

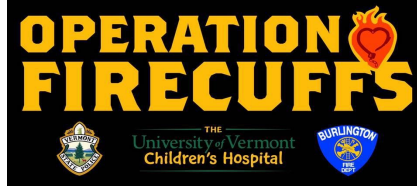
Cambridge Elementary School

Dec. 16, 2022

Bravo to our fourth, fifth, and sixth graders who performed in this week's winter concert entitled "Paint the Town December". It was no easy feat to present this performance due to the fact that numerous students fell ill and were unable to participate. The remaining students along with our music teacher Mrs. Cloutier showed tremendous teamwork and perseverance as they shifted gears, assumed other people's roles, and presented the audience with a beautiful performance. Many thanks to all of our staff who contributed to the production!

This week, I traveled to NCAL with Wyatt Wunderlich, Ben Frimodig, and Declan Sheldon where we had the opportunity to help the shelter in a number of ways including spending some time with some newly arrived kittens who stole our hearts. NCAL currently has many kittens and cats looking for a forever home. Great job wildcats!





Please join us and the Cambridge Fire and Rescue in collecting toys for the children at the University of Vermont Children's Hospital.

The Hospital will accept any and all donations as long as they are new. If you are able and willing to donate the hospital has identified some specific areas of need. They include:: Blankets, Stuffed animals, Legos, pillowcases and gift cards

All donations must be dropped off to CES

Room 211 by Monday, December 19th.

 *Holiday* 
LUNCHEON

Cambridge Elementary

Thursday December 22 2022

All are welcome!

Free for Students
\$5.00 for adults



Menu

Oven Roasted Maple Glazed Pork, Chef's Mashed
Potato, Homemade Dinner Roll with Cabot Butter,
Seasoned Fresh Green Beans, Cranberry Sauce,
Fresh Apples, Dessert and Fresh Milk

Please tear off and return to school before

Name:

Grade:

Class:

Attending



Transportation Announcement:

Due to the current shortage of bus drivers, transportation changes for your child may be denied. We are asking that if you want to send your child on a different bus, that you notify the school by 8am to Beth Brown at BBrown@cesvt.net. This will allow us the time we need to check for available space on a bus. If your request is denied, you will be notified as early as possible.



PreK Instructional Assistant

Cambridge Elementary School is seeking one part time preschool Special Education instructional assistant to work one to one or in small groups with students. The preschool assistant hours are 7:15-1:15, M, W and F.. We are seeking applicants with experience in supporting preschool school aged students with their academic and social and emotional growth. These are school year positions with excellent benefits. You can apply at the link below or via the CES job application which is also linked below.

[Preschool Instructional Assistant Opening](#)

After School Program Behavior Specialist

CES is seeking a part time behavior specialist After School Behavior Specialist Opening to work one on one with an elementary school aged student in our after school program. This position requires training and experience with delivering instruction to students with emotional, behavioral, or neurologically based disabilities. M-F 2:30 to 5:00 p.m. You can apply at the link below or via the CES job application which is also linked below.

[After School Behavior Specialist Opening](#)

CES Bus Driver

We are in need of a bus driver for a 5.5 hour contracted day. These hours follow the school calendar and could potentially have additional hours, outside of the contract, for field trips, late runs, etc..... If you are interested in a position at CES as a bus driver or know someone that might be, please give us a call or complete the job application at the link below and return to Kelly Shortlseeve, CES Transportation Coordinator. We pay all fees that are associated with obtaining a license to drive a bus. Cambridge offers excellent benefits and a great community atmosphere. You can apply at the link below or via the CES job application which is also linked below.

[Bus Driver Opening](#)

[CES Job Application](#)

The Abbey is hiring for 4
hours a day
with possible more hours..
Looking for someone from
10a.m to 2p.m..
light kitchen duties dishes
prepping serving ETC..
Please contact
Michele Hathaway at
1-802-521-5600 ext. 5609
from 6a.m. until
2p.m. Monday through
Friday ..



You can still get free at
home Covid-19 tests

[https://special.usps.com
/testkits](https://special.usps.com/testkits)

Final Walk-in COVID/Flu
Vaccine Clinic of 2022 is Dec
19th

**From 12:30 to 6:00 pm -
Come and visit us!**

Where: Morrisville District
Office, Health Department

Address: 63 Professional
Drive, Suite 1, Morrisville, VT
05661

Vaccines that will be available:

- Pfizer 5-11
- Pfizer 12+
- Moderna 6+
- Pfizer Bivalent Booster 5-11
- Pfizer Bivalent Booster 12+
- Moderna Bivalent Booster 6+
- Flu (for under 65 years)

Covid-19 on site testing can no longer be provided
Yesterday, the Vermont State School Nurse Association
(VSSNA) verified that administering diagnostic tests (including
Covid-19) without a medical provider's order is outside the
scope of practice of school nurses.

So, I will no longer be able to administer testing at school.

Rapid tests will still be available to take home

Since I only have a finite supply, the tests will be limited to
those with symptoms.

KEEPING CES HEALTHY

If your child is sick please keep them home.

The CES "sick kids stay home criteria" is:

fever within the last 24 hours

significant cold symptoms including a cough and runny nose

Any kind of rash

Antibiotics within the last 24 hours

If your child has a mild residual cough, it is helpful to all if they wear a mask

Masking is not required but we support anyone that chooses to wear one to protect themselves or others

if your child has Covid like symptoms, testing can prevent transmission to others

If they test positive, isolation for at least 5 days is required.

Notify the school. We are still required to report cases to the Department of Health

Day 0 is the first day of symptoms or positive test, whichever happens first

Isolation can end after day 5 if fever free for 24 hours without fever reducing medication and feeling better.

It is highly recommended to mask through day 10.

Please notify the school if your child has Covid-19.

Interested in a Covid vaccine for your child?

<https://experience.arcgis.com/experience/cdf6b5c920a54a5f960ca73bda5943c2/>

Questions about all things Covid-19:

<https://www.healthvermont.gov/covid-19>

WWW.CESVT.NET

December 23-Jan 1: NO SCHOOL

LUNCH MENU next week

January 16-NO SCHOOL

Monday: Mac n Cheese

January 25-Early Release @ 11:30

Tuesday: Teriyaki chicken bowl

4th Grade Winter Wellness Dates: [Feb 6-10th](#)

Wednesday: Cheesy breadsticks

5th/6th Grade Winter Wellness Dates: [January 23rd-27th](#) (We will be back early on the Wednesday half day)

Thursday: Holiday Meal, please RSVP
Maple Pork

Friday: NO SCHOOL-Happy Vacation, see you on Monday, January 2nd.



The
GRINCH



PRESENTED BY:

**BALLET
WOLCOTT**

December 18th 2:30 and 6:00

Lamoille Union High School

Reserve tickets: bwvtstudio@gmail.com

Adults \$10 / Seniors \$8 / Children 3-14 \$5

Tickets available at the door. Cash and checks only

CES Teacher/Staff Faves



The CES PTA recently invited teachers/staff to respond to some optional questions about their preferences and favorite things.

We are sharing this info so that anyone in our community who would like to show appreciation during the winter holidays, birthday months, and/or Teacher/Staff Appreciation Week may do so with some informed inspiration:

tinyurl.com/CESfaves

This is only meant as a helpful reference if you are inspired and able to make a gesture of gratitude- not as a prompt to do so.

Note that ALL teachers/staff LOVE to receive handmade/ handwritten cards or notes from students and families!



Our Hours:
 Sunday & Monday: Closed
 Tuesday: 9AM-6PM
 Wednesday: 9AM-6PM
 Thursday: 9AM-6PM
 Friday: 9AM-3PM
 Saturday: 9AM-3PM

DECEMBER 2022

Details of all events can be found at <https://www.varnumlibrary.org/calendar>

Reminder: All patrons under age 13 must be accompanied by an adult remaining within the building.

SUN	MON	TUE	WED	THU	FRI	SAT
				1 Coffee and Conversations 10 AM - 11 AM Guitar Adventures with JJ 4:15 PM - 5:15 PM	2	3 Tai-Chi for Fall Prevention 9:30 AM - 10:30 AM All About Dog Sledding 1 PM - 2 PM
4	5	6 CrafterNoon Paper Mache pt. 1 3 PM - 5 PM	7 Toddler Time 10 AM - 10:30 AM Crochet Circle 3:30 PM - 4:30 PM	8 Coffee and Conversations 10 AM - 11 AM Read With Me 3:30 PM - 4:30 PM	9	10 Tai-Chi for Fall Prevention 9:30 AM - 10:30 AM Song Writers Workshop 11 AM - 12 PM
11	12	13 CrafterNoon Paper Mache pt. 2 3 PM - 5 PM	14 Toddler Time 10 AM - 10:30 AM Dungeons and Dragons 4 PM - 6 PM	15 Coffee and Conversations 10 AM - 11 AM Guitar Adventures with JJ 4:15 PM - 5:15 PM	16	17 Tai-Chi for Fall Prevention 9:30 AM - 10:30 AM
18	19	20 CrafterNoon Pine Cone Bird Feeders 3 PM - 5 PM Feathered Friends 5 PM - 6 PM	21 Toddler Time 10 AM - 10:30 AM Crochet Circle 3:30 PM - 4:30 PM 4-H LocalVores Club 5:30 PM - 7 PM	22 Coffee and Conversations 10 AM - 11 AM Read With Me 3:30 PM - 4:30 PM	23 Cookie-palooza! 11 AM - 3 PM	24 Closed
25	26 Closed	27 CrafterNoon New Year's Hats 3 PM - 5 PM	28 Toddler Time 10 AM - 10:30 AM Dungeons and Dragons 4 PM - 6 PM	29 Coffee and Conversations 10 AM - 11 AM	30	31

Need help during the Holidays?

I will be available to help out during the Holiday season if you are in need of

House Sitting

Childcare

Pet sitting

A lifetime of experience. Please text or call **802 309 8158** for rates and info.

Have a Blessed Thanksgiving!

Annie Rheaume

802 309 8158

BANKING CONTINUES EVERY TUESDAY

Union Bank Save for Success

Saving Money & Getting Rewards

What: School Banking Day
When: October 11th
Where: Stairway to the Gym
Who: Cambridge Elementary School

Tuesday's are Banking Day!

Monica Wood
Coordinator
Save for Success
802.888.0448

mwood@ublocal.com
UBLOCAL.COM

Your School banking day will be on *Tuesday at 7:30 - 7:50*, through-out the school year! Dig out those bank pouches, get your money and join Union Bank at Banking Day! Learn what a savings account is, the advantages of having one, and how it earns interest.

New to the program? Welcome! Pick up your new account packet from Union Bank or a volunteer at the banking table. Open an account any time during the year and Union Bank will give you \$1 to start! Deposit any weekly amount and gain small prizes as a reward.

We hope to see you there!

Happenings at the Varnum Library

The Varnum continues to offer weekly **StoryTime** and a craft every Wednesday at 10. ***Dungeons and Dragons** group meets every other Wednesday from 4-6pm; the dates for D&D in November are: 11/2, 11/16 and 11/30.

As a reminder, all children 12 and younger must be accompanied by a guardian or responsible adult.

Coffee and Conversations is a new program on Thursdays from 10-11 aimed at providing socializing opportunities for retirees and those wanting to find more connection within their community. Coffee and facilitator provided.

Tai-Chi for Fall Prevention will be offered every Saturday from 9:30-10:30. This course is led by a certified instructor and is designed for retirees and those wishing to improve their balance. Please call to register.

Please call the Varnum with any questions!

Varnum Memorial Library
194 Main Street
Jeffersonville, VT 05464
802.644.2117



MOUNT MANSFIELD MARTIAL ARTS

STOW WATERBURY MORRISVILLE CAMBRIDGE

www.MountMansfieldMartialArts.com

Cambridge Karate - New Session Starting



LEARN ABOUT ALL OUR CLASSES!
(802) 760-7094 : SDGDRAGON@AOL.COM
WWW.MOUNTMANSFIELDMARTIALARTS.COM

Karate Kids (ages 5-10)

The Karate Kids Program is designed specifically for children ages 5 through 10. The emphasis is on gross motor skills and activities that are developmentally and age appropriate. Students engage in physical activities that work on balance, coordination, fitness, flexibility, speed, timing, and power skills, along with traditional martial arts movements. Mount Mansfield Martial Arts students understand that the goal of self-defense is to prevent harm, not hurt others. We emphasize that our program uses martial arts techniques to teach social skills such as cooperation, taking turns, sharing, listening, and teamwork. Through training, students work on goal setting and achievement by progressing through our curriculum and obtaining colored belts and stripes. We also integrate a character development program into our classes that reinforces respect, self-control, self-discipline, focus, courtesy, integrity and confidence. Through positive feedback, overcoming challenges, mastering responsibilities and achieving goals, students at Mount Mansfield Martial Arts can become the leaders of tomorrow.

Jr. / Adult Class (All Ranks – ages 10+)

This class follows the Adult Solid Belt system. The class is faster paced and more technically and physically challenging than our Karate Kids program. While the emphasis is primarily traditional martial arts students also delve into Wude (Martial Ethics), modern Self-Defense and physical conditioning. Most importantly, it is still fun. This class is also a great opportunity for the whole family to train together.

Wednesdays - At Cambridge Community Center

- Karate Kids (stripe belts) 3:00 - 3:45 P.M.
- Jr. / Adult (solid belts) 4:00 - 4:45 P.M.

Visit our website to see our full schedule



The weather is getting colder.... soccer season is coming to a close.... there is no better time than NOW to start training taekwondo!

Cambridge Martial Arts Academy (CMAA) is an independent school training in the traditional Korean martial art of taekwondo. CMAA promotes self-esteem, self-confidence, character development and provides students a physical outlet in an educational and controlled environment.

CMAA is a family oriented school; welcoming all people of good character, regardless of age or ability.

We offer structure and discipline for both children and adults in order to promote a healthy lifestyle through the art of taekwondo.

CMAA promotes the tenets of taekwondo: courtesy, integrity, perseverance, self control and indomitable spirit! Our mission is to forge leaders, inspire our students to achieve their personal best, while fostering positive relationships with teammates.

Training is every Tuesday and Thursday 6-pm - 7pm at the Cambridge Elementary School gymnasium. For more information email: cmaatkd@hotmail.com or visit <https://www.facebook.com/cmaaavt>

SNOWBOARD WITH Green MOUNTAIN Academy

Green MOUNTAIN Academy, a non-PROFIT SNOWBOARD AND FREESKI CLUB, HAS OPENINGS FOR SNOWBOARDERS ON OUR TEAM (AGES 10+) AND IN OUR JR. DEVELOPMENT (7-9) PROGRAM. BUILD FUNDAMENTAL SKILLS, LEARN NEW TRICKS, COMPETE, AND HAVE FUN WITH OUR HIGHLY SKILLED COACHES. SCHOLARSHIPS AVAILABLE. REGISTER AT www.greenmountainacademy.com.



<https://forms.gle/r91GxoaiVTvekxxPA>

The Vermont Master Naturalist Program will be offered in Cambridge for the first time in 2022-2023.

Program dates:

September 24, 2022

November 5, 2022

February 18, 2023

April 8, 2023

May 13, 2023

Questions? Contact local program coordinator Sophie Mazowita: sophie.mazowita@gmail.com.



The following items are regularly needed to care for our animals:

**Please note: We are not accepting donations of towels/bedding or other used items at this time and only unopened bags or cans of pet food are accepted. Thank you for understanding.*

Dog food (both dry and canned)

Cat food (both dry and canned)

Dog and cat treats

Plain canned pumpkin (for dog toys)

Dog poop bags

Dog pee pads

Gift cards to Pet Food Warehouse, Guy's Farm & Yard or Menard's Family True Value

Laundry detergent (HE only)

Bleach (HE only)

Paper towels

15 and 30 gallon trash bags

Liquid hand soap

Windex

Postage stamps (Forever)

8 1/2" x 11" white copy paper

To donate online: Please see our [Amazon Wish List](#) or [Chewy Wish List](#) by searching for North Country Animal League and deliver to: 16 Mountain View Meadow Road, Morrisville, VT.