

# K5 Readiness Guide

## *K5 Skills*

Listed below are a variety of skills that 5-year olds are expected to exhibit:

- Can identify upper and lower case letters in random order
- Knows letter sounds
- Can recognize and count numbers 1 to 10
- Understands counting is one to one
- Understands that reading is a left to right and top to bottom progression
- Understands to form letters from top to bottom
- Fine motor skills are appropriately developed so that the child can hold scissors correctly and cut, following a simple pattern
- Can color within the lines
- Can draw a person correctly
- Demonstrates an age-appropriate level of independence, i.e. they can take care of personal needs (zip/button coats and sweaters, restroom needs, etc.)
- Can separate from parent and make transitions without difficulty
- Obeys/respects authority (strives to follow directions and work as a part of a group)
- Uses correct pencil grip
- Writes name using correct letter placement and formation
- Can identify color words
- Can identify their written name
- Can follow verbal directions
- Can work in a group

\*Applicant must be 5 years old on or before September 1st.\*

## *Preparedness Activities*

Here are suggested activities to aid in the preparation for K5:

### **Reading:**

- Let your child see you reading
- Read to your child daily
- Talk about the book as you read
- Point out the title, author, and illustrator
- Point out words or phrases that are repeated several times throughout the story
- Encourage your child to point to the word with his or her finger as he/she reads
- Look for letters in everyday life (billboards, restaurants, road signs, cereal boxes, etc.)
- Help your child write a story or make a simple book

### **Writing:**

- Have a variety of writing supplies available (pencils, crayons, markers, chalk, etc.)
- Practice drawing four basic shapes (circle, triangle, square, rectangle)
- Have your child draw pictures
- Use simple word searches
- Use chalk, finger-paints or shaving cream to practice letters, shapes, etc.

### **Math:**

- Sort, group and count objects to make a pattern
- Count money such as pennies, dimes, quarters, nickels, and dollar bills
- Use playing cards to play number recognition and matching games
- Have your child build things with blocks, Lego's, etc.
- Have your child help with cooking. Use a measuring spoon or cup to measure the ingredients

### **Fine Motor Skills:**

- String beads, macaroni, etc.
- Practice buttons, snaps, zippers, and shoe laces
- Work with clay or playdoh
- Use scissors
- Trace stencils

### **Large Motor Skills:**

- Play games throwing, running, jumping, and walking
- Balance/hop on one foot
- Skip
- Jump rope
- Pedal and steer a bike