

Curriculum Map

School: Hazard High School

Grade Level: 9-12

Subject: FCS Essentials

Instructor: Hansen

This course is an overview of Family and Consumer Science

1st 9 weeks

National Standard	Content/Topic	Time period	Assessment
8.2 Demonstrate Food Safety and Sanitation Procedures	Students will be instructed on safety rules for our food lab	1 weeks	Formative and Summative
13.2 Analyze personal Needs and characteristics and their effects on interpersonal relationships	This unit contains character, values. leadership, social skills decision making, Maslow's Hierarchy Of Needs and Leadership	2 weeks	Formative and Summative
13.3 Demonstrate standards that guide behavior interpersonal Relationships	This unit is on conflict resolution	1 week	Formative and Summative
1.1 Analyze strategies to Manage multiple roles and responsibilities individual, Family, career, community, And global	This unit discusses the types of families, responsibilities, roles of family members	2 weeks	Formative and Summative

2nd 9 weeks

3.3 Analyze factors in guiding Development of long-term Financial management plans	This unit includes consumer rights and responsibilities, Budget, credit, check writing	3 weeks	Formative and Summative
9.3 Evaluate nutrition principles, Food plans, preparation techniques And specialized dietary plans	This unit emphasizes the groups of nutrient, healthy eating, therapeutic diets, healthy eating	2 weeks	Formative and summative
14.1 Analyze factors that Influence nutrition and wellness Practices across the life span	An overview of guidelines for Americans including My Plate, exercise, and nutrients	2 weeks	Formative and Summative
8.4 Demonstrate menu Planning principles and techniques Based on standardized recipes To meet customers needs	Students will be instructed on principles of planning meals Includes budget, nutrients, shopping	2 weeks	