

DSMS Counseling Curriculum Calendar

Month	Awareness/Prevention	5th	6th	7th	8th
August		<ul style="list-style-type: none"> Welcome Transition to Middle School 	<ul style="list-style-type: none"> Welcome 	<ul style="list-style-type: none"> Welcome 	<ul style="list-style-type: none"> Welcome
September	Suicide Prevention Awareness Month	<ul style="list-style-type: none"> PATH Program Overview PATH Lesson: "Getting to Know Us" 	<ul style="list-style-type: none"> PATH Program Overview PATH Lesson: "Getting to Know Us" 	<ul style="list-style-type: none"> PATH Program Introduction and Overview PATH Lesson: "Refusal Skills" Too Good For Drugs Program 	<ul style="list-style-type: none"> PATH Program Introduction and Overview PATH Lesson: "Peer Pressure" Field Trip: Worlds of Work (WOW)
October	Bullying Prevention Month Substance Awareness and Prevention Campaign / Red Ribbon Week October 24-28	<ul style="list-style-type: none"> PATH Lesson: "My Go-To People" 	<ul style="list-style-type: none"> PATH Lesson: "Go-To People" 	<ul style="list-style-type: none"> PATH Lesson: "Harmful Effects of Use and Abuse" PATH Lesson: "Dependency and Getting Help" Too Good For Drugs Program 	<ul style="list-style-type: none"> PATH Lesson: "Spotlight: Alcohol & Vaping" PATH Lesson: "Addiction"
November	National Career Development Month	<ul style="list-style-type: none"> PATH Lesson: "Trustworthy" 	<ul style="list-style-type: none"> PATH Lesson: "Trustworthy" 	<ul style="list-style-type: none"> Too Good For Drugs Program PATH Lesson: "Understanding Bullying" 	<ul style="list-style-type: none"> PATH Lesson: "Recognizing Bullying" Educational Planning for High School/ Four-Year Plans
December		<ul style="list-style-type: none"> PATH Lesson: "Keeping My Body Safe" 	<ul style="list-style-type: none"> PATH Lesson: "Keeping Safe!" 	<ul style="list-style-type: none"> PATH Lesson: "Your Digital Footprint" 	<ul style="list-style-type: none"> PATH Lesson: "Cyberbullying: The New Bathroom Wall"

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January	Get Organized Month National Mentoring Month National Human Trafficking Month	<ul style="list-style-type: none"> • PATH Lesson: "Coping With Life Events" 	<ul style="list-style-type: none"> • PATH Lesson: "My Life Events and Coping Skills" 	<ul style="list-style-type: none"> • PATH Lesson: "Witness" • PATH Lesson: "Understanding Abuse" 	<ul style="list-style-type: none"> • PATH Lesson: "Training Your Brain to Be Compassionate" • PATH Lesson: "Types of Abuse"
		<ul style="list-style-type: none"> • PATH Lesson: "Can I Make Tough Decisions" 	<ul style="list-style-type: none"> • PATH Lesson: "Decisions, Decisions" 	<ul style="list-style-type: none"> • PATH Lesson: "Coping with Abuse" • PATH Lesson: "Healthy Relationships" 	<ul style="list-style-type: none"> • PATH Lesson: "Varied Effects of Abuse" • PATH Lesson: "Creating Healthy Relationships"
February	Teen Dating Violence Awareness and Prevention Month National School Counseling Week February 6-10 Kindness Campaign / Random Acts of Kindness Week February 13-17				
		<ul style="list-style-type: none"> • PATH Lesson: "What Are My Strengths?" 	<ul style="list-style-type: none"> • PATH Lesson: "How Does My Character Look?" 	<ul style="list-style-type: none"> • PATH Lesson: "Health Includes Mental Health" 	<ul style="list-style-type: none"> • PATH Lesson: "Mental Health: How We Think, Feel, & Act"
March	Gender Equality Month Self-Injury Awareness Day March 1				
April	Child Abuse Prevention Month Mental Health Month	<ul style="list-style-type: none"> • PATH Lesson: "Using My Voice" 	<ul style="list-style-type: none"> • PATH Lesson: "My Voice, My Actions" 	<ul style="list-style-type: none"> • PATH Lesson: "Self-Harm and Healthier Coping Strategies" 	<ul style="list-style-type: none"> • PATH Lesson: "Nonspecific Self-Injury"
		<ul style="list-style-type: none"> • PATH Lesson: "Cyber Trouble" • Transition to 6th Grade 	<ul style="list-style-type: none"> • PATH Lesson: "Out in Cyberspace" • Transition to 7th Grade 	<ul style="list-style-type: none"> • PATH Lesson: "Suicide – The Irreversible Act" • Transition to 8th Grade 	<ul style="list-style-type: none"> • PATH Lesson: "Suicide – The Permanent Decision" • Transition to High School
May	Children's Mental Health Awareness Day May 2				