

Name	Phone	Age	Grade in Fall
Address	City	Zip	
Email	School		
Shirt Size: (Youth) M L (Adult) S M L XL		Position for Softball	
Emergency Contact		Phone	
Paid in full \$ Deposit Only \$ Balance Due \$			
Please list any medical conditions or allergies the camp should know about:			
I hereby give permission for my child to participate in LLSC. LLSC is not responsible for injuries incurred while involved in the program.			
Parent/Guardian Signature			Date

(Please check appropriate box)

- \$300 SESSION #1 Volleyball June 28 - June 30
- \$135 SESSION #2A Lacrosse July 10 - 13
- \$300 SESSION #2 Softball July 10 - 14
- \$300 SESSION #3 Basketball July 17 - 21
- \$300 SESSION #4 Soccer July 24- 28

Complete and mail along with payment:

LADY LIONS SPORTS CAMPS

c/o Lorenzo Sozio
 10 Whitaker Place, West Caldwell, NJ 07006
 973-521-7242 email: lsozio@msdacademy.org

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 West Caldwell, NJ 07006

“teaching the FUNdamentals”

**2023
 LADY LIONS
 SPORTS CAMPS**
 “teaching the FUNdamentals”



VOLLEYBALL

Session #1
 June 26 - June 30



LACROSSE

Session #2A
 July 10 - July 13



SOFTBALL

Session #2
 July 10 - July 14



BASKETBALL

Session #3
 July 17 - July 21



SOCCER

Session #4
 July 24 - July 28

**Mount St. Dominic Academy
 Caldwell, New Jersey**

About the Lady Lions Program

The Lady Lions Sports Camps are for girls entering 4th - 9th grades. Our camp is under the direction of Mount St. Dominic Athletic Director / Softball Coach, Lorenzo Sozio.

Lady Lions Sports Camps aim at teaching the fundamental skills at a time of the year when great progress can be made – in the summer. We will stress the fundamentals of each sport and create game situations in the best learning environment.

“**Lady Lions Camps** will challenge the beginner and improve the skills of the more seasoned player.”

With the limited number of campers, your daughter will be guaranteed quality time to learn the proper fundamentals.

All campers will receive a t-shirt, athletic items and awards for achievements. Camp will be held regardless of weather conditions.

Questions:

Call:
973-521-7242

Email:
lsozio@msdacademy.org

Registration

- Camps (except Lacrosse) are \$300 each.
- Any two sessions or sibling will receive a \$40 discount (except Lacrosse)
Lacrosse Camp is \$135 with \$15 discount for siblings or two sessions
- \$100 non-refundable deposit is due on or before May 31, 2023.
- Balance of payment to be mailed no later than June 19, 2023. If balance is not received, spot will be given to girls on our waiting list.
- Registration includes t-shirt and an athletic item.

Enrollment

Enrollment is limited and will be handled on a first come, first serve basis.

Where

All camps, except Lacrosse, are located at the Mount St. Dominic Academy Complex. We will utilize our Softball, Soccer Fields and the Athletic Center.

Lacrosse is held at the Essex Valley School turf field, 1 Henderson Drive, West Caldwell.

All campers must bring their lunch
with them each day

Times/Ages

- **Volleyball**
4th thru 9th grade 9 am - 3 pm
- **Lacrosse**
4th thru 9th grade 6 pm - 8:30 pm
- **Softball**
4th thru 9th grade 9 am - 3 pm
- **Basketball**
4th thru 9th grade 9 am - 3 pm
- **Soccer**
4th thru 9th grade 9 am - 2 pm

Early drop off and late pick-up are available upon request.

Camp Staff

Camp Staff will be led by Camp Director, Lorenzo Sozio and other high school coaches, college coaches, as well as current college and high school players. There will be an Athletic Trainer or Nurse available on site during Camp.

Registration

Online:
www.ladylionssportscamps.com
or

Complete application and mail along with
payment to:

LADY LIONS SPORTS CAMPS
10 Whitaker Place
West Caldwell, NJ 07006