



# PRESS RELEASE

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## NEW MILFORD BOARD OF EDUCATION APPOINTS NEW SUPERINTENDENT

### NEW MILFORD, CT:

At a special meeting on January 5, 2023, the New Milford Board of Education appointed Dr. Janet Parlato of Cheshire, CT, its new Superintendent of Schools, effective February 21, 2023. Dr. Parlato has worked in the Watertown Public Schools for nearly ten years, currently serving as the Principal of Watertown High School. She has spent many years in Central Office of this district of 2,800 students, including as Director of Curriculum, Instruction, Assessment, and Professional Development, then Assistant Superintendent and Interim Superintendent.

Prior to Watertown, Dr. Parlato worked in Berlin, CT. She taught high school English for 15 years, then served as assistant principal for five years. Dr. Parlato received her Bachelor's and Master's degrees from the University of Connecticut and her Doctorate in Education from the University of Pennsylvania.

New Milford's new Board of Education Chair Pete Helmus said, "The New Milford Board has taken the search for our new superintendent very seriously. We listened carefully to our stakeholders who participated in interviews, focus groups, and an online survey. We spent some time reflecting on our own practices, determined to be prepared to make the best decision that would propel the district to a period of stability and growth.

"We spread the net wide in our search for candidates and were pleased ultimately to attract a decent pool of candidates. Dr. Parlato was the choice of the Board because she has significant experience in a similar district, and brings wisdom, vision, experience, caring, and firmness that the Board feels we need at this point in time."

Dr. Parlato wrote, "Since the start of my career in education, I have joyfully dedicated my knowledge, efforts, abilities in the service of both children and adults. As a result of my broad experiences and my academic preparation, I am eager to lead the New Milford Public Schools on a continued path of excellence."

The New Milford Board was guided in its search by Drs. Mary Broderick and Jack Reynolds of CABE Search Services. They gathered perspectives from many stakeholders before writing the Leadership Profile that guided the Board in its search for a new leader.

**Contact: Peter Helmus,  
Board of Education Chair**