

## Courses Available

Foundations of Health Science 490007

Health Promotion and Wellness 490021

Body Structures and Functions 490015

Medical Terminology 490033

Therapeutic Services 490023



ALABAMA  
**HOSA**



Winston County  
Technical Center  
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# Health Science

## Winston County Technical Center

**Instructor  
Kristen  
McGay**

**205-489-2121**





### What is the health science program?

The health science program is designed to introduce you to a variety of health related material. The courses are designed to be a sequence beginning your sophomore year and ending your senior year. You will learn if healthcare is the right place for you. Various credentials are available including nurse aid training, healthcare provider CPR, and certified medical assistant. If you complete the 5-course sequence in the spring of your senior year, you are eligible to intern in various healthcare settings based on your interest. Through the Workforce Development Grant we were able to design and furnish a state of the art health science lab. You will learn how to perform various health science skills on lifelike simulation models and will learn various aspects of the healthcare setting, including client communication, documentation, and accountability.

HOSA is the career tech student organization for health science students. Through HOSA, you will have the opportunity to participate in health science related service projects, compete for scholarships at various community colleges, and attend the annual state HOSA convention and competition. At the state convention and competition, you will have the opportunity to meet health science students from all over the state of Alabama and begin establishing your network as a future health professional. You will also have the opportunity to compete in a wide variety of events.

**The Winston County Board of Education does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups.**

**The following person has been designated to handle inquiries regarding the non-discrimination policies:**

**Mr. Shandy Porter (Title IX)  
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205-489-5018, ext. 6714**

**Mrs. Lauren Archer (504)  
Special Education Director  
PO Box 9, Double Springs, AL 35553  
205-489-5018, ext. 6727**

#### Instructor

Kristen McCay, RN, BSN

Kristen is an Arley resident but is a native of Walker County. She graduated from Walker High School in 2004. She received her associate's degree in nursing from Beville State Community College in May 2007 and her bachelor's degree in nursing from the University of North Alabama in July 2011. She is currently enrolled in the master of nursing program at the University of North Alabama. She has nursing experience that includes medical-surgical and women's hospital nursing, obstetric and gynecological office nursing, and clinical instruction. She has been teaching Health Science at the Winston County Technical Center since January 2014.

#### Contact Information

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