

Wellness Committee Meeting

Meeting Date:	Jan. 19, 2023
Meeting Start/EndTime:	8:00-9:00
Meeting Location:	WAPS District Office Conference Room 1
Members Present:	Emily Solheid, Amanda Langley, Vanessa Southworth, Linda Jacobs, Cristen Schultz, Kelsey Scott, Jackie Henderson, Jennifer Walters, Patricia Beckman
Other Attendees:	
Members Absent:	



<p><i>Our Vision:</i> A safe and inclusive community of compassionate, curious and resilient lifelong learners..</p>	<p><i>Our Mission:</i> Inspire, curiosity, empower resilience, engage community.</p>
<p><i>District Belief Statements:</i></p> <ul style="list-style-type: none"> ● We believe that public schools should serve and engage students, families, staff and the community. ● We believe learning and teaching is maximized in a safe, respectful and inclusive environment. ● We believe every individual's diversity and experience is valued. ● We believe healthy relationships are crucial for the success of our schools. ● We believe that every student can achieve to the best of their ability. ● We believe all decisions should be focused on students and their success. 	<p><i>Core Values:</i></p> <ul style="list-style-type: none"> ● Safety: Everyone's physical and emotional well-being is a priority. ● Integrity: Everyone does the right thing and makes positive choices, even if it is difficult. ● Inclusivity: Everyone belongs, is valued and is heard. ● Equity: Everyone has the opportunities, access, information and support provided in the individual way they need it. ● Respect: Everyone's differences are recognized, acknowledged and celebrated.
<p><i>Our Team Collective Commitments:</i></p> <ul style="list-style-type: none"> ● We will maintain a fun and positive environment by assuming honorable intent. ● We will be active participants in the decision making process and respect and follow through with all decisions made. 	

- We will limit technology, limit/eliminate side conversations and be responsible for our individual and collective retention of information to be actively engaged.
- We will be student centered and results focused.
- We will use data and evidence to inform discussions and decisions.

<u>Agenda Item:</u>	<u>Type:</u> (Procedural, Information, Briefing, Action)	<u>Discussion/Action:</u> (Minutes)	<u>Person Responsible:</u> (Reports to Superintendent)
Call to Order	Procedural		
<i>Welcome</i>	Information	Member Introductions	Jennifer Walters
Wellness Policy	Action	Per MDE review, we will need to update the Wellness Policy to address marketing.	Jennifer Walters
Wellness Initiatives at the Schools	Action	Updates- Dimensions Worksheet Walking Challenge for PK-6th Grade	Jackie Henderson and Wellness Committee
Other Business	Action	Tables for the summer meal program at the pool. Possibly find funding from the Winona Community Foundation and SHIP	Committee input
Adjournment	Procedural		Committee Input