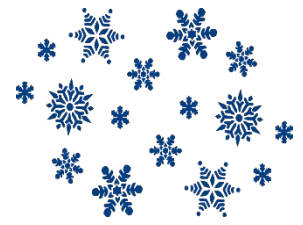


White Plains High School

Lunch Menu

January 2023



<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
	3 Brunch for Lunch Chicken Drumstick & WG Belgian Waffle Syrup Sweet Potato Tater Tots	4 Chicken Tenders Or VEGAN Tenders Choice of Dipping Sauce: Honey Mustard, BBQ or Buffalo Soft Pretzel Stick Sweet Corn	<u>Pasta Bar</u> <i>Choice of Pasta:</i> <i>Rotini, Spaghetti</i> <i>or Chic Pea Penne</i> <i>(vegan)</i> <i>w/ Marinara</i> <i>Sauce</i> <u>Toppings</u> <i>Choice of:</i> <i>Meat Sauce,</i> <i>Turkey Meatballs,</i> <i>or White Beans</i> <u>Vegetables:</u> <i>Sauteed Broccoli</i> <i>& Side Salad</i> <i>Garlic Bread</i> <i>Schools Closed</i> <i>Thanksgiving</i> <i>Day</i>	6 BBQ Roasted Chicken Corn Muffin Vegetarian Baked Beans
9 Mac & Cheese or Buffalo Mac Served with Warm Pretzel Stick Sauteed Green Beans or Mixed Veggies	10 Brunch for Lunch Chicken Drumstick & WG Belgian Waffle Syrup Sweet Potato Tater Tots	11 Chicken Nuggets Choice of Dipping Sauce: Honey Mustard, BBQ or Buffalo Soft Pretzel Stick Sweet Corn		13 BBQ Roasted Chicken Corn Muffin Vegetarian Baked Beans
16 Martin Luther King, Jr. Day Schools Closed	17 Brunch for Lunch French Toast Sticks Side of Turkey Sausage Syrup Sweet Potato Tater Tots	18 Chicken Tenders Or VEGAN Tenders Choice of Dipping Sauce: Honey Mustard, BBQ or Buffalo Soft Pretzel Stick Sweet Corn		20 Roast Turkey Meat Free Vegan Tenders Gravy Mashed Potatoes Roasted Broccoli Sweet Corn
23 Mac & Cheese or Buffalo Mac Served with Warm Pretzel Stick Sauteed Green Beans or Mixed Veggies	24 Brunch for Lunch French Toast Sticks Side of Turkey Sausage Syrup Sweet Potato Tater Tots	25 Chicken Nuggets Choice of Dipping Sauce: Honey Mustard, BBQ or Buffalo Soft Pretzel Stick Sweet Corn		27 BBQ Roasted Chicken Corn Muffin Vegetarian Baked Beans
30 Mac & Cheese or Buffalo Mac Served with Warm Pretzel Stick Sauteed Green Beans or Mixed Veggies	31 Brunch for Lunch Chicken Drumstick & WG Belgian Waffle Syrup Sweet Potato Tater Tots	All meals come with choice of: Entrée or Daily Alternate; All Vegetable Choices, including Toppings Bar; All Fruit Choices – Fresh Whole Fruit, Chilled Cupped Fruit, 100% Fruit Juice; Milk Choice – 1% and Fat Free White or Fat Free Chocolate		
Daily TACO BAR				
Turkey (or Beef), or Bean Taco Tortilla Chips, Crispy Taco Shells (3) or WW Soft Tortilla Rice & Beans; Veggie of the Day Toppings: Crisp Lettuce; Cheddar Cheese, Salsa, Jalapeno Peppers				
Daily Boar's Head Deli Made to Order! Featuring Boar's Head Meats - Turkey Breast; Ham; Buffalo Chicken; Cheeses – American, Pepper Jack, Provolone, Swiss Daily Specials including Italian or American Combo				
Daily Toppings Bar Available with ALL Meals! Includes: Romaine Lettuce; Grape Tomatoes; Corn Salad or Potato Salad; Beans or Bean Salad; Baby Carrots; Cucumbers; Specialty Veggie Salad; Fruit				
Available Daily: Boar's Head Grab & Go Sandwiches offered on Whole Wheat Bread or Rolls: Turkey & Cheese; Ham & Cheese; Cheese Sandwich; PB&J; Veggie Burger; Hamburger/Cheeseburger; Chicken Patty; Whole Grain Bun Entrée Salads including Chicken Caesar; Veggie Hummus; w/ Homemade Croutons, Dinner Roll Fruit & Yogurt Parfait – Low Fat Yogurt; Fruit & Organic Granola Pizza – Cheese, Pepperoni or Specialty on WG Crust				