

WLA_GTM@LAP - 1/6/2023

SMAC Swim Season 22-23

Results

Event 1 Men 200 Yard Medley Relay

| Team | Relay | Seed Time | Finals Time |
|---|--------------------------------------|-------------------------------|----------------------------------|
| 1 Great Mills High School 1) Raney, Lucas JR 29.94 31.57 26.86 | A 2) Kim, Joshua SR 23.35 | 1:48.95 3) Ross, Robert SO | 1:51.72 4) Davis, Joseph SR |
| 2 La Plata High School 1) Saunders, Zachary FR 32.05 32.02 27.34 | A 2) Abelende, Landon FR 23.80 | NT 3) Kang, Daniel JR | 1:55.21 4) Curtis, Mario JR |
| 3 La Plata High School 1) MacMillan, Sean JR 32.28 35.34 29.67 | B 2) Myers, Alexander FR 27.55 | NT 3) Tidwell, Joshua FR | 2:04.84 4) Smith, Michael SO |
| 4 Westlake High School 1) Lema, Sean JR 43.61 36.32 34.59 | A 2) Cruz, AJ SO 28.28 | NT 3) Ghrist, Eric SO | 2:22.80 4) Whittakor, Noah SO |
| 5 Great Mills High School 1) Magpuri, Linden SR 34.32 40.07 28.26 | B 2) Chen, Erik FR 46.38 | NT 3) Swift, Jake SO | 2:29.03 4) Hodack, Owen FR |

Event 2 Women 200 Yard Medley Relay

| Team | Relay | Seed Time | Finals Time |
|--|-------------------------------------|----------------------------------|-------------------------------------|
| 1 La Plata High School 1) Donnick, Addy JR 27.38 32.27 30.55 | A 2) Woolsey, Jadyne SO 29.43 | NT 3) Rupard, Alex SO | 1:59.63 4) Cupples, Kaeleigh SR |
| 2 Great Mills High School 1) Quinn, Olivia FR 33.96 36.40 29.33 | A 2) Nelson, Camille SO 29.83 | 2:07.38 3) Willey, Addison JR | 2:09.52 4) Galletti, Sofia SR |
| 3 La Plata High School 1) Gilmore, Sydney FR 34.38 36.65 35.61 | B 2) Tompkins, Ryann JR 30.79 | NT 3) Dang, Sarah SO | 2:17.43 4) Grimsley, Isabella JR |
| 4 Great Mills High School 1) Magpuri, Lindsey JR 36.41 38.89 35.13 | B 2) Willey, Eryn FR 35.41 | NT 3) Aaron, Annalise JR | 2:25.84 4) Johnson, Emily SO |

Event 3 Men 200 Yard Freestyle

| Name | Yr School | Seed Time | Finals Time |
|--|-------------------------------------|-----------|-------------|
| 1 Todd, Nathan 26.34 29.91 31.29 | JR La Plata High School 28.95 | NT | 1:56.49 |
| 2 Ross, Robert 26.91 29.74 31.14 | SO Great Mills High School 30.94 | 2:17.00 | 1:58.73 |
| 3 Smith, Steven 29.87 32.84 34.53 | SO La Plata High School 33.77 | NT | 2:11.01 |
| 4 Murphy, Sean 32.63 35.63 38.14 | JR La Plata High School 34.64 | NT | 2:21.04 |
| 5 Magpuri, Linden 31.49 35.36 39.26 | SR Great Mills High School 39.53 | NT | 2:25.64 |
| 6 Carey, Reed 36.45 37.37 42.24 | SO Great Mills High School 42.82 | 2:42.01 | 2:38.88 |

Event 4 Women 200 Yard Freestyle

| Name | Yr School | Seed Time | Finals Time |
|--|-------------------------------------|-----------|-------------|
| 1 Johnston, Katelyn 28.62 31.20 32.10 | SO Great Mills High School 31.94 | NT | 2:03.86 |
| 2 Cupples, Kaeleigh 30.26 33.67 35.04 | SR La Plata High School 35.29 | NT | 2:14.26 |

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(Event 4 Women 200 Yard Freestyle)

| Name | Yr | School | Seed Time | Finals Time |
|--|----|-------------------------|-----------|-------------|
| 3 Crownover, Sydney 33.07 36.54 38.28 | JR | Great Mills High School | NT | 2:26.76 |
| 4 Willey, Eryn 34.48 37.76 38.13 | FR | Great Mills High School | 2:28.23 | 2:27.40 |
| 5 Meiser, MacKenzie 35.73 38.43 39.98 | JR | La Plata High School | NT | 2:31.34 |
| 6 Gilmore, Sydney 33.99 39.56 41.32 | FR | La Plata High School | NT | 2:34.86 |
| 7 Zhou, Veronica 40.14 45.90 47.87 | SR | Great Mills High School | NT | x3:00.97 |
| 8 Stauffer, Jaelyn 40.85 46.93 50.98 | JR | La Plata High School | NT | x3:08.52 |

Event 5 Men 200 Yard IM

| Name | Yr | School | Seed Time | Finals Time |
|--|----|-------------------------|-----------|-------------|
| 1 Cupples, Clinton 25.66 32.85 38.91 | SO | La Plata High School | NT | 2:08.67 |
| 2 Saunders, Zachary 33.11 36.13 48.00 | FR | La Plata High School | NT | 2:29.07 |
| 3 Swift, Jake 29.70 36.64 49.57 | SO | Great Mills High School | 2:31.57 | 2:29.37 |
| 4 Kang, Daniel 29.06 42.26 48.66 | JR | La Plata High School | NT | 2:37.00 |
| 5 Ghrist, Eric 39.70 47.28 57.87 | SO | Westlake High School | NT | 3:05.98 |
| --- Lema, Sean 48.57 52.26 1:08.92 | JR | Westlake High School | NT | DQ |
| --- Chen, Erik 33.84 45.67 50.16 | FR | Great Mills High School | NT | DQ |
| --- Deloggio, Peter 33.23 40.04 42.76 | FR | Great Mills High School | NT | DQ |

Event 6 Women 200 Yard IM

| Name | Yr | School | Seed Time | Finals Time |
|---|----|-------------------------|-----------|-------------|
| 1 Willey, Addison 30.55 38.91 46.37 | JR | Great Mills High School | NT | 2:29.93 |
| 2 Quinn, Olivia 32.57 42.15 48.22 | FR | Great Mills High School | NT | 2:38.91 |
| 3 Milani, Ashlyn 31.94 39.96 49.45 | FR | La Plata High School | NT | 2:39.24 |
| 4 Tompkins, Ryann 37.80 46.93 47.44 | JR | La Plata High School | NT | 2:52.88 |
| 5 Leonard, Hailey 39.54 43.26 55.61 | JR | La Plata High School | NT | 2:55.85 |
| 6 Galletti, Sofia 35.15 44.31 57.67 | SR | Great Mills High School | 2:51.68 | 2:55.91 |
| 7 Grimsley, Isabella 42.58 48.52 1:35.19 | JR | La Plata High School | NT | x3:06.29 |
| --- Pender, Julia 50.94 58.06 2:16.90 | SO | Westlake High School | NT | DQ |

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Event 7 Men 50 Yard Freestyle

| Name | Yr | School | Seed Time | Finals Time |
|----------------------|----|-------------------------|-----------|-------------|
| 1 Todd, Nathan | JR | La Plata High School | NT | 23.21 |
| 2 Curtis, Mario | JR | La Plata High School | NT | 24.20 |
| 3 Abelende, Landon | FR | La Plata High School | NT | 24.56 |
| 4 Morris, Peter | SR | Great Mills High School | 25.99 | 25.87 |
| 5 Murphy, Sean | JR | La Plata High School | NT | x27.85 |
| 6 Whittakor, Noah | SO | Westlake High School | NT | 28.44 |
| 7 Reineke, Mark | JR | Great Mills High School | 31.94 | 30.50 |
| 8 Cruz, AJ | SO | Westlake High School | NT | 30.72 |
| 9 Hodack, Owen | FR | Great Mills High School | 45.92 | 48.01 |
| --- Tidwell, Joshua | FR | La Plata High School | NT | X26.26 |
| --- Smith, Michael | SO | La Plata High School | NT | X27.35 |
| --- Bragunier, Dolan | SO | La Plata High School | NT | X35.43 |

Event 8 Women 50 Yard Freestyle

| Name | Yr | School | Seed Time | Finals Time |
|----------------------|----|-------------------------|-----------|-------------|
| 1 Woolsey, Jady | SO | La Plata High School | NT | 25.55 |
| 2 Johnston, Katelyn | SO | Great Mills High School | 26.90 | 26.76 |
| 3 Cupples, Kaeleigh | SR | La Plata High School | NT | 27.53 |
| 4 Rupard, Alex | SO | La Plata High School | NT | 28.44 |
| 5 Baker, Noe | SR | Great Mills High School | NT | 28.67 |
| 6 Crownover, Sydney | JR | Great Mills High School | 29.41 | 29.15 |
| 7 Dennison, Ella | SO | La Plata High School | NT | x29.20 |
| 8 Olufade, Kemi | JR | Westlake High School | NT | 36.71 |
| 9 Saravia, Carolina | SO | Great Mills High School | NT | x39.21 |
| --- Owens, Sarah | FR | La Plata High School | NT | X33.26 |
| --- Bragunier, Devon | SR | La Plata High School | NT | X33.80 |
| --- Stauffer, Jaelyn | JR | La Plata High School | NT | X34.00 |
| --- Parks, Abigail | FR | La Plata High School | NT | X36.36 |

Event 11 Men 100 Yard Butterfly

| Name | Yr | School | Seed Time | Finals Time |
|------------------------------------|----|-------------------------|-----------|-------------|
| 1 Cupples, Clinton 25.59 30.10 | SO | La Plata High School | NT | 55.69 |
| 2 Davis, Joseph 28.32 32.39 | SR | Great Mills High School | NT | 1:00.71 |
| 3 Kim, Joshua 28.73 34.96 | SR | Great Mills High School | 1:03.95 | 1:03.69 |
| 4 Kang, Daniel 29.22 35.61 | JR | La Plata High School | NT | 1:04.83 |
| 5 Chen, Erik 33.72 45.95 | FR | Great Mills High School | NT | 1:19.67 |
| 6 Ghrist, Eric 42.89 52.37 | SO | Westlake High School | NT | 1:35.26 |
| --- Tidwell, Joshua 31.89 45.37 | FR | La Plata High School | NT | DQ |

Event 12 Women 100 Yard Butterfly

| Name | Yr | School | Seed Time | Finals Time |
|--------------------------------|----|----------------------|-----------|-------------|
| 1 Donnack, Addy 28.02 32.71 | JR | La Plata High School | NT | 1:00.73 |

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(Event 12 Women 100 Yard Butterfly)

| Name | Yr | School | Seed Time | Finals Time |
|----------------------------------|----|-------------------------|-----------|-------------|
| 2 Willey, Addison 31.67 36.20 | JR | Great Mills High School | 1:06.89 | 1:07.87 |
| 3 Rupard, Alex 34.15 37.63 | SO | La Plata High School | NT | 1:11.78 |
| 4 Milani, Ashlyn 32.88 39.29 | FR | La Plata High School | NT | 1:12.17 |
| 5 Nelson, Camille 33.53 39.17 | SO | Great Mills High School | 1:12.54 | 1:12.70 |
| 6 Mussante, Rylin 32.94 40.19 | FR | La Plata High School | NT | x1:13.13 |
| 7 Johnson, Emily 43.49 52.62 | SO | Great Mills High School | 1:38.70 | 1:36.11 |

Event 13 Men 100 Yard Freestyle

| Name | Yr | School | Seed Time | Finals Time |
|-----------------------------------|----|-------------------------|-----------|-------------|
| 1 Abelende, Gavin 23.37 24.81 | SO | La Plata High School | NT | 48.18 |
| 2 Curtis, Mario 26.02 27.63 | JR | La Plata High School | NT | 53.65 |
| 3 Swift, Jake 27.64 31.07 | SO | Great Mills High School | NT | 58.71 |
| 4 Myers, Alexander 29.53 31.06 | FR | La Plata High School | NT | 1:00.59 |
| 5 Smith, Michael 30.13 33.46 | SO | La Plata High School | NT | x1:03.59 |
| 6 Carey, Reed 34.22 37.91 | SO | Great Mills High School | 1:12.89 | 1:12.13 |
| 7 Reineke, Mark 34.02 39.10 | JR | Great Mills High School | 1:20.24 | 1:13.12 |
| 8 Lema, Sean 35.21 39.70 | JR | Westlake High School | NT | 1:14.91 |
| 9 Hodack, Owen 47.96 58.77 | FR | Great Mills High School | NT | x1:46.73 |

Event 14 Women 100 Yard Freestyle

| Name | Yr | School | Seed Time | Finals Time |
|------------------------------------|----|-------------------------|-----------|-------------|
| 1 Dennison, Ella 29.80 33.97 | SO | La Plata High School | NT | 1:03.77 |
| 2 Meiser, MacKenzie 32.69 34.01 | JR | La Plata High School | NT | 1:06.70 |
| 3 Dang, Sarah 31.79 36.10 | SO | La Plata High School | NT | 1:07.89 |
| 4 Aaron, Annalise 32.86 36.56 | JR | Great Mills High School | NT | 1:09.42 |
| 5 Harney, Wrenn 34.15 38.05 | SR | Great Mills High School | 1:10.85 | 1:12.20 |
| 6 Owens, Sarah 34.96 37.36 | FR | La Plata High School | NT | x1:12.32 |
| 7 Baker, Yui 34.07 38.75 | SO | Great Mills High School | 1:13.70 | 1:12.82 |
| 8 Magpuri, Lindsey 34.03 38.89 | JR | Great Mills High School | NT | x1:12.92 |

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Results

(Event 14 Women 100 Yard Freestyle)

| Name | Yr | School | Seed Time | Finals Time |
|-----------------|----|----------------------|-----------|-------------|
| 9 Olufade, Kemi | JR | Westlake High School | NT | 1:35.89 |
| 40.93 54.96 | | | | |

Event 15 Men 500 Yard Freestyle

| Name | Yr | School | Seed Time | Finals Time |
|---|----|-------------------------|-----------|-------------|
| 1 Ross, Robert | SO | Great Mills High School | NT | 5:42.54 |
| 30.63 33.77 34.78 34.82 34.71 36.13 35.62 35.63 | | | | |
| 34.73 31.72 | | | | |
| 2 Raney, Lucas | JR | Great Mills High School | 5:36.92 | 5:54.20 |
| 29.50 33.95 35.46 36.35 37.46 37.71 37.30 37.77 | | | | |
| 35.91 32.79 | | | | |
| 3 MacMillan, Sean | JR | La Plata High School | NT | 6:20.92 |
| 30.16 35.52 37.84 39.43 39.06 39.26 40.16 40.82 | | | | |
| 40.49 38.18 | | | | |
| 4 Peterson, John | SO | La Plata High School | NT | 6:42.86 |
| 32.61 38.52 40.54 41.33 42.16 42.37 41.63 41.31 | | | | |
| 41.96 40.43 | | | | |

Event 16 Women 500 Yard Freestyle

| Name | Yr | School | Seed Time | Finals Time |
|---|----|-------------------------|-----------|-------------|
| 1 Donnick, Addy | JR | La Plata High School | NT | 5:30.46 |
| 28.23 31.99 33.61 33.63 33.44 33.90 34.93 34.55 | | | | |
| 34.39 31.79 | | | | |
| 2 Baker, Noe | SR | Great Mills High School | 6:21.73 | 6:09.39 |
| 32.10 35.99 36.81 37.76 37.82 38.11 38.21 38.27 | | | | |
| 38.02 36.30 | | | | |
| 3 Nelson, Camille | SO | Great Mills High School | 6:01.15 | 6:11.91 |
| 32.29 35.82 37.49 38.49 38.41 38.95 39.24 38.94 | | | | |
| 36.96 35.32 | | | | |
| 4 Leonard, Hailey | JR | La Plata High School | NT | 7:17.04 |
| 38.36 43.85 46.53 45.27 45.60 44.55 43.51 44.71 | | | | |
| 43.08 41.58 | | | | |
| 5 Huber, Cassie | SR | Westlake High School | NT | 7:35.01 |
| 40.77 44.89 45.62 45.88 46.67 45.50 46.93 47.55 | | | | |
| 46.27 44.93 | | | | |

Event 17 Men 200 Yard Freestyle Relay

| Team | Relay | Seed Time | Finals Time |
|---------------------------|---------------------|------------------------|-----------------------|
| 1 La Plata High School | A | NT | 1:33.93 |
| 1) Cupples, Clinton SO | 2) Todd, Nathan JR | 3) Abelende, Landon FR | 4) Abelende, Gavin SO |
| 23.37 23.24 24.80 22.52 | | | |
| 2 Great Mills High School | A | 1:43.63 | 1:41.56 |
| 1) Magpuri, Linden SR | 2) Morris, Peter SR | 3) Raney, Lucas JR | 4) Davis, Joseph SR |
| 26.10 26.02 26.07 23.37 | | | |
| 3 La Plata High School | B | NT | 1:46.33 |
| 1) Saunders, Zachary FR | 2) Kang, Daniel JR | 3) Smith, Steven SO | 4) MacMillan, Sean JR |
| 26.63 26.06 25.72 27.92 | | | |
| 4 Great Mills High School | B | NT | 1:57.21 |
| 1) Carey, Reed SO | 2) Reineke, Mark JR | 3) Deloggio, Peter FR | 4) Swift, Jake SO |
| 31.76 31.48 27.12 26.85 | | | |
| 5 Westlake High School | A | NT | 2:00.85 |
| 1) Whittakor, Noah SO | 2) Cruz, AJ SO | 3) Lema, Sean JR | 4) Ghrist, Eric SO |
| 28.76 30.41 34.50 27.18 | | | |

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Results

Event 18 Women 200 Yard Freestyle Relay

| Team | Relay | Seed Time | Finals Time |
|--|----------------------------------|-----------------------|--------------------------|
| 1 Great Mills High School | A | 1:53.57 | 1:49.08 |
| 1) Johnston, Katelyn SO 27.43 28.12 27.62 | 2) Baker, Noe SR 25.91 | 3) Quinn, Olivia FR | 4) Willey, Addison JR |
| 2 La Plata High School | A | NT | 1:51.29 |
| 1) Woolsey, Jadya SO 25.56 28.70 29.38 | 2) Milani, Ashlyn FR 27.65 | 3) Rupard, Alex SO | 4) Dennison, Ella SO |
| 3 La Plata High School | B | NT | 1:59.82 |
| 1) Mussante, Rylin FR 30.33 29.44 29.63 | 2) Meiser, MacKenzie JR 30.42 | 3) Tompkins, Ryann JR | 4) Grimsley, Isabella JR |
| 4 Great Mills High School | B | NT | 2:21.57 |
| 1) Harney, Wrenn SR 32.57 47.34 31.65 | 2) Saravia, Carolina SO 30.01 | 3) Aaron, Annalise JR | 4) Crownover, Sydney JR |

Event 19 Men 100 Yard Backstroke

| Name | Yr School | Seed Time | Finals Time |
|---------------------------------------|----------------------------|-----------|-------------|
| 1 Abelende, Gavin 27.27 29.90 | SO La Plata High School | NT | 57.17 |
| 2 Kim, Joshua 32.41 34.44 | SR Great Mills High School | NT | 1:06.85 |
| 3 Raney, Lucas 33.12 34.15 | JR Great Mills High School | 1:05.20 | 1:07.27 |
| 4 Saunders, Zachary 34.45 34.31 | FR La Plata High School | NT | 1:08.76 |
| 5 Morris, Peter 34.32 36.51 | SR Great Mills High School | 1:19.14 | 1:10.83 |
| 6 MacMillan, Sean 34.78 37.01 | JR La Plata High School | NT | 1:11.79 |
| 7 Vigneault, Alexander 46.20 53.75 | SR La Plata High School | NT | x1:39.95 |

Event 20 Women 100 Yard Backstroke

| Name | Yr School | Seed Time | Finals Time |
|----------------------------------|----------------------------|-----------|-------------|
| 1 Gilmore, Sydney 34.77 39.15 | FR La Plata High School | NT | 1:13.92 |
| 2 Quinn, Olivia 37.27 41.54 | FR Great Mills High School | NT | 1:18.81 |
| 3 Galletti, Sofia 38.01 42.45 | SR Great Mills High School | 1:19.65 | 1:20.46 |
| 4 Harney, Wrenn 42.02 44.55 | SR Great Mills High School | NT | 1:26.57 |
| 5 Zhou, Veronica 43.30 46.99 | SR Great Mills High School | NT | x1:30.29 |
| 6 Huber, Cassie 45.85 48.24 | SR Westlake High School | NT | 1:34.09 |
| 7 Dang, Sarah 45.61 48.97 | SO La Plata High School | NT | 1:34.58 |
| 8 Pender, Julia 50.27 55.59 | SO Westlake High School | NT | 1:45.86 |
| 9 Savoy, Jayda | JR La Plata High School | NT | 1:47.67 |

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SMAC Swim Season 22-23

Results

Event 21 Men 100 Yard Breaststroke

| Name | Yr | School | Seed Time | Finals Time |
|-----------------------------------|----|-------------------------|-----------|-------------|
| 1 Abelende, Landon 32.14 35.93 | FR | La Plata High School | NT | 1:08.07 |
| 2 Davis, Joseph 32.44 35.71 | SR | Great Mills High School | 1:07.55 | 1:08.15 |
| 3 Deloggio, Peter 36.84 40.39 | FR | Great Mills High School | 1:17.03 | 1:17.23 |
| 4 Myers, Alexander 37.09 43.82 | FR | La Plata High School | NT | 1:20.91 |
| 5 Magpuri, Linden 38.23 42.99 | SR | Great Mills High School | NT | 1:21.22 |
| 6 Peterson, John 40.88 48.66 | SO | La Plata High School | NT | 1:29.54 |
| 7 Whittakor, Noah 42.32 48.59 | SO | Westlake High School | NT | 1:30.91 |
| 8 Cruz, AJ 43.42 48.08 | SO | Westlake High School | NT | 1:31.50 |
| 9 Bragunier, Dolan 47.62 57.62 | SO | La Plata High School | NT | x1:45.24 |

Event 22 Women 100 Yard Breaststroke

| Name | Yr | School | Seed Time | Finals Time |
|-------------------------------------|----|-------------------------|-----------|-------------|
| 1 Woolsey, Jady 34.35 38.69 | SO | La Plata High School | NT | 1:13.04 |
| 2 Tompkins, Ryann 39.00 43.82 | JR | La Plata High School | NT | 1:22.82 |
| 3 Willey, Eryn 40.01 46.92 | FR | Great Mills High School | 1:25.28 | 1:26.93 |
| 4 Grimsley, Isabella 42.16 47.43 | JR | La Plata High School | NT | 1:29.59 |
| 5 McCowan, Jenna 41.78 48.66 | SR | La Plata High School | NT | x1:30.44 |
| 6 Magpuri, Lindsey 42.76 48.56 | JR | Great Mills High School | NT | 1:31.32 |
| 7 Johnson, Emily 48.14 52.96 | SO | Great Mills High School | NT | 1:41.10 |
| 8 Aaron, Annalise 47.92 53.66 | JR | Great Mills High School | 1:40.09 | x1:41.58 |

Event 23 Men 400 Yard Freestyle Relay

| Team | Relay | Seed Time | Finals Time |
|---|--|--------------------------------------|------------------------|
| 1 La Plata High School | A | NT | 3:25.30 |
| 1) Cupples, Clinton SO 24.37 51.12 24.46 | 2) Todd, Nathan JR 51.25 25.79 53.52 | 3) Curtis, Mario JR 23.80 49.41 | 4) Abelende, Gavin SO |
| 2 Great Mills High School | A | 3:46.73 | 3:55.87 |
| 1) Kim, Joshua SR 26.67 56.38 31.01 | 2) Morris, Peter SR 1:04.97 29.63 1:01.07 | 3) Deloggio, Peter FR 25.40 53.45 | 4) Ross, Robert SO |
| 3 La Plata High School | B | NT | 4:12.15 |
| 1) Smith, Steven SO 29.01 59.84 29.19 | 2) Tidwell, Joshua FR 1:03.09 30.48 1:04.84 | 3) Murphy, Sean JR 30.15 1:04.38 | 4) Myers, Alexander FR |
| 4 Great Mills High School | B | NT | 5:14.96 |
| 1) Hodack, Owen FR 48.83 1:48.31 31.04 | 2) Reineke, Mark JR 1:10.83 34.32 1:12.70 | 3) Carey, Reed SO 29.35 1:03.12 | 4) Chen, Erik FR |

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| Team | Relay | Seed Time | Finals Time |
|--|--|---------------------------------------|-------------------------|
| 1 La Plata High School | A | NT | 4:04.56 |
| 1) Cupples, Kaeleigh SR 29.06 1:01.24 29.62 | 2) Milani, Ashlyn FR 1:02.18 29.80 1:04.72 | 3) Dennison, Ella SO 26.50 56.42 | 4) Donnick, Addy JR |
| 2 Great Mills High School | A | 4:03.14 | 4:16.73 |
| 1) Baker, Noe SR 29.96 1:02.59 32.18 | 2) Galletti, Sofia SR 1:09.48 30.58 1:04.77 | 3) Nelson, Camille SO 28.56 59.89 | 4) Johnston, Katelyn SO |
| 3 Great Mills High School | B | NT | 4:41.71 |
| 1) Harney, Wrenn SR 36.33 1:19.47 27.38 | 2) Crownover, Sydney JR 1:00.81 34.17 1:12.58 | 3) Baker, Yui SO 32.91 1:08.85 | 4) Willey, Eryn FR |
| 4 La Plata High School | B | NT | 4:46.31 |
| 1) Gilmore, Sydney FR 34.05 1:12.96 33.54 | 2) Dang, Sarah SO 1:09.38 32.88 1:13.31 | 3) McCowan, Jenna SR 33.21 1:10.66 | 4) Leonard, Hailey JR |

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SMAC Swim Season 22-23**Dual Meet Scores - Through Event 24****Men**

| | | | |
|-------------------------|--------|--------|-------------------------|
| La Plata High School | 187.00 | 33.00 | Westlake High School |
| Great Mills High School | 176.00 | 39.00 | Westlake High School |
| La Plata High School | 155.00 | 111.00 | Great Mills High School |

Women

| | | | |
|-------------------------|--------|--------|-------------------------|
| La Plata High School | 189.00 | 23.00 | Westlake High School |
| Great Mills High School | 192.00 | 20.00 | Westlake High School |
| La Plata High School | 150.00 | 123.00 | Great Mills High School |