



# January 2023

## Junior High Lunch Menu

### MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY

2



Happy Holidays!

3

**Holiday Break**

4



Happy Holidays!

5

**Holiday Break**

6



Happy Holidays!

9

**Cheesy Breadsticks**  
Turkey Sandwich

Assorted Fruits & 100% Juice

Baby Carrots, Fries

10

**Pizza Cruncher**  
Turkey Sandwich

Assorted Fruits & 100% juice

Fresh Broccoli, Cucumber Slices

11

**Meatball Pizza Sub**  
Turkey Sandwich

Popcorn Chicken Salad

Assorted Fruits & 100% juice

Kickin' Pintos, Baby Carrots

12

**Buzzer Beater Basket**  
Turkey Sandwich

Popcorn Chicken Salad

Assorted Fruits & 100% juice

Steamed Broc, French Fries

13

**Black Bean Burger**  
Turkey Sandwich

Popcorn Chicken Salad

Assorted Fruits & 100% juice

Cucumber Slices, Tater Tots

16

**No School**

17

**Beef Tacos**  
Turkey & Cheese Sub

Assorted Fruits & 100% Juice

Fresh Cucumber Slices, Kickin' Pintos

18

**Breaded Fish Melt**  
Turkey & Cheese Sub

Popcorn Chicken Salad

Assorted Fruits & 100% Juice

Steamed Broccoli, Romaine Salad

19

**Walking Tacos**  
Turkey & Cheese Sub

Popcorn Chicken Salad

Assorted Fruits & 100% Juice

Celery Sticks, Tomato Wedges

20

**Jumbo Cheese Ravioli**  
Turkey Sandwich

Popcorn Chicken Salad

Assorted Fruits & 100% juice

Baby Carrots, Sweet Golden Corn

23

**Pizza Crunchers**  
Turkey Sandwich

Assorted Fruits & 100% Juice

Tomato Wedge, Green Peas

24

**Spicy Popcorn Chicken**  
Turkey Sandwich

Assorted Fruits & 100% juice

Corn, Celery Sticks

25

**Breaded Fish Melt**  
Turkey Sandwich

Popcorn Chicken Salad

Assorted Fruits & 100% juice

Steamed Broccoli, Romaine Salad

26

**Mac N Cheese**  
Turkey Sandwich

Popcorn Chicken Salad

Assorted Fruits & 100% juice

Mashed Potatoes, Baby Carrots

27

**Grilled Cheese**  
Turkey Sandwich

Popcorn Chicken Salad

Assorted Fruits & 100% juice

Garbanzo Beans, Romaine Salad

30

**Breakfast Sandwich**  
Turkey Sandwich

Assorted Fruits & 100% Juice

Corn, Carrots

31

**Swissburger**  
Turkey Sandwich

Assorted Fruits & 100% juice

Celery, Tomatoes

Daily Serve  
Monday through Friday

- **Cheese Pizza**
- Hamburger
- Cheeseburger
- Chicken Patty
- Sun butter Jelly Sandwich

▲ **Vegetarian**  
Any Salad can be made Vegetarian

\*Menus subject to change due to product availability  
\*Lunch Prices: \$3.05  
\*Reduced: \$.40

