our Activities & Athletics Mission Statement and the 5 Pillars of EAB Athletics.
2. The 5 Pillars of EAB Athletics are Safety, Responsibility, Communication, Sportsmanship, and Growth.
 - Each of these Pillars are an important part to learning life skills through sport for our student-athletes. They are the base of the program and reflecting on these Pillars is key to the philosophy EAB Athletics!



3. Competition levels & ages:

- Varsity level - 15 years and older pending birth date.
 - Predominantly grade 10-12 students, some grade 9 students.
 - Varsity teams compete in tournaments, friendly games, and local leagues if possible.
- Junior Varsity (JV) - under 15 years old pending birth date
 - Predominantly grade 6-9 students
 - Students are eligible to participate in all 2022-2023 Little 8 tournaments if they are under 15 years old on August 1, 2022. An athlete who turns fifteen on August 1 or before this date would not be eligible to participate in any of the 2022-2023 Little 8 tournaments.

The above is taken directly from the Little 8 Constitution.

- JV teams compete in tournaments, friendly games, and local leagues if possible.
- LS Athletics - grades K5-5th
 - These teams may compete against outside competitions pending enrollment in the activity and availability of opponents. Currently, we are in the process of building this program.

TIME OF ATHLETICS FOR VARSITY & JV TEAMS

Our time offerings align with the dismissal of the school day and take place after Club EAB & LS Athletics. See below for the exact schedule.

1. 4:30 p.m. - Start of Athletics for Varsity & JV teams
2. 6:00 p.m. - End of Athletics for Varsity & JV teams
 - All students should be off campus no later than 6:15 p.m. unless otherwise approved to remain on campus.



DAYS AND OFFERINGS IN ATHLETICS FOR VARSITY & JV TEAMS:

Athletics Virtual Guide ([click here](#))

1. Teams may compete on Friday or Saturday pending opponent availability. The time of practices on Saturdays will vary from sport to sport, but will occur between 9:00am to 12:00pm. EAB does not have the capacity to conduct certain sports all year due to the facility availability.
2. Monday/Wednesday/Friday
 - Cheer on Mon/Wed/Fri
 - JV Boys Volleyball on Mon/Wed/Fri
 - JV Girls Futsal on Mon/Wed/Fri
 - Varsity Girls Futsal on Mon/Wed/Fri
 - Varsity Boys Volleyball on Mon/Wed/Fri
 - Soccer 7s for girls will be offered on Mon/Wed only if there is an over-subscription of students for Futsal as there is a field space available for the overflow. There will be no additional offerings for girls volleyball due to the lack of facilities available.
 - Soccer 7s will be strictly for the students that are not selected for the Futsal teams, but all players should try

out for Futsal before being allowed to participate in Soccer 7s.

- Those students that want to only play Soccer 7s may do so, but they will not be eligible for the Futsal team or eligible to travel to Nosso Recanto (NR).
- There is a minimum of 15 students needed to keep this team functioning throughout the semester.
- Soccer 7s for girls will not meet on Fridays.

3. Tuesday/Thursday/Saturday

- Cross Country Tue/Thu/Sat
- JV Boys Futsal on Tue/Thu/Sat
- JV Girls Volleyball on Tue/Thu/Sat
- Varsity Boys Futsal on Tue/Thu/Sat
- Varsity Girls Volleyball on Tue/Thu/Sat
- Soccer 7s for boys will be offered on Tue/Thu if there is an over-subscription of students for Futsal as there is a field space available for the overflow. There will be no additional offerings for boys volleyball due to the lack of facilities available.
- Soccer 7s will be strictly for the players that are not selected for the Futsal teams, but all students should try out for Futsal before being allowed to participate in Soccer 7s.
 - Those students that want to only play Soccer 7s may do so, but they will not be eligible for the Futsal team or eligible to travel to Nosso Recanto (NR).
 - There is a minimum of 15 students needed to keep this team functioning throughout the semester.
 - Soccer 7s for boys will not meet on Saturdays.

- [Click here](#) for the EAB Athletics Practice Schedule 2022-23 grid
- Basketball, Golf, Jiu Jitsu, Cheer, and Soccer are offered in the 1st semester from August to November.



SIGN UPS/REGISTRATIONS IN ATHLETICS FOR VARSITY & JV TEAMS:

To participate, each student in Grade 6-12 must register for his/her team of choice with the link below. Without this registration, we cannot distribute information to families. Nor will we permit the student to join the tryout session. Based on the sign ups/registration numbers for each class, there may be the need for a tryout.

1. Athletics Registration Form 2022-23 ([click here](#))
2. The following Roster Minimums of registrations should be met:

Varsity & JV Athletics (Roster Minimum & Maximum)

- CROSS COUNTRY (6 minimum, 25 maximum) - Sem 2
 - FUTSAL (10 minimum, 15 maximum) - Sem 2
 - SOCCER 7s (15 minimum, 20 maximum) will be offered only if there is an over-subscription of students for Futsal as there is a field space available for the overflow.
 - Soccer 7s will be strictly for the students that are not selected for the Futsal teams, but all players should try out for Futsal before being allowed to participate in Soccer 7s.
 - VOLLEYBALL (9 minimum, 20 maximum) - Sem 2
 - Volleyball teams will carry 5 extra players, but a game day and travel rosters will only include 15 players that are selected by the coaches.
3. If the roster minimum is not met, the team **may be** shut down for the time being at the discretion of the Activities & Athletics Director. **This will be handled on a case by case basis.**
 4. If the roster maximum is reached during signups, we will explore the option of a tryout for the team with the idea of inclusivity.
 - Tryout selection will play a role in traveling teams and on game days.

TRYOUTS IN ATHLETICS FOR VARSITY & JV TEAMS

As mentioned above, if a team is over-subscribed, we will need to conduct a tryout.

1. The Coaches of each team are responsible for conducting a fair and organized tryout at any level.

2. A student may only play on one team of Varsity or JV.
 - For example, a student cannot play on Varsity Boys Futsal and JV Boys Futsal as it would take a roster spot away from another student. This is a programmatic design that is inclusive.
3. Varsity tryouts will be held from January 16/17 to January 25/26.
 - As Varsity is our highest level of competition, we will adhere to tryouts to create the most competitive teams to represent EAB.
4. JV tryouts will be held from January 23/24 to February 1/2
 - At the JV level, we will be as inclusive as possible, but may need to hold tryouts.
 - The staggered starting date of tryouts gives a JV player the opportunity to tryout for Varsity if they so desire - see below "Playing Up".
5. **Late Tryouts:** Students who are new to EAB must declare his/her interest in trying out for an Athletics team by the end of their 2nd week of classes.
 - Late tryouts are not granted for any students that are attending classes and aware of the tryouts. If a medical excuse is provided we can re-evaluate the tryout. **We stress students to communicate in advance if they will be missing our tryouts dates listed above.**
 - All Late Tryouts must be approved by the Activities & Athletics Director.

PLAYING UP:

No student-athlete may "play up" without the approval of the Activities & Athletics Director.

- “Playing Up” can be defined as a JV player playing on a Varsity team.
- Since there are staggered tryout dates, any student that would like to try out for Varsity may do so. This will give the coaches an opportunity to evaluate the abilities fairly.
- Attendance from student(s) at Varsity tryouts does not exclude the student(s) from JV tryouts if they do not make the Varsity team.
- If a student-athlete’s skills, physical ability, or other factors are not up to the standard of trying out for a Varsity team, the Head Coach may redirect the student-athlete to try out for JV at any time during the try out window.
- Varsity aged student-athletes may not “Play Down” to the JV level unless within that age category.
- A student may only play on one team of Varsity or JV.
 - For example, a student cannot play on Varsity Boys Futsal and JV Boys Futsal as it would take a roster spot away from another student. This is a programmatic design that is inclusive.

ATTENDANCE REQUIREMENTS & PROCEDURES IN ATHLETICS FOR VARSITY & JV TEAMS:

Showing commitment and dedication to anything a person is interested in is a life skill. Please see below our requirements to participate:

1. Attendance in Athletics is 70% or better to remain on the team. Coaches take attendance every practice session and game.
 - COVID positive tests absences and contract tracing absences will not count negatively towards a student’s absence %.
2. All absences can be justified through communication to the Head Coach of the team and/or Activities & Athletics Director.

3. If a student is absent from any period/class during the school day, without an approved excuse, then he or she is not eligible to participate in that day's practice or game.

PHYSICAL HEALTH FORM

For students in grade 6-12, we ask that each family complete this form to ensure their child is in good physical condition before participating in any physical activity. We ask that the parents/guardians of each child complete this form and turn it into the Activities & Athletics Director electronically or on paper. **This is mandatory in order to participate in tryouts.**

1. 2022-23 EAB Athletics - Physical Health Form ([click here](#))

COMPETITIONS & PLAYING TIME

As we move forward with competitions outside of EAB and against other schools, it is important to understand our philosophies at each level. Competition playing time is always determined by the Head Coach of each team and merit based. Students are welcome to speak with the coaches and discuss any issue they may have related to playing time at an appropriate time. During the school day, after/before practice are appropriate times. **Speaking to the coach about playing time during the game is not appropriate.**

1. JV teams aim to develop players. Coaches make their best effort to distribute playing time fairly, but there will be times the Head Coach must make a decision to produce a positive result for the competition.
2. Varsity teams are our highest level of competition. Playtime is merit based and at the complete discretion of the Head Coach. There may be situations where some team members play little to none in the game to remain competitive within the contest.

SALT: STUDENT-ATHLETE LEADERSHIP TEAM

SALT has been created to empower student-athletes that want to become leaders, help improve our program, and implement various initiatives in the community. This is a voluntary club with leadership positions voted on by the participants.

1. If interested in SALT, please contact Mr. Proulx at **mproulx@eabdf.br** or Mr. Powell at **jpowell@eabdf.br**



PARENT/SPECTATOR BEHAVIOR

1. For spectators (parents, students, staff, etc) viewing competitions must comply with the seating rules and regulations.
2. In all competitions, spectators must not be on the competition surface or in the designated area for players and officials.
3. Parents may not approach the coach(es) about their child's playing time at any time during the competition.
 - We ask that parents speak with their child, reflect on the situation, and contact the coach or Athletics Director the next day if there is a concern about playing time after allowing emotions to settle.
4. A parent may contact the Athletics Director to discuss any issue related to the student's experience on any EAB team.

BOOSTER CLUB

A Booster Club is an organization of EAB parent volunteers that are dedicated to supporting the EAB Bulls' Athletics programs. Currently, there is not a Booster Club at EAB for Athletics. If interested, parents should contact the Activities & Athletics Director, John Powell at jpowell@eabdf.br. There is a project forming to create this type of support for the coming year.

COSTS FOR FAMILIES IN ATHLETICS FOR VARSITY & JV TEAMS:

There is no cost for participation in Athletics on campus at EAB. However, certain teams may carry a cost to travel or compete in a tournament and/or need to purchase additional equipment. Teams may also come together to create uniforms that would be an expense covered by the families as EAB.

1. Travel & Trips:

- Travel for competitions will come with a cost to families. We will follow the Upper School Eligibility Timeline for Students to Travel for selecting our travel rosters.
 - Field Trip Request forms and rosters are submitted to the Activities Specialist.
 - Business Office eligibility is confirmed.
 - Academic eligibility is confirmed.
 - Itinerary and hotels are arranged by the travel agency.
 - Field trip information, costs, and deadline is emailed to parents of eligible students (students must maintain eligibility prior to the field trip in order to travel).
 - Deadline for purchasing group flights depends on the airline's terms and conditions, and may vary between 24 and 72 hours.

- Plane tickets bought with the travel agency are non-refundable and EAB does not take responsibility for tickets and hotel reservations of students that are no longer eligible to travel.
- Plane tickets do not have to be purchased through the travel agency arranging the group reservations, however, students must travel on the same flight as school chaperones and follow the same itinerary thereafter.
- Field Trip Permission form, Health forms, and Travel and Hotel Authorization form are handed to students and emailed to parents, when applicable.
- Forms must be completely filled out and turned in to the Activities & Athletics Department. Dates will be communicated in advance.
- All students traveling must follow the AASB Code of Conduct (if applicable for the competition) with a possibility of testing for COVID-19.
- Traveling for competitions is completely voluntary for families.

2. **Uniforms:**

- The Activities & Athletics Department has an inventory of at least one (1) uniforms for each team to compete in. Each player is responsible for returning all parts of the uniform in good condition at the end of the season or when asked by the coaches. Any damaged or missing uniforms will need to be replaced by the family of the student-athlete.
- Each team will have 1-2 uniforms that are supplied by EAB pending competition requirements.
- Teams have the possibility to design an extra uniform for the season with the approval of the Activities & Athletics Director.

- The A&A Department will not purchase this uniform.
- A&A can assist in the process if the team would like to explore it.
- The Activities & Athletics Director will inform families once a student representative brings forth a design and supplier.
- Designs, logos, fonts, numbers, and other details must be approved by the Activities & Athletics Director prior to production.
- Uniforms must be prepared 1 month in advance of a Big 8 or Little 8 tournament departure dates to ensure all members of the team have the uniform.
- Purchasing the uniform is optional for every family.

Upper School (US) Clubs defined

PHILOSOPHY OF US CLUBS

The purpose of the Upper School Clubs at EAB is to open various avenues for students and teachers to work together and fulfill the school's vision to "positively impact the world through excellence in academics, activities, arts, leadership, and service." As most Clubs are student-led with the support of an EAB Faculty member that acts as an Advisor, these clubs will challenge students to gain leadership skills, excel in civic, cultural, and recreational pursuits while promoting a climate of respect, support, and appreciation for the community around them. The US Clubs have certain clubs that host events/tournaments while other clubs gather for discussions of the topic.

TIME OF US CLUBS:

Our time offerings align with the dismissal of the school day. See below for the exact schedule.

1. 3:10 p.m. - Dismissal, end of academic school day, transitions
 - All students not involved in a US Club or Athletics must leave campus unless there is an approved reason for staying on campus from the MS or HS Principals.
2. 3:20 p.m. - Start of US Clubs
 - US Clubs may run during lunch from 11:55 a.m. to 12:55 p.m.
3. 4:10 p.m. - End of US Clubs
 - All students not participating in Athletics at the Varsity or JV level must leave campus. (Or have a valid/approved reason to be on campus)

OFFERINGS FOR US CLUBS:

Please be sure to visit our Upper School Clubs website (link coming soon) for a description of each US Clubs.

1. Days will be selected between the Student Leaders and Advisor(s).
2. How to start a US Club? Please complete this **US Clubs Request Form**.

SIGN UPS/REGISTRATIONS FOR US CLUBS:

1. All students must sign up/register for their US Club of choice.
 - Students may do so by finding their club on the US Club website (link coming soon)
 - When completing the form please be aware of your commitments to not overload your schedule.
2. Sign Ups/Registrations for US Clubs remain open for the year to continually gain members/interest.

ATTENDANCE REQUIREMENTS & PROCEDURES FOR US CLUBS:

1. Attendance for US Clubs needs to be at 75% or better. Meetings are normally once a week.
 - This is a needed commitment to keep every Club functioning and equitable.
2. All absences can be justified through email communication to the advisor of the US Club.
 - COVID positive tests and contact tracing absences will not count negatively towards a student's absence.

COSTS FOR FAMILIES FOR US CLUBS:

There is no cost for participation in US Clubs on campus at EAB. However, certain US Clubs may carry a cost to travel or compete in a tournament. Please see the **Athletics Travel & Trips** section for this information as the content is exactly the same for the Upper School and possible trips.



Association of American Schools in Brazil (AASB)

EAB is affiliated with the Association of American Schools in Brazil or AASB. For the coming year, here are the tournaments we are planning to participate in:

- March 22-25 - BRAMUN at Bahia
- April 9-12 - Big 8 Girls Futsal & Boys Volleyball at NR
- April 12-15 - Big 8 Girls Volleyball & Boys Futsal at NR
- May 7-10 - Little 8 Girls Futsal & Boys Volleyball at NR
- May 10-13 - Little 8 Girls Volleyball & Boys Futsal at NR
- May 19-20 - AASB Varsity Final Four Futsal & Volleyball at EARJ
- must qualify



Code of Conduct for Students in Activities & Athletics

Dear Student,

Please read the following with your parents of what is expected of an EAB student during your commitment to Activities & Athletics. In addition all rules, guidelines and regulations found in the EAB Activities & Athletics Handbook and EAB Divisional Handbooks (LS, MS, HS), apply to all students. Any violation of a rule will result in suspension or dismissal from the team/activity at the discretion of the Activities & Athletics Director and Division Principals.

Every student-athlete in Varsity or JV teams will be expected to sign this document and turn in a physical copy before participating in tryouts. Club EAB & LS Athletics students do not need to turn this document in.

EXPECTATIONS FOR ACTIVITIES & ATHLETICS (A&A)

1. Students must be in school the full day to participate in A&A along with maintaining any eligibility requirements.
2. Students must attend a minimum of 70% of the practices to remain on the team. For Club EAB & LS Athletics we have a limit of 3 absences per semester to remain in the activity.
3. Students must exhibit respect/sportsmanship at all times.
4. Students that are physically able to participate should be prepared to do so.
5. If you have an injury that prohibits you from participating in practice, you still are part of the team/activity/club and expected to attend. You may help the coaches/instructors with assigned responsibilities.

6. All students that desire to participate in AASB tournaments must follow the AASB Code of Conduct and protocols surrounding COVID-19. [Click here](#) for the AASB Code of Conduct.

A student may not participate in an EAB tryout until this form has been signed by both the student and parent/guardian and is on file in the Activities & Athletics Director office.

Student's Name (please print)

Year of Graduation

Student's Signature

Date

I (we) understand and agree to abide by all the following expectations in the EAB Activities & Athletics Handbook.

Parent/Guardian's Signature

Date



