



Monday January 16, 2023		Dining Hall Hours	
Breakfast Grill Martin Luther King Day!!		\$4.95	Breakfast - 7:00-8:00 am Snack - 9:25-9:40 am Lunch - Both Lunches After School Treats - 2:40-3:00 pm
Meatless Monday!!		\$7.95	
Passage to India		\$7.95	
Market Grill		\$7.95	
Stone Hearth Oven		\$7.95	
Grab and Go		6.50 - 6.95	
After School Treats		4.50 - 4.95	
Tuesday January 17, 2023		Breakfast Boosters	
Breakfast Grill Chocolate Chip Pancakes w/ Cage Free Scramble Eggs, Breakfast Potatoes, Applewood Smoked Bacon		\$6.95	Organic yogurt, house made granola and assorted organic fruits
Platillos Latinos Braised Free Range Chicken Burrito Bowls w/ Slow Cooked Black Beans, Cilantro Rice, and Garden Salsa		\$7.95	
Platillos Latinos Beef Enchiladas Bake w/ Cilantro Rice, Garden Fresh Salsa and Organic Black Beans		\$7.95	
Market Grill Chocolate Chip Pancakes w/ Cage Free Scramble Eggs, Breakfast Potatoes, Applewood Smoked Bacon		\$6.95	
Stone Hearth Oven Assorted Pizza, Cheese, Pepperoni, Combination		\$6.95	
Grab and Go Assorted Sandwiches, Assorted Salads		6.50 - 6.95	
After School Treats Spicy Korean Chicken Wings		4.50 - 4.95	
Wednesday January 18, 2023		Offered Daily	
Breakfast Grill Buttermilk Biscuits and Gravy, Country Potatoes		\$6.95	Fresh Garden Salad Bar with organic vegetables, assorted toppings and house made dressing!
Global Adventure Crispy Chicken Parmesan w/ Thirty Hour Marinara, Sour Dough Charlic Bread and Garden Ratatouille		\$7.95	
Global Adventure Baked Vegetarian Penne Pasta, Mozzarella, Garlic Bread, Garden Ratatouille		\$7.95	
Market Grill Cast Iron Grilled Grass Fed Burger w/ House-made Chips		\$6.95	
Stone Hearth Oven Assorted Pizza, Cheese, Pepperoni, Combination		\$6.95	
Grab and Go Assorted Sandwiches, Assorted Salads		6.50 - 6.95	
After School Treats Soft Pretzels w/ Honey Mustard		4.50 - 4.95	
Thursday January 19, 2023			
Breakfast Grill Pumpkin Pancakes, Maple Butter, Crispy Hash Browns, Applewood Bacon		\$4.95	
Market Grill Herb Roasted Chicken, Whipped Potatoes, Country Gravy, Roasted Brocolini		\$7.95	
Route 66 Adventure Amarillo, TX: BBQ Tofu, Mashed Potatoes, Roasted Brocolini		\$7.95	
Market Grill Cast Iron Grilled Grass Fed Burger w/ House-made Chips		\$6.95	
Stone Hearth Oven Assorted Pizza, Cheese, Pepperoni, Combination		\$6.95	
Grab and Go Assorted Sandwiches, Assorted Salads		6.50 - 6.95	
After School Treats Free Range Chicken Asada Nachos		4.50 - 4.95	
Friday January 20, 2023			
Breakfast Grill Cage Free Scramble Eggs, Breakfast Potatoes, Applewood Smoked Bacon, Sausage		\$4.95	
Food Truck Friday Short Rib Grilled Cheese, Crispy Fries, Fall Mixed Green Salad		\$7.95	
Food Truck Friday Blackened Catfish Po-Boy, House-cut Chips, Meyer Lemon Cole Slaw		\$7.95	
Market Grill Cast Iron Grilled Grass Fed Burger w/ House-made Chips		\$6.95	
Stone Hearth Oven Assorted Pizza, Cheese, Pepperoni, Combination		\$6.95	
Grab and Go Assorted Sandwiches, Assorted Salads		6.50 - 6.95	
After School Treats House-made Ice Cream Sandwiches		4.50 - 4.95	

Menu Key



Vegetarian



Cage Free



Free Range



Gluten Free



Grass Fed



Organic

It is important that an athlete's diet provide the right amount of energy, nutrients and fluids that the body needs. No single supplement can do this. It takes a variety of foods every day! Epicurean Group strives to provide student athlete's with the most nutrient dense and delicious food possible every single day!

Epicurean Group at Moreau Catholic High School

Chef / Manager:
Roger Stillman

Sous Chef:
Tom Huxley