

# FEBRUARY 2023

## Lakewood City Schools 9-12

### LUNCH

#### Alternate Entrée Options:

- Uncrustable Peanut Butter and Jelly
- Chef Salad



**February is American Heart Month.** Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

#### MONDAY

#### TUESDAY

#### WEDNESDAY

#### THURSDAY

#### FRIDAY

Chicken Nuggets,  
Broccoli Cuts,  
Mandarin Oranges,  
Milk

6

Whole Grain Pizza,  
Sliced Carrots,  
Diced Pears,  
Milk

7

Cheeseburger,  
Vegetarian Beans,  
Pineapple Tidbits,  
Milk

8

Maple Pancake Wraps,  
Potato Stars,  
Orange Juice,  
Milk

9

Stuffed Crust Pizza,  
Green Beans,  
Sliced Peaches,  
Milk

10

Grilled Chicken Sandwich,  
Broccoli Cuts,  
Mandarin Oranges,  
Milk

13

Pepperoni Pizza Ripper,  
Green Beans,  
Peaches,  
Milk

14

Hamburger,  
Vegetarian Beans,  
Pineapple Tidbits,  
Milk

15

Chicken Nuggets,  
Cut Corn,  
Fruit Cocktail,  
Milk

16

No School!

17

No School!

20

Grilled Chicken Salad,  
Diced Pears,  
Baby Carrots,  
Milk

21

Hamburger,  
Vegetarian Beans,  
Pineapple Tidbits,  
Milk

22

Breaded Chicken Patty,  
Cut Corn,  
Fruit Cocktail,  
Milk

23

Cheese Pizza,  
Green Beans,  
Sliced Peaches,  
Milk

24

Chicken Nuggets,  
Broccoli Cuts,  
Mandarin Oranges,  
Milk

27

Fiestada Pizza,  
Sliced Carrots,  
Diced Pears,  
Milk

28

