

29 CREATIVE JOURNAL PROMPTS FOR TEENS

1. Have you ever had to have a really difficult conversation with someone? How did you handle it?
2. If you could spend a day with one of your ancestors, what would you ask them?
3. What brings you the most joy?
4. Write about a time when you admired the way someone took the lead in a difficult situation.
5. You have to relive an entire year of your life. Which year would you pick and what would you do differently?
6. Do you prefer to be in the spotlight or behind the scenes? Do you ever make an exception?
7. It's graduation day. What words of wisdom do you have for your younger self? What's the first thing you're going to do after the ceremony?
8. If you could live in the fictional world of any book or series, which one would you choose and why?
9. Are you a saver or a spender? In what ways does this habit help you or hold you back?
10. You're stuck in an elevator. Who would you most want to be stuck with? What would you talk about?
11. Think of an area in your hometown that needs improvement. What would you do to transform it? Describe what it would look like after.
12. If you could change three things about the world, what would you change and why?
13. What effect do you think social media has on you and the people around you?
14. What do you want to be remembered for?
15. You want to get a summer job to help earn money for college. Based on your talents, what job would you be best suited for?
16. You've just won \$10,000. Make a list telling how you will use it.
17. What are the best ways to give back to your community?
18. What is one thing your parents do now that you will never do when you have children?
19. What motivates you the most?
20. Do you think our society values personal privacy enough? Why or why not?
21. If you could travel to any time, past or future, what year would you go to? What or who would you want to see or learn about?
22. What's your funniest memory from your childhood?
23. Are you usually on time, late, or early? What does this say about you?
24. When you hang out with your friends, do you prefer to stay at home or go out? What are your favorite things to do together?
25. Which fictional character do you relate to the most? Describe the similarities between them and you.
26. Oprah Winfrey has just called you for an interview. What does she ask you about? Write down how your conversation might go.
27. Write a letter to your future self.
28. Someone has just offered you a bus to convert into your own personal hangout space. Describe what you would do to convert it into a perfect space for you.
29. If you could be an expert on any topic in the world, what would you choose and how would you use