

JANUARY 2023

Menu subject to change without notice

BREAKFAST MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	BREAKFAST MEAL PRICES: REDUCED \$.30 FULL PRICE \$1.65 A LA CARTE ENTREE \$2.00 EXTRA MILK \$.50 EXTRA FRUIT \$.50 MILK CHOICES: 1% Low Fat Milk Fat Free Chocolate Milk
	2	3	4	5	6	
WEEK 1	9 Sausage Egg & Cheese Biscuit PB&J Cereal Pop Tart Muffins Fresh fruit Orange Juice Milk choice	10 Breakfast Skillet Bowl Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice	11 Sausage & Cheese Croissant PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	12 Barbacoa Taco Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	13 Bacon & Egg Taco PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice	
WEEK 2	16 Chorizo & Egg Taco PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	17 Potatoe & Egg Taco Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh fruit Orange Juice Milk Choice	18 Pancake on a Stick PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	19 Chorizon & Bean Taco Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	20 Breakfast Pizza PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	
WEEK 1	23 Sausage Egg & Cheese Biscuit PB&J Cereal Pop Tart Muffins Fresh fruit Orange Juice Milk choice	24 Breakfast Skillet Bowl Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice	25 Sausage & Cheese Croissant PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	26 Barbacoa Taco Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	27 Bacon & Egg Taco PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice	
WEEK 2	30 Chorizo & Egg Taco PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	31 Potatoe & Egg Taco Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh fruit Orange Juice Milk Choice				STISD Child Nutrition Dept. (956)514-4230

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This institution is an equal opportunity provider.

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LUNCH MENU

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	2	3	4	5	6	<p>LUNCH MEAL PRICES:</p> <p>REDUCED \$.40 FULL PRICE \$3.35</p> <p>A LA CARTE</p> <p>ENTREE \$2.00 SIDE DISH \$0.50 EXTRA MILK \$0.50</p> <p>MILK CHOICES:</p> <p>1% Low Fat Milk Fat Free Chocolate</p> <p>STISD Child Nutrition Dept. (956)514-4230</p>
W E E K 1	9 Popcorn Chicken Mash Bowl Cooked Carrots Dinner Roll Fresh fruit Peach Slices	10 Cheeseburger Chips Romaine Salad Baby Carrots Fresh Fruit	11 Cheese Enchiladas Pinto Beans Spanish Rice Romaine Salad Fresh Fruit Diced Pears	12 Chicken Alfredo Mashed Potatoes Green Beans Fresh Fruit Applesauce	13 Nachos or Frito Pie Corn French Fries Fresh Fruit	
W E E K 2	16 Spaghetti & Meatballs Garlic Stick Cooked Carrots Romaine Salad Fresh apple Peach Slices	17 Orange Chicken w/Fried Rice Broccoli Baby Carrots Fresh Fruit Fruit Cocktail	18 Chicken Fajita Tacos Pinto Beans Baby Carrots Rice Banana	19 Beef & Cheese Lasagna Twisted Cheese Breadstick Green Beans Romaine Salad Fresh Fruit Diced Pears	20 Chili Cheese Dog Corn French Fries Fresh Fruit Pineapple Tidbits	
W E E K 1	23 Popcorn Chicken Mash Bowl Cooked Carrots Dinner Roll Fresh fruit Peach Slices	24 Cheeseburger Chips Romaine Salad Baby Carrots Fresh Fruit	25 Cheese Enchiladas Pinto Beans Spanish Rice Romaine Salad Fresh Fruit Diced Pears	26 Chicken Alfredo Mashed Potatoes Green Beans Fresh Fruit Applesauce	27 Nachos or Frito Pie Corn French Fries Fresh Fruit	
W E E K 2	30 Spaghetti & Meatballs Garlic Stick Cooked Carrots Romaine Salad Fresh apple Peach Slices	31 Orange Chicken w/Fried Rice Broccoli Baby Carrots Fresh Fruit Fruit Cocktail	28	29	30	

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PIZZA & MORE MENU

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	2 Chicken Tenders Burritos Chef Salad Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit	3 Hoagie Sandwich Pizza Chef Salad Romaine Salad Baby Carrots Fresh Fruit Fruit Cocktail	4 Sausage Taco Pizza Chef Salad Pinto Beans Romaine Salad Fresh Fruit	5 Spicy Chicken Sadwich Cheesesticks Chef Salad Green Beans Baby Carrots Fresh Fruit Applesauce	6 Pizza Chicken Wrap Chef Salad Corn French Fries Fresh Fruit Pineapple Tidbits	MEAL PRICES: REDUCED \$.40 FULL PRICE \$3.35 A LA CARTE ENTREE \$2.00 SIDE DISH \$0.50 EXTRA MILK \$0.50 MILK CHOICES: 1% Low Fat Milk Fat Free Chocolate CONDIMENTS: Ranch Dressing Parmesan Cheese Ketchup Jalapenos Mustard Mayo STISD Child Nutrition Dept. (956)514-4230
	9 Chicken Tenders Burritos Chef Salad Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit	10 Hoagie Sandwich Pizza Chef Salad Romaine Salad Baby Carrots Fresh Fruit Fruit Cocktail	11 Sausage Taco Pizza Chef Salad Pinto Beans Romaine Salad Fresh Fruit	12 Spicy Chicken Sadwich Cheesesticks Chef Salad Green Beans Baby Carrots Fresh Fruit Applesauce	13 Pizza Chicken Wrap Chef Salad Corn French Fries Fresh Fruit Pineapple Tidbits	
	16 Chicken Tenders Burritos Chef Salad Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit	17 Hoagie Sandwich Pizza Chef Salad Romaine Salad Baby Carrots Fresh Fruit Fruit Cocktail	18 Sausage Taco Pizza Chef Salad Pinto Beans Romaine Salad Fresh Fruit	19 Spicy Chicken Sadwich Cheesesticks Chef Salad Green Beans Baby Carrots Fresh Fruit Applesauce	20 Pizza Chicken Wrap Chef Salad Corn French Fries Fresh Fruit Pineapple Tidbits	
	23 Chicken Tenders Burritos Chef Salad Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit	24 Hoagie Sandwich Pizza Chef Salad Romaine Salad Baby Carrots Fresh Fruit Fruit Cocktail	25 Sausage Taco Pizza Chef Salad Pinto Beans Romaine Salad Fresh Fruit	26 Spicy Chicken Sadwich Cheesesticks Chef Salad Green Beans Baby Carrots Fresh Fruit Applesauce	27 Pizza Chicken Wrap Chef Salad Corn French Fries Fresh Fruit Pineapple Tidbits	
	30 Chicken Tenders Burritos Chef Salad Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit	31 Hoagie Sandwich Pizza Chef Salad Romaine Salad Baby Carrots Fresh Fruit Fruit Cocktail				

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