

FDES Tiger News

A Title I School



MARCH



"Passion First" Mindset MegaStars

PreK: Na'vijah Stewart

Kindergarten: Olivia Pearce

First Grade: Yuri Cruz

Second Grade: R. J. Weeks

Third Grade: Jayna Edenfield

Fourth Grade: Knox Mann

Fifth Grade: Gage Lastinger

PE: Eli Oliff

Music: Jeremiah Bender

Faculty: Jennifer Tillman



March Activities

March Mindset: "Attitude of Gratitude"

Feb. 28-Mar. 5 - Dr. Seuss Week

Feb. 28-Mar. 5 - FDES Book Fair

Feb. 28-Mar. 5— FDES Exceptional Children's Week

Mar. 4—Agrirama Field Trip: 3rd/4th grades

Mar. 17-18— Student Holidays

Mar. 18— "Little Miss FDES" & "Miss

Ways to Help your Child Succeed on the Georgia Milestones Assessment

The Georgia Milestones Assessment will be administered to Georgia students in grades 3-5 during the month of April. Your child's teachers have been preparing our students all year for this important academic measure. You can assist in preparing your child as well by logging into the Georgia Department of Education's website and taking advantage of the explanations of the test and practice information you can do with your child. Below are some examples of what you will find on that website and the link that will take you there.

Resources for 3rd, 4th & 5th Grades:

- Study Resource Guides for English Language/Math
- Georgia Milestones Achievement Level Descriptors for Parents
- Experience Online Testing Georgia

https://www.gadoe.org/Curriculum-Instruction-and-Assessment/Assessment/Pages/Milestones_Resources.aspx

<http://www.gaexperienceonline.com/>

Alleviating Test Anxiety for Your Child

Throughout your child's school days, he/she will face numerous types of assessments. Many are routine and cause little nervousness. However, there are, or will be, a number of times when the exam will be high stakes and cause your child to worry about the outcome. Below are tips that you can use to help alleviate some of the distress he might feel.

- Familiarize your child with test format (see teacher)
- Practice similar questions/material, then review answers
- Time child during practice sessions
- Teach child not to spend too much time on 1 question
- Multiple Choice: read each answer/eliminate wrong ones/pick 1 of remaining & stick with it
- Practice calming techniques, i.e., breathing
- Accept it when you don't know something & move on

<https://childmind.org/article/tips-for-beating-test-anxiety/>



QUOTES FOR KIDS

"Gratitude and attitude are not challenges, they are choices."

Robert Braathe