



JANUARY | 2023

HCMS Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 No School	3 No School	4 Fish Sticks Crinkle Fries White Beans Cornbread/Roll Fruit Milk	5 Mozzarella Cheese Sticks Marinara Salad W/Ranch or Italian Dressing Fruit Milk	6 Chicken Nuggets Fries Green Beans Roll Fruit Milk
9 Cheeseburgers/Bun Crinkle Fries Lett/Tom/Pickle Cup Fruit Milk	10 Salisbury Steak Mashed Potatoes, Gravy Turnip Greens Roll Fruit Milk	11 Chicken Filet/Bun Tator Tots Lett/Tom/Pickle Cup Fruit Milk	12 Ham/Cheese Sub Baked Chips Pork & Beans Carrots w/Ranch Fruit Milk	13 Popcorn or Chinese Chicken Potato Wedges Broccoli w/Cheese Breadstick Fruit Milk
16 No School	17 Cheese Pizza Sweet Potato Fries Buttery Corn Fruit Milk	18 Chili w/Beans Crackers Tator Tots Cheese Cup Broccoli w/Ranch Fruit Milk	19 Hot Dog/Bun Fries Baked Beans Fruit Milk	20 Chicken Tenders Mashed Potatoes White Beans Roll Fruit Milk
23 Fish Sticks Crinkle Fries White Beans Cornbread/Roll Fruit Milk	24 Beef Taco Tortilla Shell, Salsa Lett/Tom Cup Cheese Cup, Pinto Beans Fruit Milk	25 Managers Choice	26 Mozzarella Cheese Sticks Marinara Salad W/Ranch or Italian Dressing Fruit Milk	27 Chicken Nuggets Fries Green Beans Roll Fruit Milk
30 Cheeseburgers/Bun Crinkle Fries Lett/Tom/Pickle Cup Fruit Milk	31 Chicken Taco Tortilla Shell, Salsa Lett/Tom Cup Cheese Cup, Pinto Beans Fruit Milk	1 Managers Choice	2 Cheesy Chicken Philly Peppers/Onions Green Beans Salad w/Ranch or Italian Dressing Fruit Milk	3 Popcorn or Chinese Chicken Potato Wedges Broccoli w/Cheese Breadstick Fruit Milk

News



Happy New Year!

Students must take a fruit and/or juice for a complete meal



Houston County Child Nutrition
Eat Right -- Future Bright