

# Keene Independent School District

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300 Highway 67 East, PO Box 656, Keene TX 76059 817-774-5200

## School Health Policies and Procedures (sick child being sent home)

We believe that healthy kids learn better! KISD School Health is committed to helping you keep your student healthy, in school, and learning. This takes a team effort. Please let us know how we can assist your child with any health needs.

Please see the district website for all School Health policies and procedures. [www.keeneisd.org](http://www.keeneisd.org) --> Departments --> Health Services --> School Health Policies and Procedures

Parent Portal: Through Parent Portal, parents can use the internet to review all their student's contact information. You can go to the Keene ISD website and login to view information for health services like your student's immunization record. To get your password and gain access to the Parent Portal, please contact the campus office for your student.

Exclusion Policies (General & COVID-19): Keene ISD follows the Texas Education Agency, Center for Disease Control and Texas Department of State Health Services guidelines for communicable diseases in a school setting. Students being sent home due to exclusion policies must be picked up immediately. Symptoms requiring exclusion from school (sent home or absence):

- Fever of 100.0° or greater verified by multiple school clinic thermometers (please do not give fever-reducing medications to send student to school).
- Vomiting (unrelated to overeating, exercise, anxiety, or other non-infectious triggers).
- Diarrhea (unrelated to documented pre-existing gastrointestinal issues).
- Yellow discharge from the eye – pink eye
- Ringworm of the scalp
- The first 24 hours of antibiotic treatment for infections such as pink eye, strep throat, etc.
- New, undiagnosed rash or skin condition, at the nurse's discretion, until verified by the healthcare provider that it is not contagious.
- COVID-19 symptoms: (fever, cough, shortness of breath, loss of taste and/or smell, sore throat, weakness, muscle pains, headache, chills)

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Student

Name: \_\_\_\_\_

Your child is being sent home from school for

\_\_\_\_\_ on \_\_\_\_\_ (date) at \_\_\_\_\_ (time). Your child must be symptom free for 24 hours without medication before returning to school for non-COVID related illnesses.

- Any student sent home by the school nurse for symptoms consistent with COVID, must provide a note from their provider with the date they are allowed to return to school or five days have passed since symptoms first appeared.
- Rapid COVID testing will be made available for symptomatic students after assessment by the school nurse. Testing will only be done with parent written consent. These tests are free. If your student has stayed home and is symptomatic, call the school clinic to schedule covid testing.
- If a student is tested for COVID, please notify the school nurse immediately.

Thank you!

KISD School Health Department

Nurse's Notes:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Nurse Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Reviewed on 12/05/22

## Keene ISD Covid Exposure Policy for Staff and Students

**\*\*Please read closely and note booster status\*\***

***CDC is updating the recommended quarantine period for anyone in the general public who is exposed to COVID-19. For people who are unvaccinated or are more than six months out from their second mRNA dose (or more than 2 months after the J&J vaccine) and not yet boosted, CDC now recommends quarantine for 5 days followed by strict mask use for an additional 5 days. Alternatively, if a 5-day quarantine is not feasible, it is imperative that an exposed person wear a well-fitting mask at all times when around others for 10 days after exposure. Individuals who have received their booster shot do not need to quarantine following an exposure, but should wear a mask for 10 days after the exposure. For all those exposed, best practice would also include a test for SARS-CoV-2 at day 5 after exposure. If symptoms occur, individuals should immediately quarantine until a negative test confirms symptoms are not attributable to COVID-19.***

### *If You Test Positive for COVID-19 (Isolate)*

*Everyone, regardless of vaccination status.*

- *Stay home for 5 days.*
- *If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house.*
- *Continue to wear a mask around others for 5 additional days.*

*If you have a fever, continue to stay home until your fever resolves.*

### *If You Were Exposed to Someone with COVID-19 (Quarantine)*

*If you:*

*Have been boosted*

*OR*

*Completed the primary series of Pfizer or Moderna vaccine within the last 6 months*

*OR*

*Completed the primary series of J&J vaccine within the last 2 months*

- *Wear a mask around others for 10 days.*
- *Test on day 5, if possible.*

*If you develop symptoms, get a test and stay home.*

*If you:*

*Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted*

*OR*

*Completed the primary series of J&J over 2 months ago and are not boosted*

*OR*

*Are unvaccinated*

- *Stay home for 5 days. After that continue to wear a mask around others for 5 additional days.*
- *If you can't quarantine you must wear a mask for 10 days.*
- *Test on day 5 if possible.*

*If you develop symptoms get a test and stay home*

Page last reviewed: December 6, 2022

Content source: [Centers for Disease Control and Prevention](#)