

Highland's MS

Weekly Lunch Menu

January 9th to January 13th



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Daily Menu Selections Choice of: <i>Pizza by the Slice</i> – w/ WG Crust, Cheese or Pepperoni; <i>Grab & Go Deli Sandwiches</i> – Now made with Boar's Head Meats & Cheeses; offered on Whole Wheat Bread or Rolls: Turkey & Cheese; Ham & Cheese; Cheese Sandwich; PB&J; <i>Bagel Lunch</i> – WG Bagel - w/ low fat yogurt & mozzarella string cheese; <i>Yogurt Parfait</i> w/ low fat vanilla yogurt; fruit; organic granola; <i>Entrée Salad:</i> Garden Salad topped w/ Chicken				
9th	10th	11th	12th	13th
<u>Boneless Chicken Wings</u> w/Honey Mustard Dipping Sauce Seasoned Carrots WG Dinner Roll Fruit Choice, Milk Choice	<u>Taco Tuesday</u> Turkey Taco w/Tortilla Chips, Shredded Cheese, Salsa Seasoned Corn Fruit Choice, Milk Choice	<u>Pasta & Meatballs</u> WG Pasta w/Turkey Meatballs in Marinara Sauce Seasoned Green Beans WG Dinner Roll Fruit Choice, Milk Choice	<u>Brunch for Lunch</u> WG Waffle Turkey Sausage (2) Tater Tots Fruit Choice, Milk Choice	<u>Chicken Nuggets</u> WG Dinner Roll Vegetarian Baked Beans 100% Juice Fruit Choice, Milk Choice
Vegetable & Fruit Choices Offered Daily with Every Meal: Fresh Fruit; Chilled Cupped Fruit or 100% Fruit Choice Vegetable Selections include Hot Vegetable and Veggie Crunchers w/ Dip (Baby Carrots offered Daily) Choice of Milk White 1% or Fat Free; 1% Chocolate				

School Year 2022—2023
Due to changes by the USDA, school lunch meals are no longer provided free of charge.

Breakfast is offered free of charge to all students, daily, in the cafeteria!

We encourage all families to complete an Enrollment Benefit Form (Formerly School Meals Application). Visit www.MySchoolApps.com
 Want to check your student's balance and purchases, and get low balance alerts? Open a **FREE** User account www.MySchoolBucks.com (adding funds will require a fee)

Lunch Pricing:
 Paid Students \$3.25
 Free/Reduced Students - No Charge
 A la Carte
 Second Meals \$3.25
 Fruit or Juice \$.75
 Milk \$.75
 In addition,

Students MAY CHOOSE, if they like, 2nd fruit or vegetable choices - fresh whole fruit or chilled cupped fruit; veggie dippers or hot vegetable; ALL LUNCH MEALS COME WITH ALL FRUITS & VEGETABLES; Milk choice - 1% or FF white; FF Chocolate
 Questions? Please contact: Dawn McGinn
 Director, Food & Nutrition Services
dawnmcginn@wpcsd.k12.ny.us or by calling the Food & Nutrition Program Office (914)422-2054

This institution is an equal opportunity provider. If you have a food allergy, please speak to the owner, manager, chef or your server.