



May 25, 2021

Dear TPS families and Staff

Based on the current reduced case numbers of COVID, combined with the increased numbers of vaccinated individuals, we will be **modifying our quarantine guidelines to now include the option to test out of quarantine for the remainder of the 2020/2021 school year. *Individuals who do not wish to test out of quarantine will continue quarantine for the full 10 days and may return after the full quarantine is complete (as long as they remain symptom-free\* during the quarantine period and do not develop any symptoms for a total of 14 days post exposure).***

At any time Trumbull Schools could decide to revert back to previous 10 or 14 day quarantine protocols based on the current spread of COVID in the community or schools.

[Link to Daily Data Report for CT.](#)

Listed below are the various options to reduce and/or eliminate the need to quarantine after an exposure to COVID. The Schools will continue to use the Trumbull Schools Covid self-reporting form to track symptoms and upload documents while individuals are in quarantine.

[Link to VEOCI self-reporting registration](#)

#### 1. Negative Molecular (PCR) Test on day 5 resulting in 7 day quarantine

- Quarantine may end **after completing a 7 day quarantine when providing** documentation of proof of a **negative COVID test collected no sooner than day 5 after exposure. With a negative test result students may return to school on day 8 after exposure.**
- **COVID test must be a diagnostic molecular (PCR) test** collected no sooner than day 5 of quarantine. (*Example: Individual exposed on June 1st (day 0). Eligible to test on day 5 (on June 6th) and would complete 7 days of quarantine (on June 8th) and may return to school on day 8 (on June 9th) provided the clearance to return has been provided.* [Link to FDA COVID Testing types.](#)
- Test results can be **uploaded to the VEOCI tracking system** via your daily check-in or document email link, or submit a new document [here](#).
- **Test results must be reviewed and approved prior to returning to school, and the individual must not have developed symptoms since the exposure.**

- Tests will be reviewed during school hours on school days only by the case tracker team and will be shared with the school nurse after review.
- Individuals who have not been cleared to return by the nursing department should **not go to school until cleared.**
- Parents/Guardians of students will get a confirmation email from the contact tracing team when they are cleared to return.

**Important requirements for testing out of quarantine to return to school:**

- Covid test may not be collected any sooner than day 5 after exposure (ie if exposure date June 1st then day 5 is June 6th)
- Covid test must be a Molecular (i.e PCR) test. **(Rapid/antigen and/or antibody testing will not be accepted for testing out of quarantine).**
- Covid Test report must clearly show:
  - Date of collection & Name of Laboratory/Testing Center where test performed
  - Full name and date of birth of person tested
  - Type of test (must be a Molecular test [Link to FDA COVID Testing types](#).)
  - Negative test result must be clearly stated (*inconclusive tests will **not** be interpreted as negative*)

*\*Please note: Development of symptoms and/or testing positive at any time for any of the above scenarios during the quarantine period could extend the return date to school or work. **If you develop symptoms and/or are diagnosed with a positive COVID-19 test, please report this to your school as soon as possible.** [\\*Link to symptoms of COVID](#)*

**2. Negative Molecular (PCR) test on Day 8 for student athletes participating in interscholastic athletics**

The CIAC currently allows student athletes to test out of quarantine for athletic participation **after completing a 10 day quarantine** provided a Molecular (PCR) test **collected no sooner than day 8 after exposure is negative** and no symptoms associated with COVID-19 were experienced throughout the entire quarantine.

This test out option is managed and tracked by the Athletic Department at school. Student Athletes who wish to test out of sports-related quarantine for athletic participation must share the test results with the Athletic Department and must be approved to return by Athletic Trainer in order to be removed from the quarantine list after completing a 10 day quarantine. **The same guidelines apply as above for test documentation requirements**

Individuals who do not wish to test will quarantine for the full 14 days from athletic participation and can return to athletic participation after the full quarantine is complete as long as they remain symptom-free\* during the quarantine period. [Link to CIAC Spring 2021 Plan.](#)

*\*Please note: Development of symptoms and/or testing positive at any time for any of the above scenarios during the quarantine period could extend the return date to school or work. **If you***

*develop symptoms and/or are diagnosed with a positive COVID-19 test, please report this to your school as soon as possible. [\\*Link to symptoms of COVID](#)*

### **3. Proof of Vaccination**

Any student or staff member who provides documentation showing they are **fully vaccinated** for COVID do not have to quarantine after an exposure may not be required to quarantine after an exposure to COVID. **Fully vaccinated means at least 2 weeks has passed since the last dose of the full series of the vaccine.** Individuals will need to provide the vaccine documentation to the school nurse/contact tracing team to be cleared to be removed from the quarantine list.

*\*Please note: Development of symptoms and/or testing positive at any time for any of the above scenarios during the quarantine period could extend the return date to school or work. **If you develop symptoms and/or are diagnosed with a positive COVID-19 test, please report this to your school as soon as possible. [\\*Link to symptoms of COVID](#)***

[Link to Myths & Facts about COVID-19 Vaccines](#)

[Link to CT COVID-19 Vaccine Finder](#)

### **4. Previously Covid Positive**

*Individuals who have **documented laboratory confirmed proof of having had covid in the past 90 days**, do not have to quarantine as long as they remain symptom free for the full 14-day period after exposure.* This laboratory confirmed documentation would need to be provided to the school nurse in order to be removed from the quarantine list. Only Individuals who have been proof of a previous positive Covid lab test qualify for this option.

***Being “Presumed Positive” for previous COVID infection does not qualify for this option.***

[Link to CDC Guidance for previously COVID-positive](#)

*\*Please note: Development of symptoms and/or testing positive at any time for any of the above scenarios during the quarantine period could extend the return date to school or work. **If you develop symptoms and/or are diagnosed with a positive COVID-19 test, please report this to your school as soon as possible. [\\*Link to symptoms of COVID](#)***

As previously mentioned above, at any time Trumbull Schools could decide to revert back to previous 10 or 14 day quarantine protocols based on the current spread of COVID in the community or schools. [Link to Daily Data Report for CT.](#)

Best wishes for a healthy remainder of the school year,



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