

FAMILY AND CONSUMER SCIENCE

FACS COURSES



FOOD FUNDAMENTALS

In this introductory foods course, you'll practice basic cooking skills related to measuring, knife skills, plate design, small appliances, kitchen and food safety, nutrition, and special diets. Prepare and eat foods like caramel rolls, salsa, chicken alfredo, and much more!

GOURMET FOODS

Gain additional cooking skills and taste new foods as we make things like pizza, crepes, macarons, cream puffs, focaccia, chicken parmesan, and more. Tour through regional foods of the United States and explore cultural foods of the world! *^

SEWING I

Get ready to have fun learning how to operate a sewing machine! You will get the opportunity to sew a pillowcase, mittens, pajama pants, and a bag. Fashion concepts of color, line, and design will be covered. ^

SEWING II

Students will develop advanced sewing skills by constructing a zippered decorative pillow, zippered skirt, and a collared shirt. *

FASHION DESIGN AND MERCHANDISING

If the world of fashion interests you, then this class was designed for you! With a focus on both creativity and merchandising, you will explore design techniques and possible careers paths related to the fashion industry.

INTERIOR DESIGN STUDIO

Explore the world of homes and interiors as you gain skills in decorating and design. Students will study decorating styles, furniture arrangements, elements/principles of design, and floor plan layout. ^

ADVANCED INTERIOR DESIGN STUDIO

Continue learning design and decorating skills in this new course! Students will design a variety of both commercial and residential properties based on the wants and needs of their client. *

INDEPENDENT LIVING

Adulting 101! This course helps prepare you to live independently by learning about getting a job, money management, apartment hunting, credit, banking, insurance, and taxes. >

CHILD PSYCHOLOGY AND PARENTING A AND B

If you want to learn about child development and teach 3-5 year olds, this class is for you! Course content includes physical, intellectual, emotional, and social development of children. >

ELEMENTARY MENTORING

In this class you will mentor elementary students 4 days a week! This class is for self-motivated 11th & 12th graders who are considering a career working with children. >

PEER INSIGHTS

Students with and without disabilities work together to learn about the challenges and realities of a living with a disability. ~>

CONTEMPORARY RELATIONSHIPS

This course is designed to provide insight into the dynamics of relationships by examining love, dating, marriage, families, and communication styles. >

LIFE ISSUES

Examine and understand the cause, effects, and complexities that certain life issues may have on the individual and their relationships. >

*indicates a required prerequisite > indicates course is for Juniors or Seniors only ~ indicates a "skinny" course ^ fulfills an Applied Arts credit