

WPCSD Elementary Lunch Menu January 2023



<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
<p><i>Happy New Year!</i></p>	<p>3</p> <p style="text-align: center;"><u>Chicken Nuggets</u> w/ WG Warm Pretzel Sticks Corn Veggie Crunchers Fresh Fruit Apple Sauce Cup</p>	<p>4</p> <p style="text-align: center;"><u>Brunch 4 Lunch</u> Breakfast Sandwich on Soft WG Bun Choice of Egg Patty w/: Cheese; and/or Turkey Sausage; Mixed vegetable Fresh Fruit & Mixed Fruit Cup</p>	<p>5</p> <p style="text-align: center;"><u>Toasty Cheese</u> Toasted American Cheese on WW Bread Vegetarian Beans Veggie Crunchers Fresh Fruit</p>	<p>6</p> <p style="text-align: center;"><u>Pizza by the Slice!</u> WG Cheese Pizza Garden Salad w/ Romaine Lettuce and Grape Tomatoes Fresh Whole Fruit 100% Fruit Juice</p>
<p>9</p> <p style="text-align: center;"><u>Chicken Nuggets</u> w/ WG Dinner Roll Corn Veggie Crunchers Fresh Fruit Apple Sauce Cup</p>	<p>10</p> <p style="text-align: center;"><u>Taco Tuesday</u> Beef or Bean Taco Tostitos Corn Chips & Brown Rice; Vegetarian Beans Toppings – Shredded Cheese, Veggie Crunchers Fruit Cup & 100% Juice</p>	<p>11</p> <p style="text-align: center;"><u>WG Pasta w/ Meat Sauce or w/ Melty Mozzarella Cheese</u> Seasoned Broccoli Italian Bread Slice Fresh Orange Applesauce Cup</p>	<p>12</p> <p style="text-align: center;"><u>Toasty Cheese & Tots</u> Toasted American Cheese on WW Bread Tater Tots Baby Carrots Fresh Fruit</p>	<p>13</p> <p style="text-align: center;"><u>Pizza by the Slice!</u> WG Cheese or Turkey Pepperoni & Garden Salad w/ Romaine Lettuce and Grape Tomatoes Mixed Fruit Cup 100% Fruit Juice</p>
<p>16</p> <p style="text-align: center;"><u>Martin Luther King, Jr. Day Schools Closed</u></p>	<p>17</p> <p style="text-align: center;"><u>Hamburger, Cheeseburger Or Veggie Gardenburger Vegan Chickpea Pasta Salad Or Vegetarian Beans</u> Veggie Crunchers Fresh Whole Fruit, Mixed Fruit Cup, & 100% Fruit Juice</p>	<p>18</p> <p style="text-align: center;"><u>BBQ Roasted Chicken on the Bone; (Nuggets K-1)</u> Soft WG Pretzel Sticks Seasoned Carrots Veggie Crunch Applesauce Cup <i>Meat Free – Vegan Tenders</i></p>	<p>19</p> <p style="text-align: center;"><u>Toasty Cheese & Tots</u> Toasted American Cheese on WW Bread Tater Tots Veggie Crunchers Fresh Fruit</p>	<p>20</p> <p style="text-align: center;"><u>Pizza by the Slice!</u> WG Cheese & Turkey Peperoni Pizza Garden Salad w/ Grape Tomatoes Fresh Whole Fruit 100% Fruit Juice</p>
<p>23</p> <p style="text-align: center;"><u>Brunch 4 Lunch</u> Breakfast Sandwich Variety on Soft WG Bun Choice of Egg Patty w/: Cheese; Turkey Bacon; or Turkey Bacon Orange Glazed Carrots Fresh Fruit & Fruit Cup</p>	<p>24</p> <p style="text-align: center;"><u>Taco Tuesday</u> Beef or Bean Taco Tostitos Corn Chips & Brown Rice; Vegetarian Beans Toppings – Shredded Cheese, Veggie Crunchers Fruit Cup & 100% Juice</p>	<p>25</p> <p style="text-align: center;"><u>Pizza Boli</u> Soft WG Dough Stuffed w/ Melty Mozzarella and Marinara Sauce Side Salad & Baby Carrot Crunchers Fresh Whole Fruit Variety Apple Sauce Cup</p>	<p>26</p> <p style="text-align: center;"><u>BBQ Chicken Sandwich</u> Tender Chicken Strips & Tangy BBQ Sauce on WG Club Roll Crispy Oven Fries Veggie Crunchers Fresh Orange <i>Meat Free Vegan Tenders</i></p>	<p>27</p> <p style="text-align: center;"><u>Pizza by the Slice!</u> WG Cheese Broccoli Veggie Crunchers Chilled Fruit Cup 100% Fruit Juice</p>
<p>30</p> <p style="text-align: center;"><u>Popcorn Chicken</u> w/ WG Warm Pretzel Stick Seasoned Carrots Veggie Crunchers Fresh Fruit Apple Sauce Cup</p>	<p>31</p> <p style="text-align: center;"><u>Taco Tuesday</u> Beef or Bean Taco Soft Flour Tortilla & Brown Rice; Vegetarian Beans Toppings – Shredded Cheese, Veggie Crunchers Fruit Cup & 100% Juice</p>	<p>ALL LUNCH MEALS COME WITH ALL FRUITS & VEGETABLES, Milk choice – 1% or FF white; FF Chocolate Daily Alternate: WG Bagel & Yogurt: WG Bagel, 4oz Fruit Yogurt; LF Mozzarella String Cheese <u>Entrée Salad Option - Wednesday & Thursday</u> <u>Garden Salad w/ Cheese; Fresh Romaine; Grape Tomatoes,</u> <u>Cucumber & Baby Carrots w/ Pretzel Stick or Dinner Roll</u> <u>Deli Sandwich - Monday & Tuesday;</u> Turkey or Turkey Ham & Cheese (Alternate Weekly) or Cheese on Whole Grain Roll or Bun</p>		

This institution is an equal opportunity provider. If you have a food allergy, please speak to the owner, manager, chef or your server.

Important News:

Important Changes for 2022-2023
Lunch Meals are no longer provided free of charge. Cost is based on each student's eligibility.

**Free/Reduced students, no charge;
Paid Price \$3.25**
Visit www.MySchoolBucks.com
**To open a FREE user account to view
your student's balance and purchases!
(There is only a fee if funds are added).**

*Every WPCSD family is encouraged to
complete an Enrollment Benefit Form
for the 22-23 school year. A new form
MUST be completed each year.*
Apply at www.MySchoolApps.com

Students use their school ID card to scan in the cafeteria and access their lunch account. Every student has an ID card and every student has a lunch account associated with their student ID number.

**Breakfast is offered daily, no
charge, for all students for the
2022-2023 school year!**

**For more information or questions, please
contact the WPCSD Food & Nutrition
Program Office 914-422-2054. Se habla
Español.**

WG=Whole Grain; WW=Whole Wheat; LF=Low
Fat
RS=Reduced Sugar; FF=Fat Free
(V)=Vegetarian/Meatless
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