

JANUARY

DEAN'S MILL SCHOOL

MENU

Free meals for all 1/03-1/18!!!

Meal Prices (1/19 and onward):

Breakfast: \$1.50

Reduced Price: \$0.30

Lunch: \$2.90

Reduced Price: \$0.40

Alternate Lunch Options Available Daily!

- DAILY BREAKFAST CHOICES -

Monday

Hot Breakfast Sandwich
Assorted Baked Goods
Chef's Choice

Tuesday

Hot Breakfast Sandwich
Assorted Baked Goods
Pancakes
Chef's Choice

Wednesday

Hot Breakfast Sandwich
Assorted Baked Goods
Chef's Choice

Thursday

Hot Breakfast Sandwich
Assorted Baked Goods
Chef's Choice

Friday

Hot Breakfast Sandwich
Assorted Baked Goods
Chef's Choice



1/03

Cheese Quesadilla
Refried Beans
Corn
Fruit of the Day/Juice

1/04

Pasta w/ Meat Sauce
Broccoli
Fruit of the Day/Juice

1/05

Popcorn Chicken
Dinner Roll
Steamed Carrots
Fries or Wedges
Fruit of the Day/Juice

1/06

Choice of Pizza
Assorted Veggie
Dippers
Hummus
Fruit of the Day/Juice

1/09

Brunch for Lunch!
Chicken Tenders & Waffles
Hashbrown
Fruit of the Day/Juice

1/10

Chicken Soft Tacos
Refried Beans
Salsa & Lettuce
Fruit of the Day/Juice

1/11

Beef & Cheese Pasta Bake
Broccoli
Fruit of the Day/Juice

1/12

Hot Dog on Whole Wheat Bun
Oven Fries
Baked Beans
Fruit of the Day/Juice

1/13

Choice of Pizza
Assorted Veggie
Dippers
Hummus
Fruit of the Day/Juice



1/17

Beef Nachos
Black Beans
Salsa & Lettuce
Fruit of the Day/Juice

1/18

Pasta w/ Meat Sauce
Broccoli
Fruit of the Day/Juice

1/19

Hamburger or Cheeseburger
Sweet Potato Fries
Corn
Fruit of the Day/Juice

1/20

Choice of Pizza
Assorted Veggie
Dippers
Hummus
Fruit of the Day/Juice

1/23

Twisted Mozzarella Breadstick
w/ marinara sauce
Oven Fries
Fruit of the Day/Juice

1/24

Teriyaki Chicken
Veggie "Fried" Rice
California Blend Veggies
Fruit of the Day/Juice

1/25

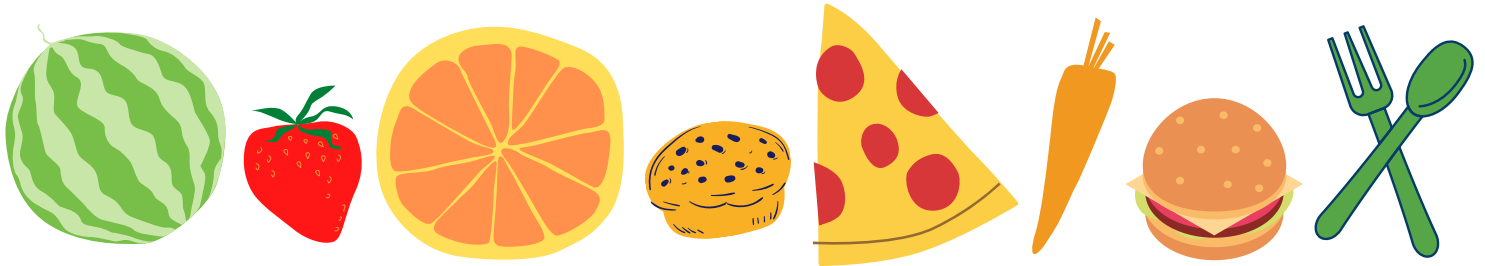
Pasta w/ Meatballs
Broccoli
Fruit of the Day/Juice

1/26

Chicken Nuggets
Dinner Roll
Mashed Potatoes
Carrots
Fruit of the Day/Juice

1/27

Choice of Pizza
Assorted Veggie
Dippers
Hummus
Fruit of the Day/Juice



SPS FOOD SERVICES - ELEMENTARY

BREAKFAST MEALS

INCLUDE 2 OZ WHOLE GRAINS,
½ CUP FRUIT, ½ CUP 100%
JUICE, AND 1 CUP LOW FAT
MILK

LUNCH MEALS

INCLUDE 2 OZ PROTEIN, 2 OZ
WHOLE GRAINS, FRUIT,
VEGETABLE, AND 1 CUP FAT-
FREE FLAVORED OR 1% MILK

Daily Alternate Choices: PB-Fluff-& J, Bone Builders

DIETARY MODIFICATIONS

WE WORK WITH FAMILIES ON A VARIETY
OF DIETARY MODIFICATIONS INCLUDING
VEGETARIAN, GLUTEN FREE, DAIRY
FREE AND MORE!



CONTACT
STEPHANIE.DEASON
@STONINGTONSCHOOLS.ORG TO
MAKE ARRANGEMENTS OR FOR
ANY FOOD SERVICES RELATED
NEEDS!

FREE & REDUCED PRICE MEAL ELIGIBILITY

If you receive SNAP benefits or HUSKY A you may already be directly certified through the state for free or reduced price meals. Check your primary school contact email for a notification letter by searching your mailbox for "School meals eligibility."

If you think you may qualify please submit a free/reduced price meal application which may be obtained on our website or at the school's office.

ONLINE PORTAL:

<https://stonington.familyportal.cloud/>

Online payments, review purchases,
and more!



<https://www.facebook.com/SPSFoodServices>



spsfoodservices



[HTTPS://WWW.STONINGTONSCHOOLS.ORG/DEPARTMENTS/FOOD-SERVICES](https://www.stoningtonschools.org/departments/food-services)

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER