

PTX@LAP_0104 - 1/4/2023

SMAC Swim Season 22-23

Results

Event 1 Men 200 Yard Medley Relay

Team	Relay	Seed Time	Finals Time	Points
1 La Plata High School 1) Abelende, Landon FR 30.65 30.42 24.43	A 2) Cupples, Clinton SO 23.26	NT 3) Abelende, Gavin SO	1:48.76 4) Todd, Nathan JR	10
2 La Plata High School 1) Saunders, Zachary FR 32.87 35.91 28.26	B 2) Myers, Alexander FR 27.75	NT 3) Kang, Daniel JR	2:04.79 4) Murphy, Sean JR	5
3 Patuxent High School 1) Beckham, Derek SR 32.14 39.55 30.14	A 2) Saenz, Conner SR 24.94	NT 3) Much, Cody JR	2:06.77 4) Morgan, Jaremy SR	3
4 La Plata High School 1) Vigneault, Alexander SR 40.31 39.92 31.04	C 2) Peterson, John SO 27.95	NT 3) Tidwell, Joshua FR	x2:19.22 4) Smith, Michael SO	
5 Patuxent High School 1) Stowe, Tristan SR 46.99 45.50 40.99	B 2) Lehman, Isaac FR 39.87	NT 3) Farley, Noah FR	2:53.35 4) Couey, Aric SR	

Event 2 Women 200 Yard Medley Relay

Team	Relay	Seed Time	Finals Time	Points
1 La Plata High School 1) Donnick, Addy JR 28.32 34.22 31.37	A 2) Woolsey, Jadyne SO 27.55	NT 3) Rupard, Alex SO	2:01.46 4) Cupples, Kaeleigh SR	10
2 La Plata High School 1) Gilmore, Sydney FR 34.10 37.65 35.90	B 2) Tompkins, Ryann JR 31.00	NT 3) Meiser, MacKenzie JR	2:18.65 4) McCowan, Jenna SR	5
3 La Plata High School 1) Leonard, Hailey JR 37.34 39.66 36.91	C 2) Grimsley, Isabella JR 32.36	NT 3) Dang, Sarah SO	x2:26.27 4) Owens, Sarah FR	
4 Patuxent High School 1) Barret, Jackie SO 44.46 39.49 30.10	A 2) Romero, Isabel JR 34.82	NT 3) Sloan, Kennedy SO	2:28.87 4) Zimmerman, Lizzie JR	3

Event 3 Men 200 Yard Freestyle

Name	Yr School	Seed Time	Finals Time	Points
1 Todd, Nathan 27.64 30.55 31.72	JR La Plata High School 30.49	NT	2:00.40	8
2 Saunders, Zachary 31.89 36.41 36.44	FR La Plata High School 31.38	NT	2:16.12	6
3 Beckham, Derek 29.84 34.63 36.05	SR Patuxent High School 35.82	NT	2:16.34	5
4 Murphy, Sean 32.73 35.53 36.61	JR La Plata High School 33.78	NT	2:18.65	4
5 Oster, Jim 32.53 35.98 37.98	JR Patuxent High School 37.94	NT	2:24.43	3
6 Lehman, Isaac 37.65 43.83 47.08	FR Patuxent High School 44.63	NT	2:53.19	2

Event 4 Women 200 Yard Freestyle

Name	Yr School	Seed Time	Finals Time	Points
1 Sloan, Kennedy 31.00 35.15 36.29	SO Patuxent High School 32.62	NT	2:15.06	8
2 Milani, Ashlyn 30.91 34.88 36.57	FR La Plata High School 33.02	NT	2:15.38	6

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(Event 4 Women 200 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time	Points
3 Dennison, Ella	SO	La Plata High School	NT	2:26.12	5
31.58 36.62 38.43		39.49			
4 Gilmore, Sydney	FR	La Plata High School	NT	2:33.73	4
33.78 39.47 41.38		39.10			
5 Stewart, Bailee	SR	Patuxent High School	NT	3:10.71	3
42.21 49.86 51.86		46.78			

Event 5 Men 200 Yard IM

Name	Yr	School	Seed Time	Finals Time	Points
1 Abelende, Gavin	SO	La Plata High School	NT	2:07.01	8
26.00 33.16 39.17		28.68			
2 Morgan, Jaremy	SR	Patuxent High School	NT	2:21.87	6
29.35 35.92 44.21		32.39			
3 MacMillan, Sean	JR	La Plata High School	NT	2:34.16	5
30.55 38.18 47.91		37.52			
4 Kang, Daniel	JR	La Plata High School	NT	2:41.62	4
30.28 42.56 51.14		37.64			
5 Saenz, Conner	SR	Patuxent High School	NT	3:19.70	3
40.95 56.12 53.40		49.23			

Event 6 Women 200 Yard IM

Name	Yr	School	Seed Time	Finals Time	Points
1 Donnick, Addy	JR	La Plata High School	NT	2:16.70	8
28.83 34.39 41.30		32.18			
2 Rupard, Alex	SO	La Plata High School	NT	2:37.51	6
34.07 41.19 48.42		33.83			
3 Leonard, Hailey	JR	La Plata High School	NT	3:02.02	5
40.88 42.59 57.73		40.82			
4 Romero, Isabel	JR	Patuxent High School	NT	3:03.44	4
38.21 49.69 53.67		41.87			
5 Barret, Jackie	SO	Patuxent High School	NT	3:55.86	3
54.69 54.56 1:15.46		51.15			
6 Vetting, Maddie	JR	Patuxent High School	NT	4:01.49	2
51.18 1:05.21 1:05.32		59.78			

Event 7 Men 50 Yard Freestyle

Name	Yr	School	Seed Time	Finals Time	Points
1 Cupples, Clinton	SO	La Plata High School	NT	23.25	8
2 Curtis, Mario	JR	La Plata High School	NT	24.54	6
3 Myers, Alexander	FR	La Plata High School	NT	27.15	5
4 Morgan, Zach	SO	Patuxent High School	NT	27.76	4
5 Sheranko, Brett	SO	Patuxent High School	NT	36.22	3
6 Stowe, Tristan	SR	Patuxent High School	NT	42.58	2
--- Smith, Steven	SO	La Plata High School	NT	X25.56	
--- Tidwell, Joshua	FR	La Plata High School	NT	X26.83	
--- Smith, Michael	SO	La Plata High School	NT	X27.97	
--- Vigneault, Alexander	SR	La Plata High School	NT	X31.58	
--- Dieterle, Josua	JR	La Plata High School	NT	X32.70	
--- Bragunier, Dolan	SO	La Plata High School	NT	X37.65	

Event 8 Women 50 Yard Freestyle

Name	Yr	School	Seed Time	Finals Time	Points
1 Woolsey, Jadyn	SO	La Plata High School	NT	27.51	8

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(Event 8 Women 50 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time	Points
2 Meiser, MacKenzie	JR	La Plata High School	NT	29.04	6
3 McCowan, Jenna	SR	La Plata High School	NT	32.16	5
4 Zimmerman, Lizzie	JR	Patuxent High School	NT	35.66	4
5 Vetting, Maddie	JR	Patuxent High School	NT	46.93	3
--- Grimsley, Isabella	JR	La Plata High School	NT	X30.61	
--- Dang, Sarah	SO	La Plata High School	NT	X31.10	
--- Owens, Sarah	FR	La Plata High School	NT	X33.16	
--- Bragunier, Devon	SR	La Plata High School	NT	X34.21	
--- Stauffer, Jaelyn	JR	La Plata High School	NT	X34.34	
--- Savoy, Jayda	JR	La Plata High School	NT	X39.21	

Event 11 Men 100 Yard Butterfly

Name	Yr	School	Seed Time	Finals Time	Points
1 Abelende, Gavin 25.78 29.28	SO	La Plata High School	NT	55.06	8
2 Kang, Daniel 30.71 37.83	JR	La Plata High School	NT	1:08.54	6
3 Much, Cody 31.30 37.81	JR	Patuxent High School	NT	1:09.11	5
4 Curtis, Mario 32.51 38.29	JR	La Plata High School	NT	1:10.80	4

Event 12 Women 100 Yard Butterfly

Name	Yr	School	Seed Time	Finals Time	Points
1 Donnick, Addy 28.63 33.11	JR	La Plata High School	NT	1:01.74	8
2 Sloan, Kennedy 30.51 35.85	SO	Patuxent High School	NT	1:06.36	6
3 Rupard, Alex 34.72 38.82	SO	La Plata High School	NT	1:13.54	5

Event 13 Men 100 Yard Freestyle

Name	Yr	School	Seed Time	Finals Time	Points
1 Todd, Nathan 25.45 27.46	JR	La Plata High School	NT	52.91	8
2 Smith, Steven 28.84 29.32	SO	La Plata High School	NT	58.16	6
3 Morgan, Zach 29.19 33.36	SO	Patuxent High School	NT	1:02.55	5
4 Murphy, Sean 31.31 31.86	JR	La Plata High School	NT	1:03.17	4
5 Lehman, Isaac 35.53 38.63	FR	Patuxent High School	NT	1:14.16	3
6 Couey, Aric 48.45 57.60	SR	Patuxent High School	NT	1:46.05	2

Event 14 Women 100 Yard Freestyle

Name	Yr	School	Seed Time	Finals Time	Points
1 Cupples, Kaeleigh 29.68 33.14	SR	La Plata High School	NT	1:02.82	8
2 Meiser, MacKenzie 33.65 34.71	JR	La Plata High School	NT	1:08.36	6

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(Event 14 Women 100 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time	Points
3 Tompkins, Ryann 33.26 35.70	JR	La Plata High School	NT	1:08.96	5
4 Zimmerman, Lizzie 37.92 44.86	JR	Patuxent High School	NT	1:22.78	4
5 Van DeVander, Natalie	JR	Patuxent High School	NT	1:33.50	3

Event 15 Men 500 Yard Freestyle

Name	Yr	School	Seed Time	Finals Time	Points
1 Abelende, Landon 28.22 31.09 32.79 33.05 32.00	FR	La Plata High School	NT	5:22.45	8
2 Morgan, Jaremy 30.55 33.55 35.26 35.68 33.80	SR	Patuxent High School	NT	5:52.75	6
3 MacMillan, Sean 30.96 35.69 37.54 40.63 38.48	JR	La Plata High School	NT	6:25.36	5
4 Peterson, John 32.11 39.72 42.29 43.87 42.17	SO	La Plata High School	NT	7:00.86	4
5 Oster, Jim 33.81 38.06 41.15 1:35.06	JR	Patuxent High School	NT	7:22.78	3

Event 16 Women 500 Yard Freestyle

Name	Yr	School	Seed Time	Finals Time	Points
1 Milani, Ashlyn 32.40 37.45 39.23 39.71 35.63	FR	La Plata High School	NT	6:21.11	8
2 Dennison, Ella 33.79 39.17 40.98 40.44 40.07	SO	La Plata High School	NT	6:42.64	6
3 Dang, Sarah 36.64 42.98 46.25 48.97 44.29	SO	La Plata High School	NT	7:40.20	5

Event 17 Men 200 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 La Plata High School 1) Cupples, Clinton SO 23.45 23.35 24.76	A 2) Todd, Nathan JR 21.96	NT	1:33.52	10
2 La Plata High School 1) Curtis, Mario JR 26.23 26.82 26.64	B 2) Saunders, Zachary FR 28.27	NT	1:47.96	5
3 Patuxent High School 1) Morgan, Zach SO 28.91 31.67 33.96	A 2) Lehman, Isaac FR 29.39	NT	2:03.93	3
4 La Plata High School 1) Dieterle, Josua JR 34.87 34.90 42.41	C 2) Steinhauser, Carter FR 18.48	NT	x2:10.66	
5 Patuxent High School 1) Farley, Noah FR 38.51 35.02 43.69	C 2) Sheranko, Brett SO 42.28	NT	2:39.50	
			4) Abelende, Gavin SO	
			4) MacMillan, Sean JR	
			4) Oster, Jim JR	
			4) McGuigan, Michael FR	
			4) Couey, Aric SR	

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Event 18 Women 200 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 La Plata High School 1) Cupples, Kaeleigh SR 27.63 26.44 28.73	A 2) Woolsey, Jadya SO 25.66	NT 3) Rupard, Alex SO	1:48.46 4) Donnack, Addy JR	10
2 La Plata High School 1) Tompkins, Ryann JR 30.88 37.01 39.42	B 2) Phillips, Zhalis SO 34.78	NT 3) Savoy, Jayda JR	2:22.09 4) Bragunier, Devon SR	5
3 La Plata High School 1) Greenhorn, Jayden JR 47.81 32.22 41.49	C 2) Parks, Abigail FR 34.24	NT 3) Ward, Paige SO	x2:35.76 4) Stauffer, Jaelyn JR	
4 Patuxent High School 1) Stewart, Bailee SR 37.17 44.64 40.32	A 2) Vetting, Maddie JR 40.38	NT 3) Van DeVander, Natalie JR	2:42.51 4) Barret, Jackie SO	3

Event 19 Men 100 Yard Backstroke

Name	Yr School	Seed Time	Finals Time	Points
1 Cupples, Clinton 28.51 32.76	SO La Plata High School	NT	1:01.27	8
2 Saunders, Zachary 36.71 34.91	FR La Plata High School	NT	1:11.62	6
3 Beckham, Derek 33.97 37.99	SR Patuxent High School	NT	1:11.96	5
4 Vigneault, Alexander	SR La Plata High School	NT	1:36.02	4
5 Sheranko, Brett 46.11 50.61	SO Patuxent High School	NT	1:36.72	3
6 Stowe, Tristan 51.50 58.07	SR Patuxent High School	NT	1:49.57	2

Event 20 Women 100 Yard Backstroke

Name	Yr School	Seed Time	Finals Time	Points
1 Barret, Jackie 34.06 36.69	SO Patuxent High School	NT	1:10.75	8
2 Gilmore, Sydney 34.87 38.64	FR La Plata High School	NT	1:13.51	6
3 Leonard, Hailey 40.60 42.80	JR La Plata High School	NT	1:23.40	5
4 Cupples, Kaeleigh 49.19 52.18	SR La Plata High School	NT	1:41.37	4
5 Van DeVander, Natalie 51.05 57.09	JR Patuxent High School	NT	1:48.14	3

Event 21 Men 100 Yard Breaststroke

Name	Yr School	Seed Time	Finals Time	Points
1 Abelende, Landon 33.99 38.37	FR La Plata High School	NT	1:12.36	8
2 Much, Cody 36.97 42.05	JR Patuxent High School	NT	1:19.02	6
3 Myers, Alexander 38.30 42.45	FR La Plata High School	NT	1:20.75	5
4 Saenz, Conner 41.61 49.40	SR Patuxent High School	NT	1:31.01	4
5 Peterson, John 43.79 51.66	SO La Plata High School	NT	1:35.45	3

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Results

(Event 21 Men 100 Yard Breaststroke)

Name	Yr	School	Seed Time	Finals Time	Points
6 Farley, Noah 51.75 1:01.85	FR	Patuxent High School	NT	1:53.60	2

Event 22 Women 100 Yard Breaststroke

Name	Yr	School	Seed Time	Finals Time	Points
1 Woolsey, Jadyn 35.69 40.46	SO	La Plata High School	NT	1:16.15	8
2 Tompkins, Ryann 40.00 44.99	JR	La Plata High School	NT	1:24.99	6
3 Romero, Isabel 42.00 44.66	JR	Patuxent High School	NT	1:26.66	5
4 Grimsley, Isabella 41.79 48.33	JR	La Plata High School	NT	1:30.12	4
5 Stewart, Bailee 49.84 55.84	SR	Patuxent High School	NT	1:45.68	3

Event 23 Men 400 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 La Plata High School 1) Kang, Daniel JR 28.06 1:00.40 27.49	A 2) Curtis, Mario JR 57.57 28.56 1:00.95	NT 28.61 58.38	3:57.30 4) Smith, Steven SO	10
2 Patuxent High School 1) Beckham, Derek SR 28.31 59.69 29.58	A 2) Morgan, Zach SO 1:03.89 31.70 1:06.08	NT 26.33 56.00	4:05.66 4) Morgan, Jaremy SR	5
3 La Plata High School 1) Smith, Michael SO 29.11 1:03.83 28.33	B 2) Tidwell, Joshua FR 1:02.86 31.06 1:04.52	NT 29.57 1:02.91	4:14.12 4) Myers, Alexander FR	3
4 La Plata High School 1) Dieterle, Josua JR 36.71 1:33.54 35.29	C 2) Steinhauser, Carter FR 1:26.38 36.71 1:28.22	NT 37.84 1:24.95	x5:53.09 4) Vigneault, Alexander SR	
5 Patuxent High School 1) Couey, Aric SR 55.16 2:02.96 41.47	B 2) Sheranko, Brett SO 1:27.85 47.38 1:50.69	NT 32.93 1:07.17	6:28.67 4) Oster, Jim JR	

Event 24 Women 400 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 La Plata High School 1) Milani, Ashlyn FR 30.28 1:03.77 32.63	A 2) Meiser, MacKenzie JR 1:07.80 36.63 1:17.98	NT 31.59 1:08.06	4:37.61 4) Dennison, Ella SO	10
2 La Plata High School 1) Gilmore, Sydney FR 34.04 1:11.77 34.85	B 2) Grimsley, Isabella JR 1:13.16 17.11	NT	4:50.66 4) McCowan, Jenna SR	5
3 Patuxent High School 1) Zimmerman, Lizzie JR 36.55 1:20.63 41.94	A 2) Stewart, Bailee SR 1:28.69 33.00 1:12.49	NT 28.65 1:01.39	5:03.20 4) Sloan, Kennedy SO	3
4 La Plata High School 1) Bragunier, Devon SR 37.42 1:19.22 39.61	C 2) Stauffer, Jaelyn JR 1:23.84 43.04 1:31.25	NT 17.80 1:08.65	x5:22.96 4) Dang, Sarah SO	

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Team Rankings - Through Event 24
Women - Team Scores

Place	School		Points
1	La Plata High School	La Plata High School	182
2	Patuxent High School	Patuxent High School	68
Total			250.00

Men - Team Scores

Place	School		Points
1	La Plata High School	La Plata High School	184
2	Patuxent High School	Patuxent High School	85
Total			269.00