

January 2023

Lycee Francais - Priestley
Lunch K-8 On-Site

02	03 Entree Beef & Cheese Nachos Vegetables Fajita Style Peppers & Onions 1/2c O Steamed Corn Fruit Assorted Fruit Milk Fat Free Chocolate Milk Low Fat 1% Milk	04 Entree Red Beans and Rice Vegetables Fresh Roasted Broccoli with Garlic Fruit Assorted Fruit Milk Fat Free Chocolate Milk Low Fat 1% Milk	05 Entree BBQ Chicken Sandwich Vegetables Roasted Sweet Potato Fruit Assorted Fruit Milk Fat Free Chocolate Milk Low Fat 1% Milk	06 Entree Cheesy Baked Ziti Vegetables Green Beans Carrot & Celery Cup with Ranch Dressing Fruit Assorted Fruit Milk Fat Free Chocolate Milk Low Fat 1% Milk
09 Entree Beef Cheeseburger Veggie Nuggets & Roll Vegetables Side Salad Roasted Potato Fruit Fresh Apple Milk Fat Free Chocolate Milk Low Fat 1% Milk Misc. Ketchup	10 Entree Turkey Soft Tacos Vegetables Side Salad Seasoned Black Beans Chunky Salsa, Mild Fruit Fresh Orange Milk Fat Free Chocolate Milk Low Fat 1% Milk	11 Entree Chicken Gumbo Grilled Cheese Sandwich Vegetables Green Beans Side Salad Fruit Fresh Apple Grains Brown Rice Milk Fat Free Chocolate Milk Low Fat 1% Milk	12 Entree Chicken Alfredo over Whole Grain Spaghetti Veggie Nuggets Vegetables Side Salad Fruit Fresh Orange Grains Whole Wheat Dinner Roll Milk Fat Free Chocolate Milk Low Fat 1% Milk	13 Entree Cheese Pizza Vegetables Side Salad Fruit Banana Milk Fat Free Chocolate Milk Low Fat 1% Milk
16 Entree Hot Dog Veggie Nuggets Vegetables Baked Beans Side Salad Fruit Fresh Apple Grains Honey Wheat Biscuit Milk Fat Free Chocolate Milk Low Fat 1% Milk	17 Entree Turkey Bean Chili Macaroni & Cheese Vegetables Side Salad Broccoli Fruit Fresh Apple Grains Brown Rice Milk Fat Free Chocolate Milk Low Fat 1% Milk	18 Entree Chicken Etoufee Vegetables Glazed Carrots Side Salad Roasted Potato Fruit 100% Apple Juice Grains Whole Grain Corn Bread Rice Pilaf Milk Fat Free Chocolate Milk Low Fat 1% Milk	19 Entree Pasta with Meatballs Vegetables Side Salad Fruit Fresh Apple Milk Fat Free Chocolate Milk Low Fat 1% Milk Misc. Ketchup	20 Entree Cheese Pizza Vegetables Side Salad Fruit Banana Milk Fat Free Chocolate Milk Low Fat 1% Milk
23 Entree Popcorn Chicken Mac & Cheese Bowl Macaroni & Cheese Vegetables Side Salad Roasted Potato Fruit Fresh Orange Milk Fat Free Chocolate Milk Low Fat 1% Milk	24 Entree Chicken Pot Pie Vegetables Side Salad Broccoli Fruit Fresh Apple Milk Fat Free Chocolate Milk Low Fat 1% Milk	25 Entree Beef Hamburger Grilled Cheese Sandwich Vegetables Side Salad Baked Beans Fruit 100% Apple Juice Craisins/Raisins, Assorted Flavors Milk Fat Free Chocolate Milk Low Fat 1% Milk	26 Entree Jerk Chicken Vegetarian Fried Rice Vegetables Side Salad Seasoned Squash Fruit Fresh Apple Grains Brown Rice Milk Fat Free Chocolate Milk Low Fat 1% Milk	27 Entree Cheese Pizza Vegetables Steamed Broccoli Side Salad Fruit Banana Milk Fat Free Chocolate Milk Low Fat 1% Milk

30	<p>Entree Chicken Nuggets Veggie Nuggets</p> <p>Vegetables Side Salad Baked Beans</p> <p>Fruit Fresh Apple</p> <p>Grains Whole Wheat Dinner Roll</p> <p>Milk Fat Free Chocolate Milk Low Fat 1% Milk</p> <p>Misc. Ketchup</p>	31	<p>Entree Cheesy Pulled Pork Burrito Sunbutter & Jelly Sandwich</p> <p>Vegetables Carrot Sticks Broccoli</p> <p>Fruit Fresh Orange 100% Apple Juice</p> <p>Milk Fat Free Chocolate Milk Low Fat 1% Milk</p>
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This institution is an equal opportunity provider. *Menu subject to change.*



