

NWSC Sprint Relays					
Elm Creek					
January 10th, 2023					
Individual Final Results:					
Boys					
Name:	Grade:	School:	Semis Place:	Finals Place:	Finals Time:
Ben Lewis	12	Blaine	1	1	03:44
Alexander Omodt	12	Armstrong	2	2	03:48
Boden Sundell	11	Armstrong	1	3	03:51
Aaron Casey	12	Coon Rapids	2	4	03:51
Phillip Kram	11	Spring Lake Park	3	5	03:53
Nathan Taylor	11	Blaine	4	6	04:07
Ian Miller	11	Blaine	4	7	04:10
Noah Breker	12	Armstrong	3	8	05:00
Girls					
Name:	Grade:	School:	Semis Place:	Finals Place:	Finals Time:
Selah Binsfeld	9	Park Center	1	1	04:59
Milla Erickson	8	Spring Lake Park	2	2	05:09
Camille Friden	8	Osseo	2	3	05:10
Audrey Schwen	7	Blaine	4	4	05:15
Samantha Solboe	12	Spring Lake Park	4	5	05:16
Stella Bone	9	Coon Rapids	1	6	05:25
Ruby Demmer	8	Coon Rapids	3	6	05:25
Kendel Poppe-Boehm	12	Osseo	3	8	05:32

Boys Semi Results					
Semi Heat	Name:	Grade:	School:	Semi Place:	Semi Time:
1	Ben Lewis	12	Blaine	1	03:53
1	Alexander Omodt	12	Armstrong	2	03:54
1	Phillip Kram	11	Spring Lake Park	3	04:00
1	Tyler Jacobson	12	Blaine	5	04:01
1	Nathan Taylor	11	Blaine	4	04:01
1	Matthew Sweeney	12	Armstrong	5	04:02
1	Tyler Bargman	11	Blaine	7	04:15
1	Nathan Majewski	12	Armstrong	7	04:15
Semi Heat					
2	Boden Sundell	11	Armstrong	1	04:01
2	Aaron Casey	12	Coon Rapids	2	04:03
2	Noah Breker	12	Armstrong	3	04:04
2	Ian Miller	11	Blaine	4	04:06
2	AJ Miller	12	Osseo	5	04:06
2	Lachlan Demmer	10	Coon Rapids	6	04:09
2	Gabriel Arends	12	Osseo	7	04:11
2	Colin Vaughn	12	Osseo	8	04:12
Girls Semi Results					
Semi Heat	Name:	Grade:	School:	Semi Place:	Semi Time:
1	Selah Binsfeld	9	Park Center	1	05:05
1	Milla Erickson	8	Spring Lake Park	2	05:08
1	Ruby Demmer	8	Coon Rapids	3	05:14
1	Samantha Solboe	12	Spring Lake Park	4	05:18
1	Julia Zalewski	11	Spring Lake Park	5	05:29
1	Megan Fuller	10	Coon Rapids	6	05:33
1	Maria Hoff	12	Osseo	7	05:47
1	Gianna Vecellio	11	Osseo	8	05:48
Semi Heat					
2	Stella Bone	9	Coon Rapids	1	05:07
2	Camille Friden	8	Osseo	2	05:08
2	Kendel Poppe-Boehr	12	Osseo	3	05:13
2	Audrey Schwen	7	Blaine	4	05:18
2	Olivia Suchy	9	Armstrong	6	05:33
2	Kendall Martinek	10	Coon Rapids	5	05:33
2	Lillian Schulte	10	Armstrong	7	05:38
2	Sonja Oksnevad	9	Spring Lake Park	8	05:42

NWSC Sprint Relays					
Elm Creek					
January 10th, 2023					
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Boys Prelim Results					
	Blaine	560.5			
	Armstrong	558			
	Osseo	518.5			
	Coon Rapids	499.5			
	Spring Lake Park	443			
	Park Center	225.5			
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Place	Name:	Grade:	School:	Total Time:	Time Back:
1	Ben Lewis	12	Blaine	0:03:49	0:00:00
2	Boden Sundell	11	Armstrong	0:03:50	0:00:01
3	Phillip Kram	11	Spring Lake Park	0:03:55	0:00:06
4	Aaron Casey	12	Coon Rapids	0:03:57	0:00:08
5	Tyler Jacobson	12	Blaine	0:03:58	0:00:09
6	Noah Breker	12	Armstrong	0:04:05	0:00:16
7	Matthew Sweeney	12	Armstrong	0:04:06	0:00:17
7	Ian Miller	11	Blaine	0:04:06	0:00:17
9	Alexander Omodt	12	Armstrong	0:04:07	0:00:18
9	Colin Vaughn	12	Osseo	0:04:07	0:00:18
11	Nathan Taylor	11	Blaine	0:04:11	0:00:22
12	Lachlan Demmer	10	Coon Rapids	0:04:14	0:00:25
13	Tyler Bargman	11	Blaine	0:04:16	0:00:27
14	AJ Miller	12	Osseo	0:04:17	0:00:28
15	Nathan Majewski	12	Armstrong	0:04:20	0:00:31
16	Gabriel Arends	12	Osseo	0:04:23	0:00:34
17	Peyton Martinek	12	Coon Rapids	0:04:25	0:00:36
18	Quinlan Rundquist	10	Osseo	0:04:27	0:00:38
19	Samuel Majewski	10	Armstrong	0:04:29	0:00:40
19	Talan Spaniol	10	Blaine	0:04:29	0:00:40
19	Matthew Trzynka	11	Osseo	0:04:29	0:00:40
22	Jake Mattson	11	Osseo	0:04:30	0:00:41
23	Reece Miller	7	Blaine	0:04:32	0:00:43
23	Alberto Ludwig	10	Coon Rapids	0:04:32	0:00:43
25	Justin Bauer	9	Coon Rapids	0:04:35	0:00:46
26	Connor Bialka	11	Blaine	0:04:39	0:00:50
27	Reilly Kopp	11	Spring Lake Park	0:04:40	0:00:51
27	Brody Kopp	11	Spring Lake Park	0:04:40	0:00:51
29	Ashton Foulke	12	Park Center	0:04:41	0:00:52
30	Erik Williams-Heim	12	Osseo	0:04:43	0:00:54

31	Joaquin Echenique	10	Armstrong	0:04:44	0:00:55
32	Taylor Grant	11	Osseo	0:04:46	0:00:57
33	Haakon Hanson	12	Armstrong	0:04:47	0:00:58
33	Evan Trapp	10	Spring Lake Park	0:04:47	0:00:58
35	Andrew Geisel	11	Blaine	0:04:48	0:00:59
36	Nathan Bornes	12	Coon Rapids	0:04:51	0:01:02
36	Henry Dukowitz	11	Osseo	0:04:51	0:01:02
36	Dylan Olson	11	Park Center	0:04:51	0:01:02
39	Caidron Skerbitz	11	Armstrong	0:04:54	0:01:05
39	Kieran Hollingshead	11	Osseo	0:04:54	0:01:05
41	Oliver Duncan	9	Spring Lake Park	0:04:55	0:01:06
42	Raleigh Rundquist	9	Osseo	0:04:58	0:01:09
42	Jacob Hendrickson	10	Spring Lake Park	0:04:58	0:01:09
44	Kellan O'Rourke	11	Armstrong	0:05:02	0:01:13
45	Val Chernyak	12	Osseo	0:05:05	0:01:16
46	Jeremiah Somers	11	Park Center	0:05:08	0:01:19
47	Anthony Ludwig	12	Coon Rapids	0:05:09	0:01:20
48	Noah Marquard	11	Spring Lake Park	0:05:10	0:01:21
49	Evan Koerber	11	Blaine	0:05:12	0:01:23
50	Nathaniel Kosbab	9	Spring Lake Park	0:05:14	0:01:25
51	Andrew Brincks	11	Armstrong	0:05:15	0:01:26
52	Jacob Wilkinson	11	Armstrong	0:05:17	0:01:28
53	Justin Johnson	11	Armstrong	0:05:19	0:01:30
53	Orion Carter	12	Coon Rapids	0:05:19	0:01:30
55	Henry Wredberg	10	Spring Lake Park	0:05:20	0:01:31
56	Grayson Squires	9	Armstrong	0:05:27	0:01:38
57	Logan Boekhoff	9	Osseo	0:05:28	0:01:39
58	Joey Mattson	9	Osseo	0:05:29	0:01:40
59	Alex Barnett	11	Blaine	0:05:30	0:01:41
60	Anders Hassis	9	Armstrong	0:05:35	0:01:46
61	Benjamin Fricke	11	Armstrong	0:05:36	0:01:47
61	Ryan Koetter	12	Blaine	0:05:36	0:01:47
61	Kevin Cheaye	12	Coon Rapids	0:05:36	0:01:47
64	David Meberg	8	Blaine	0:05:40	0:01:51
64	Lumas Somero	10	Osseo	0:05:40	0:01:51
64	Nathan Jansen	11	Osseo	0:05:40	0:01:51
67	Talan Heruth	11	Osseo	0:05:41	0:01:52
68	Joshua Hyatt	9	Coon Rapids	0:05:44	0:01:55
68	Jacob Thoen	9	Coon Rapids	0:05:44	0:01:55
70	Kian Murphy	9	Armstrong	0:05:45	0:01:56
70	Matt Titus	11	Osseo	0:05:45	0:01:56
72	Owen McNutt	10	Armstrong	0:05:46	0:01:57
73	Hank Nguyen	10	Osseo	0:05:48	0:01:59

73	Simon Englund	9	Spring Lake Park	0:05:48	0:01:59
75	Xander Jund	10	Blaine	0:05:50	0:02:01
76	Simon Urbanski	9	Blaine	0:05:52	0:02:03
77	Allen Wing	9	Coon Rapids	0:06:02	0:02:13
77	Will Courchane	9	Park Center	0:06:02	0:02:13
79	Thomas Holt	11	Blaine	0:06:06	0:02:17
80	Aidan Kue	10	Blaine	0:06:07	0:02:18
81	Lukas Andrie	11	Spring Lake Park	0:06:13	0:02:24
82	Adam Speltz	9	Osseo	0:06:17	0:02:28
83	Davin Christen	9	Osseo	0:06:21	0:02:32
84	Anders Bakken	9	Osseo	0:06:22	0:02:33
85	Jack Weidell	12	Blaine	0:06:25	0:02:36
86	Cal Jensvold	12	Coon Rapids	0:06:27	0:02:38
87	William Weispfenning	9	Spring Lake Park	0:06:29	0:02:40
88	Alaric Burroughs	9	Blaine	0:06:34	0:02:45
88	Christian Weispfenning	8	Spring Lake Park	0:06:34	0:02:45
90	Finn Johnsen	7	Osseo	0:06:37	0:02:48
91	Griffin Anderson	9	Spring Lake Park	0:06:46	0:02:57
92	Ian Tapia	9	Armstrong	0:06:47	0:02:58
93	Tythe Kue	10	Coon Rapids	0:07:07	0:03:18
94	Henry Brady	8	Spring Lake Park	0:07:21	0:03:32
95	Nicholas Reiland	10	Coon Rapids	0:07:33	0:03:44
96	Dinesara Jayawardena	9	Armstrong	0:07:40	0:03:51
97	Coen Townson	10	Blaine	0:07:53	0:04:04
98	Alex Olson	9	Spring Lake Park	0:08:03	0:04:14
99	Michael Kane	10	Coon Rapids	0:08:07	0:04:18
100	Michael Eriksen	9	Park Center	0:08:26	0:04:37
101	Tristan Brende-Prins	12	Coon Rapids	0:08:44	0:04:55
102	Aidan Iribe	9	Coon Rapids	0:09:44	0:05:55

NWSC Sprint Relays					
Elm Creek					
January 10th, 2023					
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Girls Prelim Results					
	Osseo	384.5			
	Coon Rapids	370.5			
	Spring Lake Park	363			
	Armstrong	340.5			
	Blaine	305			
	Park Center	144			
Place	Name:	Grade:	School:	Total Time:	Time Back:
1	Selah Binsfeld	9	Park Center	0:05:02	0:00:00
2	Stella Bone	9	Coon Rapids	0:05:05	0:00:03
3	Milla Erickson	8	Spring Lake Park	0:05:06	0:00:04
4	Camille Friden	8	Osseo	0:05:14	0:00:12
5	Ruby Demmer	8	Coon Rapids	0:05:17	0:00:15
6	Kendel Poppe-Boehm	12	Osseo	0:05:19	0:00:17
7	Maria Hoff	12	Osseo	0:05:24	0:00:22
8	Audrey Schwen	7	Blaine	0:05:25	0:00:23
9	Samantha Solboe	12	Spring Lake Park	0:05:29	0:00:27
10	Olivia Suchy	9	Armstrong	0:05:37	0:00:35
11	Megan Fuller	10	Coon Rapids	0:05:42	0:00:40
11	Kendall Martinek	10	Coon Rapids	0:05:42	0:00:40
11	Julia Zalewski	11	Spring Lake Park	0:05:42	0:00:40
14	Lillian Schulte	10	Armstrong	0:05:45	0:00:43
14	Gianna Vecellio	11	Osseo	0:05:45	0:00:43
16	Sonja Oksnevad	9	Spring Lake Park	0:05:47	0:00:45
17	Teresa Shah	11	Osseo	0:05:49	0:00:47
18	Violet Suchy	9	Armstrong	0:05:50	0:00:48
19	Mikayla Skerbitz	9	Armstrong	0:05:54	0:00:52
20	Cheyenne Oja	12	Armstrong	0:05:58	0:00:56
21	Sophie Hartley		Blaine	0:06:00	0:00:58
22	Cassidy White	8	Spring Lake Park	0:06:02	0:01:00
23	Kip Bruemmer	9	Osseo	0:06:03	0:01:01
24	Kiera Radke	7	Coon Rapids	0:06:05	0:01:03
24	Gabby Januschka	10	Park Center	0:06:05	0:01:03
26	Natty Rundquist	7	Osseo	0:06:06	0:01:04
27	Frankie Kratochvill	12	Blaine	0:06:10	0:01:08
28	Lylah Carlson	10	Blaine	0:06:11	0:01:09
29	Ellie Hartley	8	Blaine	0:06:14	0:01:12
30	Addie Erickson	8	Coon Rapids	0:06:17	0:01:15
31	Ella LaPara	10	Spring Lake Park	0:06:21	0:01:19
32	Emmy Fuller	8	Coon Rapids	0:06:25	0:01:23

32	Emily Bornes	11	Coon Rapids	0:06:25	0:01:23
34	Aryanna Somiah	12	Armstrong	0:06:28	0:01:26
35	Eloise Martin	8	Spring Lake Park	0:06:30	0:01:28
36	Addison Romaker	10	Spring Lake Park	0:06:36	0:01:34
37	Maddie Grubba	8	Osseo	0:06:37	0:01:35
38	Molly Mueller	11	Blaine	0:06:38	0:01:36
39	Emilia Lauinger	11	Spring Lake Park	0:06:40	0:01:38
40	Georgia Kratochvill	9	Blaine	0:06:44	0:01:42
40	Elizabeth Hoggarth	10	Coon Rapids	0:06:44	0:01:42
42	Katie Hasse	11	Osseo	0:06:45	0:01:43
43	Hannah Berndt	8	Coon Rapids	0:06:52	0:01:50
44	Sam Blanski	12	Osseo	0:06:56	0:01:54
45	Lauren Lakeman	9	Osseo	0:06:58	0:01:56
46	Kendra Pender	12	Blaine	0:07:07	0:02:05
47	Gianna Gambino	10	Blaine	0:07:09	0:02:07
47	Sophia Ketz	9	Spring Lake Park	0:07:09	0:02:07
49	Leah Vaughn	10	Osseo	0:07:12	0:02:10
50	Adelaide Senne	8	Armstrong	0:07:13	0:02:11
51	Kyra Bednarz	11	Armstrong	0:07:17	0:02:15
52	Grace Johnson	9	Spring Lake Park	0:07:19	0:02:17
53	Ella LaGree	9	Coon Rapids	0:07:23	0:02:21
53	Brooke Schmidt	11	Spring Lake Park	0:07:23	0:02:21
55	McKenna Robillard	7	Osseo	0:07:25	0:02:23
56	Naomi Dybvig	7	Armstrong	0:07:31	0:02:29
57	Mia Marshik	8	Osseo	0:07:33	0:02:31
58	Elise Oksnevad	7	Spring Lake Park	0:07:34	0:02:32
59	Claire Guidry	8	Osseo	0:07:37	0:02:35
60	Jazlyn Skerbitz	7	Armstrong	0:07:40	0:02:38
61	Kate Drummy	9	Coon Rapids	0:07:46	0:02:44
61	Emmerson Ball	9	Park Center	0:07:46	0:02:44
63	Anabelle Maloney	10	Blaine	0:07:47	0:02:45
64	Annelise Offerdahl	10	Spring Lake Park	0:07:55	0:02:53
65	Anna Becker	8	Spring Lake Park	0:08:20	0:03:18
66	Chaya Freidson-Gaynor	9	Armstrong	0:08:23	0:03:21
67	Bryнна York	11	Spring Lake Park	0:08:32	0:03:30
68	Elvira O'Leary	9	Spring Lake Park	0:08:46	0:03:44
69	Chloie Crandall	8	Blaine	0:08:48	0:03:46
70	Faith Kue	9	Coon Rapids	0:09:04	0:04:02
71	Lily Crew	8	Spring Lake Park	0:09:08	0:04:06
72	Claire Handeland	9	Coon Rapids	0:09:11	0:04:09
73	Hannah Cashman	12	Park Center	0:09:22	0:04:20
74	Emily Kaneko	8	Spring Lake Park	0:09:24	0:04:22
75	Jessika Larson	9	Coon Rapids	0:09:33	0:04:31

Girls Semis	Semi Heat	Name:	Grade:	School:	Semi Place:	Semi Time:	
	1	1 Selah Binsfeld	9	Park Center	1	0:05:05	
	2	2 Stella Bone	9	Coon Rapids	1	0:05:07	
	3	1 Milla Erickson	8	Spring Lake Park	2	0:05:08	
	4	2 Camille Friden	8	Osseo	2	0:05:08	
	5	1 Ruby Demmer	8	Coon Rapids	3	0:05:14	
	6	2 Kendel Poppe-Boehm	12	Osseo	3	0:05:13	
	7	1 Maria Hoff	12	Osseo	7	0:05:47	
	8	2 Audrey Schwen	7	Blaine	4	0:05:18	
	9	1 Samantha Solboe	12	Spring Lake Park	4	0:05:18	
	10	2 Olivia Suchy	9	Armstrong	6	0:05:33	
	11	1 Megan Fuller	10	Coon Rapids	6	0:05:33	
	11	2 Kendall Martinek	10	Coon Rapids	5	0:05:33	
	11	1 Julia Zalewski	11	Spring Lake Park	5	0:05:29	
	14	2 Lillian Schulte	10	Armstrong	7	0:05:38	
	14	1 Gianna Vecellio	11	Osseo	8	0:05:48	
	16	2 Sonja Oksnevad	9	Spring Lake Park	8	0:05:42	