



# FEBRUARY | 2023

## Jr Sr High Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31	1 Chicken Pot Pie Bowl w/ Mashed Potatoes, Chicken, Mixed Vegetables, Gravy, Biscuit Assorted Fruit (2) Jell-O Ice Cold Milk	2 Corn Dog Roasted Sweet Potatoes Steamed Broccoli Assorted Fruit (2) Mini Ice Cream Sandwich Ice Cold Milk	3 Breaded Chicken Patty on Bun Potato Casserole Capri Vegetable Blend Assorted Fruit (2) Ice Cold Milk
6 Chicken Quesadilla Salsa, <b>Sour Cream</b> Cooked Carrot Spicy Potatoes Assorted Fruit (2) Cookie Ice Cold Milk	7 Chili Soup or Taco Soup w/ Shredded Cheddar, Onion Toasted Cheese Sandwich Corn Assorted Fruit (2) Ice Cold Milk	8 BBQ Pulled Pork Potato Bowl w/ Cheese, Onions, Jalapenos <b>Breadstick (1)</b> <b>Breadsticks (2)</b> Key West Vegetables Assorted Fruit (2) Ice Cold Milk	9 2 Soft Tacos w/ Taco Beef or Fajita Chicken Cheese, Lettuce, Onions, Salsa, <b>Sour Cream</b> Fiesta Taco Beans Assorted Fruit (2) Ice Cold Milk	10 Oriental Chicken on Rice Far East Vegetables String Green Beans Assorted Fruit (2) Fortune Cookie Ice Cold Milk
13 Bosco Cheese Breadsticks w/ Marinara Sauce Steamed Cauliflower Romaine Spinach Salad w/ Dressing Assorted Fruit (2) Ice Cold Milk	14 Chicken Nuggets Baked Beans Italian Vegetables <b>Muffin</b> Assorted Fruit (2) Ice Cold Milk	15 Turkey & Cheese on Sub Bun Baked Chips Baby Carrots w/Dip Assorted Fruit (2) Ice Cold Milk	16 Chicken & Noodles Mashed Potatoes Corn <b>Dinner Roll &amp; Marg (1)</b> <b>Dinner Roll &amp; Marg (2)</b> Assorted Fruit (2) Ice Cold Milk	17 Pepperoni Pizza Green Beans Sicilian Vegetables Assorted Fruit (2) Pudding Cup Ice Cold Mil
20  No School President's Day	21 BBQ Pulled Pork Sandwich Sweet Potato Wedges Roasted Brussel Sprouts Assorted Fruit (2) Ice Cold Milk	22 Pancakes (2) w/ Syrup Sausage Patties (2) Hash Brown Rounds (2) Vegetable Juice Assorted Fruit (2) Ice Cold Milk	23 Chili Cheese Hot Dog w/Onion <b>Doritos</b> Sugar Snap Peas Baked Beans Assorted Fruit (2) Ice Cold Milk	24 Cheese Pizza Corn Steamed Broccoli Assorted Fruit (2) Fruit Roll Up Ice Cold Milk
27 Cheeseburger w/ Pickles Waffle Fries Scandinavian Vegetables Assorted Fruit (2) Ice Cold Milk	28 Chicken Tender Wrap w/ Lettuce, Shredded Cheddar, Sauce Nantucket Vegetables Peas Assorted Fruit (2) Ice Cold Milk	1	2	3

### News

There are 3 ways to make complete reimbursable meal for all students.  
Main Tray Line  
Salad Bar  
Ala Carte

Students may substitute the main entrée for a PB & Jelly Sandwich Kit. Just ask cashier if you have any questions.

Due to Delays, Cancellations and Delivery Issues the menu is subject to change. Sorry for any inconvenience this may cause. Thank You

**Lunch Served**  
Northfield High 11:15 am – 12:35 pm  
Southwood High 11:15 am – 12:35 pm

**Lunch Prices**  
Reduced \$2.40 Paid \$2.60  
2nd Lunch Tray \$2.95

If you receive a free or reduced lunch. You can also receive a free or reduced breakfast. Just contact your school office or school food service department if you have any questions.

Visit Our New Facebook Site:  
[MSDFoodService](#)

**Grades 7-8 only due to Calories or Sodium Levels**

**Grades 9-12 only due to Calories or Sodium Levels**