

# FREDERICA ACADEMY

## 2023 SUMMER PROGRAMS CATALOG





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## FREDERICA ACADEMY SUMMER PROGRAMS MISSION

Our mission is to maximize adventures within our community by providing engaging and meaningful experiences to enrich the development of mind, body, and spirit.

Summer is a time for new adventures, laughing with friends, and creating memories that last a lifetime. Frederica Academy Summer Programs are designed to offer a variety of opportunities where your child can experience summer within our community. With camps running throughout June and July, we offer both our signature camps and specialty camps that are sure to fit your child's taste of adventure. Signature camps such as our themed Little Knights (ages 3-4) and age-focused Camp Knights (rising K-5th graders) run each consecutive week during the 9 weeks of summer and will incorporate field trips, special visitors, water days, and more! Our specialty camps run throughout eight weeks this summer and vary in age range and offerings each week.

## REGISTRATION

Registration opens on January 15, 2023. Take advantage of our early registration discount of 10% off using the code EARLY on any camp through March 1, 2023. NO EXCEPTIONS should you need to change your registration.

To register, please visit our website at: <http://www.fredericaacademy.org/summerprograms> and click "Register Here". This link will take you to our online registration where you can select camps and add-ons like Lunch Bunch, extended hours, and Fridays for any of our camps.

**WAITLIST:** When registering, if a camp is at full capacity, you will have the option to register for the waitlist. By registering for the waitlist, you are agreeing to pay for the selected camp in full should a spot become available. If the spot opens up, you will receive a confirmation email that your child has been registered. Please ensure that the email we have on file is your preferred email address as these are automated emails.

**Additionally, please be aware that once your child is registered from the waitlist, it is your responsibility to contact the Summer Programs Director, Heather Day, if the registration is no longer wanted. Cancellation fees will apply 72 hours after confirmation emails of registration are sent. If you do not want to be auto-enrolled, please do not sign up for the waitlist. You are welcome to keep checking back for availability on the website.**

**LUNCH BUNCH:** Lunch Bunch runs from 12:00 p.m. - 1:00 p.m. as an extension to our half-day camps, and provides an opportunity for Frederica Academy Summer Programs to provide lunch for your child. Lunch will include a choice of sandwich, two sides, and a cookie. Campers are also welcome to sign up for the Lunch Bunch hour and bring their own lunch. For more information, or any questions, please contact Summer Programs Director Heather Day at [heatherday@fredericaacademy.org](mailto:heatherday@fredericaacademy.org). We look forward to having an adventure with you this summer!

## CANCELLATION POLICY

We understand if you must cancel; however, due to the high demand of our summer programs, we will follow our cancellation policy in regard to refunds and fees. Any cancellation or change made more than two weeks before your child's first day of camp does not carry any type of cancellation fee. You will be fully refunded for your registration if it is canceled prior to the two week window. Should you cancel within the two weeks before your child's first day of camp up to the 48 hours before your child's start day of camp, you will receive a cancellation fee of \$50. If you cancel within this window, your refund will have this \$50 fee deducted from it. No refunds will be provided for cancellations made less than 48 hours prior to the start of the selected camp date.

## EXTENDED HOURS

**MORNING HOUR:** When registering, you will have the option to extend your morning camp hours by one hour. This hour, which will run from 8:00am to 9:00am, provides an early drop off where your child may enjoy free play until their camp begins at 9:00am. To utilize this drop off time, choose the Extended Morning Hour option when registering.

**AFTERNOON HOUR:** When registering, you will have the option to extend your camp hours in the afternoon by one hour. This hour, which will run from 4:00pm to 5:00pm, provides an additional hour where your child may enjoy free play until their pick up time at 5:00pm. To utilize this drop off time, choose the Extended Afternoon Hour option when registering.

## LITTLE KNIGHTS (AGES 3-4)

Little Knights camp is a half-day themed camp running from 9:00 a.m. - 12:00 p.m. for our 3 and 4 year old friends with an option to extend your morning hours and/or stay for lunch. Each week, our camp will highlight a new theme that incorporates age-appropriate reading, crafts, hands-on activities, games, and songs. You can find each theme listed weekly in the catalog. Additionally, our Little Knights will participate in a Water Day on-site every Friday. Parents will receive a weekly newsletter via email prior to the beginning of each week to outline all the fun that we will have! Campers must be 3 years old by May 30, 2023, and be fully potty trained.

## CAMP KNIGHTS (GRADES K-5)

Camp Knights is back and better than before! Camp Knights is offered as a full day camp running from 9:00 a.m. - 4:00 p.m. or as a half-day camp running from 9:00 a.m. - 12:00 p.m. or 1:00 p.m. - 4:00 p.m. for any camper in rising K-5th grades. Campers will be grouped by grade (K-2nd and 3rd-5th) and will participate in our developmentally appropriate activities tailored to their age group. These weekly activities will include crafts, games, outdoor play, a STEAM exploration day, a movie day, and an off-site field trip. STEAM stands for Science, Technology, Engineering, Art, and Math, and helps address a wide range of camper interests. Additionally, Camp Knights will offer a new and improved Water Day on Friday of each week. Registered parents will receive a weekly newsletter via email that outlines our adventure-packed itinerary prior to each week.

## FA SUMMER CAMPS WEEK 1 (MAY 30 - JUNE 2) ABBREVIATED WEEK

### **LITTLE KNIGHTS** (Ages 3-4)

- Dates: Tuesday - Friday
- Half Day (FA Families: \$90) (Non FA Families: \$105)
- Our theme for this week will be Farm Animals!

### **CAMP KNIGHTS** (Rising K - 5th Graders)

- Dates: Tuesday - Friday
- Full Day (FA Families: \$160) (Non FA Families: \$190)
- Half Day (FA Families: \$85) (Non FA Families: \$100)
- We will be "making messes" this week!

### **BABYSITTING 101** (Rising 5th - 12th Graders) - \$175

- Dates: Tuesday - Friday
- Time: 9:00 a.m. - 12:00 p.m.
- Instructor: Nikki Pope

Learn the skills to become a great babysitter! You and your friends will explore the basics of infant and child care, first aid, CPR, fun kid's activities, leadership, and babysitting business start-up ideas. Combining real life practice sessions and online modules, you will earn a Red Cross Babysitting Certificate and American Heart Association CPR Certificate.

### **BASEBALL CAMP** (Rising 1st - 8th Graders) - \$130

- Dates: Tuesday - Friday
- Time: 9:00 a.m. - 12:00 p.m.
- Instructor: Scotty Bateman

Baseball Camp is designed for a wide range of age and skills. This camp is for young athletes who wish to get connected with the game of baseball, while also maximizing performance on the field. Find out how fast you can pitch, how many home runs you can hit, and how fast you can run the bases. You are not only sure to enhance your game, but you will have the best time with Coach Scotty. Please wear cleats and bring a glove and water bottle each day.

### **KAYAK AND FISHING ROUND 1** (Rising 3rd - 10th Graders) - \$250

- Dates: Tuesday - Friday
- Time: 9:00 a.m. - 1:00 p.m.
- Instructor: Southeast Adventure Outfitters

If you love being on the water, this camp is for you! At our new Kayak and Fishing Adventure Camp, campers will join Southeast Adventure for a week filled with kayaking, fishing, paddleboarding, and even some shark tooth hunting. Wear comfortable waterproof clothes and sunscreen for this camp.

### **KNIGHTS KICKBALL** (Rising 1st - 6th Graders) - \$130

- Dates: Tuesday - Friday
- Time: 9:00 a.m. - 12:00 p.m.
- Instructor: Kevin Roberts

Believe it or not, kickball is one of the most popular recreational sports across the country and a solid favorite choice for recess games. Knights Kickball offers a super fun opportunity to learn how to set up and play kickball on the field. Campers will have a great time learning how to score more runs while safely burning some energy. Wear comfortable, cool, athletic clothes, tennis shoes, and sunscreen for this camp.

### **PIRATE PARTY** (Rising 1st - 3rd Graders) - \$135

- Dates: Tuesday - Friday
- Time: 1:00 p.m. - 4:00 p.m.
- Instructor: Rebecca Pruitt

Argggghh! We invite you to join our Lower School Director, Rebecca Pruitt, for the first ever summer Pirate Party. At this camp, campers will participate in four fun-filled days of pirate activities. Activities will include everything from making crafts such as a pirate map and pirate attire to playing games such as walking the plank. Did we mention that campers will even learn how to be a pirate? This camp is sure to be a fun time for pirate lovers!

### **POTTERY** (Rising 2nd - 5th Graders) - \$165

- Dates: Tuesday - Friday
- Time: 9:00 a.m. - 12:00 p.m.
- Instructor: Kelli Hartill

Pottery camp offers you a week of creativity and fun! Join your friends to experiment with various sculpting and glazing techniques, while creating your own kiln-fired pieces. Projects will be differentiated based on previous participation, so if you've loved this class before, be sure to sign up again! Dress comfortably. Camp fee includes ALL supplies needed.

## FA SUMMER CAMPS WEEK 2 (JUNE 5 - JUNE 9)

### LITTLE KNIGHTS (Ages 3-4)

- Dates: Monday - Friday
- Half Day (FA Families: \$110) (Non FA Families: \$125)
- Our theme for this week will be Transportation!

### CAMP KNIGHTS (Rising K - 5th Graders)

- Dates: Monday - Friday
- Full Day (FA Families: \$180) (Non FA Families: \$210)
- Half Day (FA Families: \$100) (Non FA Families: \$120)
- Our theme for this week is "Sports and Games"!

### CHEERLEADING (Rising 1st - 8th Graders) - \$130

- Dates: Monday - Thursday
- Time: 9:00 a.m. - 12:00 p.m.
- Instructor: Ashley Zimmermann

Learn how to cheer on your favorite team during an exciting and fun-filled four days of cheer camp. Participants can look forward to learning cheers, chants, jumps, stunts, and dance! We will teach safety when stunting, while focusing on the proper technique of each skill. No matter what level of cheer experience, participants will have a great time learning new material and will have the opportunity to come back and perform for friends and family during the cheerleading showcase. We will do a showcase for family and friends on the last day of camp! Tennis shoes are required.

### CHESS CAMP ROUND 1 (Rising 1st - 8th Graders) - \$135

- Dates: Monday - Thursday
- Time: 1:00 p.m. - 4:00 p.m.
- Instructor: Gary Cumby

Learning the game of chess can improve critical thinking skills while having fun! Whether you are a beginner or a more advanced player, our chess camp is sure to help you improve your game and your thinking!

### DESIGN AND BEDAZZLE CRAFT CAMP (Rising 1st - 3rd Graders) - \$135

- Dates: Monday - Thursday
- Time: 1:00 p.m. - 4:00 p.m.
- Instructor: Rebecca Pruitt

Do you love to design crafts? Do you love all things shiny? If so, please join our Lower School Director, Rebecca Pruitt, for our very first Design and Bedazzle Craft Camp. During this camp, campers will get their sparkly creative juices flowing as they design, complete, and bedazzle their own crafts. It is sure to be a 'dazzling' time!

### **FREDERICA FOOTBALL (Rising 1st - 8th Graders) - \$130**

- Dates: Monday - Thursday
- Time: 9:00 a.m. - 12:00 p.m.
- Instructor: Brandon Derrick

Down, Set, Hut! Are you ready to develop your passing, tackling, and punting skills? Join us for a fun-filled week of Football Camp and determine which position is best for you! All participants will play in a football game for family and friends on the last day of camp! Tennis shoes are required. You are welcome to bring your own football and cleats.

### **LEGO CAMP (Rising K - 4th Graders) - \$135**

- Dates: Monday - Thursday
- Time: 1:00 p.m. - 4:00 p.m.
- Instructor: Kelli Hartill

We are excited to bring back our Lego Camp. Lego Camp gives our campers a chance to explore the wonderful world of Legos. At this camp, campers will develop their teamwork, math, and science skills while playing with Legos! This is an amazing chance to apply real-world concepts while building their own creations tied to popular themes such as space and amusement parks. Be sure to sign up for the limited space in this camp!

### **MAKERSPACE - MAKE THINGS - ROUND 1 (Rising 3rd - 8th Graders) - \$165**

- Dates: Monday - Thursday
- Time: 9:00 a.m. - 12:00 p.m.
- Instructor: Taylor Lenon

Due to its popularity and limited spots, we have decided to offer three rounds of Makerspace this summer. Each of the three sections will offer different activities such as photography, filming, robotics, 3D printing, gaming, and electronics. Campers will have the opportunity to choose what they are most interested in out of these topics and spend their time on what they love! Because of the variety of these topics and the choices campers have during this camp, campers could take this camp for 1 or all 3 weeks.

### **SUPERHERO CAMP (Rising PK - 2nd Graders) - \$140**

- Dates: Monday - Thursday
- Time: 9:00 a.m. - 12:00 p.m.
- Instructor: Nikki Pope

Have you ever wanted to live like a superhero? Come spend a week living a life of keeping everyone safe from villains! We will celebrate all things superhero. We will read stories, play games, make crafts, have fun superhero-themed activities, dress up like a superhero, and have snacks all based on your favorite superhero. Sign your little superhero up for this fun-filled week of villain fighting (with no real fighting).

## FA SUMMER CAMPS WEEK 3 (JUNE 12 - JUNE 16)

### LITTLE KNIGHTS (Ages 3-4)

- Dates: Monday - Friday
- Half Day (FA Families: \$110) (Non FA Families: \$125)
- Our theme for this week will be Bugs and Butterflies!

### CAMP KNIGHTS (Rising K - 5th Graders)

- Dates: Monday - Friday
- Full Day (FA Families: \$180) (Non FA Families: \$210)
- Half Day (FA Families: \$100) (Non FA Families: \$120)
- Our theme for this week is "Color Me Happy"!

### CROSS COUNTRY CLINIC (Rising 5th - 12th Graders) - \$125

- Dates: Monday - Thursday
- Time: 7:30 a.m. - 10:00 a.m.
- Instructor: Trey House

Our Cross Country Clinic is designed for rising and current Middle and Upper School students. No experience on a cross country team is necessary! This clinic is designed for anyone interested in joining the team, or anyone who would just like to run for a little bit. This 4-day camp will include workouts designed to increase endurance and speed, while making sure campers have fun in the process.

### GAMES-GAMES-GAMES (Rising K - 5th Graders) - \$135

- Dates: Monday - Thursday
- Time: 1:00 p.m. - 4:00 p.m.
- Instructor: Lyndsey Miller

If you love games, you are going to love our new camp, Games-Games-Games! At this camp, campers will explore a variety of games to strengthen their teamwork skills. These games will include everything from indoor board games to outdoor playground games. There will be a game for every camper's interest. We encourage campers to wear tennis shoes and comfortable clothes.

### MAKERSPACE - MAKE THINGS - ROUND 2 (Rising 3rd - 8th Graders) - \$165

- Dates: Monday - Thursday
- Time: 9:00 a.m. - 12:00 p.m.
- Instructor: Taylor Lenon

Due to its popularity and limited spots, we have decided to offer three rounds of Makerspace this summer. Each of the three sections will offer different activities such as photography, filming, robotics, 3D printing, gaming, and electronics. Campers will have the opportunity to choose what they are most interested in out of these topics and spend their time on what they love! Because of the variety of these topics and the choices campers have during this camp, campers could take this camp for 1 or all 3 weeks.

### **PAINTING TECHNIQUES** (Rising 1st - 5th Graders) - \$135

- Dates: Monday - Thursday
- Time: 1:00 p.m. - 4:00 p.m.
- Instructor: Whitney Morrison

Do you love painting? Join us to explore the art of painting! At this Painting Camp, you learn the basics of painting, different techniques, and create your very own masterpiece to take home. Play clothes that can endure paint splotches are encouraged.

### **PRINCESS CAMP** (Rising K - 3rd Graders) - \$150

- Dates: Monday - Thursday
- Time: 9:00 a.m. - 12:00 p.m.
- Instructor: Nikki Pope

Have you ever wanted to live like a princess? Come spend a week living a life of royalty! We will celebrate all things princess. We will read stories, play games, make crafts, have fun princess-themed activities, dress up like a princess, and have snacks all based on your favorite princesses. Sign your little princess up for this fun-filled week of princess character building!

### **SOCCER ROUND 1** (Rising 1st - 8th Graders) - \$130

- Dates: Monday - Thursday
- Time: 9:00 a.m. - 12:00 p.m.
- Instructor: Gabe Gabriel

Do you have fast feet? Soccer Camp will assist players in improving their current skill level while providing opportunities for learning new skills in a fun, instructive environment. Games and technical training are used to enhance the players' skills and understanding of the game to make them better soccer players! Players are encouraged to wear cleats and shin guards.

## FA SUMMER CAMPS WEEK 4 (JUNE 19 - JUNE 23)

### LITTLE KNIGHTS (Ages 3-4)

- Dates: Monday - Friday
- Half Day (FA Families: \$110) (Non FA Families: \$125)
- Our theme for this week will be Under the Sea!

### CAMP KNIGHTS (Rising K - 5th Graders)

- Dates: Monday - Friday
- Full Day (FA Families: \$180) (Non FA Families: \$210)
- Half Day (FA Families: \$100) (Non FA Families: \$120)
- Our theme for the week is "beach week".

### ART, CRAFTS, AND DRAWING CAMP (Rising K - 5th Graders) - \$135

- Dates: Monday - Thursday
- Time: 9:00 a.m. - 12:00 p.m.
- Instructor: Rebecca Parmelee

Do you love to draw and create a variety of different crafts? This camp is full of fun for all ages! The children are sure to have a blast creating art, drawings, and interesting hands-on crafts each day. It will be jam packed with awesome artistic experiences!

### BASKETBALL BUDDIES FOR BEGINNERS (Rising K - 5th Graders) - \$130

- Dates: Monday - Thursday
- Time: 9:00 a.m. - 12:00 p.m.
- Instructor: James Oberlies

Basketball Buddies is designed for those campers who love the game of basketball and are interested in learning more about it. It is ideal for beginner players who want to learn about the game of basketball and practice new skills. Instruction, activities, and games will focus on individual skills including areas of dribbling, shooting, and passing. Campers will end their week combining their new skills to play a game of basketball together. Tennis shoes are required. Please bring a water bottle each day.

### EVERYBODY LOVES P.E. (Rising K - 5th Graders) - \$125

- Dates: Monday - Thursday
- Time: 1:00 p.m. - 4:00 p.m.
- Instructor: Kiara Williams

Our Everybody Loves P.E. Camp is one of our campers' favorites! This camp is a safe and fun-filled program that focuses on encouraging a lifetime of physical activity! Boys and girls will sample a variety of team sports and fun games, while hearing about the important topics of sportsmanship, team building, and maintaining a healthy lifestyle. Tennis shoes are required.

### **MAKERSPACE - MAKE THINGS - ROUND 3** (Rising 3rd - 8th Graders) - \$165

- Dates: Monday - Thursday
- Time: 9:00 a.m. - 12:00 p.m.
- Instructor: Taylor Lenon

Due to its popularity and limited spots, we have decided to offer three rounds of Makerspace this summer. Each of the three sections will offer different activities such as photography, filming, robotics, 3D printing, gaming, and electronics. Campers will have the opportunity to choose what they are most interested in out of these topics and spend their time on what they love! Because of the variety of these topics and the choices campers have during this camp, campers could take this camp for 1 or all 3 weeks.

## FA SUMMER CAMPS WEEK 5 (JUNE 26 - JUNE 30)

### LITTLE KNIGHTS (Ages 3-4)

- Dates: Monday - Friday
- Half Day (FA Families: \$110) (Non FA Families: \$125)
- Our theme for this week will be Red, White, and Blue!

### CAMP KNIGHTS (Rising K - 5th Graders)

- Dates: Monday - Friday
- Full Day (FA Families: \$180) (Non FA Families: \$210)
- Half Day (FA Families: \$100) (Non FA Families: \$120)
- We will be having a "Party in the USA" this week!

### ADVANCED BASKETBALL SKILLS CAMP (Rising 5th - 9th Graders) - \$275

- Dates: Monday - Friday
- Time: 9:00 a.m. - 2:30 p.m.
- Instructor: James Oberlies

This basketball camp is designed for our skilled boy and girl basketball players. This camp incorporates small-group training sessions as well as position-specific drills that further prepare players for their upcoming tryouts, league season, and school teams. Frederica Academy's Coach Oberlies (former college basketball player) will work directly with campers to hone their technical, tactical, and strategic skills during this camp. Furthermore, this camp will include on-court group sessions to enhance shooting, dribbling, defense, and provide an important opportunity to receive one-on-one feedback regarding players' game.

### CRAZY COOKING & DELECTABLE DESSERTS (Rising 1st - 5th Graders) - \$165

- Dates: Monday - Thursday
- Time: 1:00 p.m. - 4:00 p.m.
- Instructor: Lyndsey Miller

Crazy Cooking Camp is one of our popular hands-on camps that provides real-life experience, but this year it is back with a twist! Campers will create their own chef hats, learn their way around the kitchen, and acquire some baking knowledge all while making some tasty (and crazy!) recipes. Campers will showcase their creations at the end of this camp.

### JILL STANFORD DANCE CAMP (Rising K - 5th Graders) - \$135

- Dates: Monday - Thursday
- Time: 9:00 a.m. - 12:00 p.m.
- Instructor: Anna Martin

We are excited to bring Jill Stanford's dance studio back to our campus this summer! If you love to dance, this camp is for you! You will learn the basics of ballet, jazz, and tap. You will also learn a short performance. We encourage you to dress in dance clothes and bring your own shoes if you have them!

### **TINKER TIME** (Rising 1st - 5th Graders) - \$140

- Dates: Monday - Thursday
- Time: 9:00 a.m. - 12:00 p.m.
- Instructor: Michelle Riner

Are you ready to tinker? This camp offers hands-on learning experiences for all campers! Campers will have fun building and collaborating with friends. Activities are designed to spark imagination, foster teamwork, encourage self-confidence and problem-solving skills while exploring a variety of materials such as Legos, Marble Runs, Solo Cups, Magna-Tiles, Jenga, Creation Cubes and more! So, if you are ready to explore the world around you while tapping into your creativity, this camp is for you!

## FA SUMMER CAMPS WEEK 6 (JULY 10 - JULY 14)

### LITTLE KNIGHTS (Ages 3-4)

- Dates: Monday - Friday
- Half Day (FA Families: \$110) (Non FA Families: \$125)
- Our theme for this week will be Camping!

### CAMP KNIGHTS (Rising K - 5th Graders)

- Dates: Monday - Friday
- Full Day (FA Families: \$180) (Non FA Families: \$210)
- Half Day (FA Families: \$100) (Non FA Families: \$120)
- Our theme is "world of desserts" this week!

### CHESS CAMP ROUND 2 (Rising 1st - 8th Graders) - \$135

- Dates: Monday - Thursday
- Time: 1:00 p.m. - 4:00 p.m.
- Instructor: Gary Cumby

If you missed our first chess camp or want to practice your chess skills, this camp offers an opportunity for you. Campers will continue to strengthen their chess game while practicing critical thinking skills. This is a great way to help your child stretch his/her brain at the end of a great summer!

### DISNEY LOVERS' CAMP (Rising K - 4th Graders) - \$135

- Dates: Monday - Thursday
- Time: 9:00 a.m. - 12:00 p.m.
- Instructor: Kelli Hartill

Do you love all things Disney? If so, you are going to love one of our newest additions, Disney Lover's Camp. Campers will create their own magic bands to enter camp and explore the different parks, rides, and shows of Disney World. This magical experience will also include fun Disney-inspired games, snacks, and crafts to make campers feel like they are on vacation at Disney!

### GOLF CAMP (Rising 1st - 8th Graders) - \$270

- Dates: Tuesday - Friday
- Time: 9:00 a.m. - 2:00 p.m.
- Instructor: Kevin Roberts

We are excited to announce that we will be offering a combination Golf Camp. This camp is designed for those campers with a variety of skills and a wide age range. It is suggested that campers already possess a basic understanding of the game of golf. Coach Roberts will offer the campers different experiences each day as they travel to practice putting, driving, and playing the game. (Drop off and pick up will remain on Frederica Academy's campus.) Campers will strengthen their skills and participate in daily rounds of golf with putting and driving practice. Campers must bring their own clubs to participate in this camp.

### **MESSY CAMP** (Rising K - 3rd Graders) - \$155

- Dates: Monday - Thursday
- Time: 1:00 p.m. - 4:00 p.m.
- Instructor: Kelli Hartill

The Messy Camp will allow participants to explore and learn through creative play with no boundaries. Join us in making the mess you can't make at home, at least not without getting into trouble! Dress appropriately; it's going to get messy!

### **SOCCER CAMP ROUND 2** (Rising 1st - 8th Graders) - \$130

- Dates: Monday - Thursday
- Time: 9:00 a.m. - 12:00 p.m.
- Instructor: Gabe Gabriel

Do you have the best time at our first camp? Or, did you miss our first camp? This Soccer Camp will further players in improving skills, learning new skills, and enhancing their love for the game. The best part is that we will be doing new activities at this camp to make campers better soccer players. Players are encouraged to wear cleats and shin guards.

## FA SUMMER CAMPS WEEK 7 (JULY 17 - JULY 21)

### LITTLE KNIGHTS (Ages 3-4)

- Dates: Monday - Friday
- Half Day (FA Families: \$110) (Non FA Families: \$125)
- Our theme for this week will be Zoo!

### CAMP KNIGHTS (Rising K - 5th Graders)

- Dates: Monday - Friday
- Full Day (FA Families: \$180) (Non FA Families: \$210)
- Half Day (FA Families: \$100) (Non FA Families: \$120)
- The theme is "Animal Adventures" this week!

### KAYAK AND FISHING ROUND 2 (Rising 3rd - 10th Graders) - \$250

- Dates: Monday - Thursday
- Time: 9:00 a.m. - 1:00 p.m.
- Instructor: Southeast Adventure Outfitters

If you missed our first kayak and fishing camp, or you loved it, this camp is for you! Back by popular demand, we are offering a second week of kayaking and fishing with even more adventures in new locations. This is a great way to continue your outdoor adventures by kayaking, fishing, swimming, paddleboarding, and exploring. Wear comfortable waterproof clothes and sunscreen for this camp.

### MUSIC MAKERS (Rising K - 4th Graders) - \$135

- Dates: Monday - Thursday
- Time: 9:00 a.m. - 12:00 p.m.
- Instructor: Michelle Riner

Are you interested in learning how to make music? When you become a Music Maker with us, you will learn how to play a variety of musical instruments and make your own instruments too. At the end of this camp, you will participate in a mini concert to show what you have learned!

### SPORTS FUNDAMENTALS (Rising K - 6th Graders) - \$130

- Dates: Monday - Thursday
- Time: 1:00 p.m. - 4:00 p.m.
- Instructor: Staci Hunt

FUNDamental movement and sports skills are key to helping a child learn to move with confidence and control. Balancing, running, jumping, catching, hopping, throwing, galloping, skipping, leaping, and kicking are the ten fundamental motor skills we will focus on at Sports FUNDamental Camp this summer. These will help children improve in their strength, posture, sleep, and enhance their confidence, social skills, and sense of achievement. We invite you to join Coach Hunt to improve student sports skills and improve fitness by applying each of these fundamental skills to sports situations. Examples include kicking a soccer ball, running a spring, jumping up for a basketball rebound, or passing a volleyball. Campers should wear athletic clothes and tennis shoes to this camp.

## **VOLLEYBALL CAMP** (Rising 4th - 12th Graders) - \$130

- Dates: Monday - Thursday
- Time: 9:00 a.m. - 12:00 p.m.
- Instructor: Staci Hunt

The Frederica Academy Volleyball Summer Camp is geared towards student-athletes in the 4th-12th grade who are looking to enhance skills and develop a better understanding of the game of volleyball. The camp will cover all aspects of the game including serving, passing, setting, hitting, and everything in between. The goal is to get our community and players excited for the wonderful game of volleyball! Please wear athletic clothes and tennis shoes. You are welcome to bring pads and your own volleyball.

## FA SUMMER CAMPS WEEK 8 (JULY 24 - JULY 28)

### LITTLE KNIGHTS (Ages 3-4)

- Dates: Monday - Friday
- Half Day (FA Families: \$110) (Non FA Families: \$125)
- Our theme for this week will be Community Helpers!

### CAMP KNIGHTS (Rising K - 5th Graders)

- Dates: Monday - Friday
- Full Day (FA Families: \$180) (Non FA Families: \$210)
- Half Day (FA Families: \$100) (Non FA Families: \$120)
- The theme is "Silly Scientists" this week!

### FA BOYS BASKETBALL CAMP (Rising 2nd - 8th Graders) - \$130

- Dates: Monday - Thursday
- Time: 1:00 p.m. - 4:00 p.m.
- Instructor: Ed Wilson

This camp is specifically designed for boys with a wide range of age and skills. It is ideal for players who want to improve their skills and increase their knowledge of basketball. Instruction and activities will focus on individual and team fundamentals including areas of dribbling, shooting, passing, and defensive techniques. Campers will also get a chance to play games with the other campers. Tennis shoes are required. Please bring a water bottle each day.

### FA JUNIOR KNIGHTS CHEER CAMP (Rising K - 4th Graders) - \$140

- Dates: Monday - Thursday
- Time: 9:00 a.m. - 12:00 p.m.
- Instructor: Valerie Dunn

Our Junior Knights Cheer Camp is designed specifically for Frederica Academy Lower School students to introduce new skills they will use in our fall cheerleading program. The FA cheerleaders will learn new cheers and a dance, and practice tumbling and stunting. If you are a FA Lower School student and cannot wait for the fall cheerleading program, then come and learn our cheers. Comfortable clothes and tennis shoes are required.

### MIDDLE SCHOOL READINESS (Rising 5th - 8th Graders) - \$145

- Dates: Monday - Thursday
- Time: 9:00 a.m. - 12:00 p.m.
- Instructor: Tara Walker

Welcome to Middle School! Middle School Readiness Camp is here to get you and your new Middle School student ready for the changes from Lower to Middle grades. During the week, students will make new friends, learn how to be a good student, including strategies for organizing lockers, binders, and homework space, explore ways to take notes and study, outline time management techniques, and understand how to navigate the social side of Middle School. The camp is open to middle schoolers from any school!

## FA SUMMER CAMPS WEEK 9 (JULY 30 - AUGUST 4)

### **LITTLE KNIGHTS** (Ages 3-4)

- Dates: Monday - Friday
- Half Day (FA Families: \$110) (Non FA Families: \$125)
- Our theme for this week will be Back to School!

### **CAMP KNIGHTS** (Rising K - 5th Graders)

- Dates: Monday - Friday
- Full Day (FA Families: \$180) (Non FA Families: \$210)
- Half Day (FA Families: \$100) (Non FA Families: \$120)
- The theme is "school shenanigans" this week!!







FREDERICA ACADEMY

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[www.fredericaacademy.org/  
school-life/summer-programs](http://www.fredericaacademy.org/school-life/summer-programs)