LGBTQIA+ Youth and Substance Abuse Resources

**GSA Network**  
Starting and supporting GSA Clubs  
https://gsanetwork.org/

**National Institute of Drug Abuse (NIDA)**  
Substance Use and SUD in LGBTQ+ populations  

**New England Prevention Technology Transfer Center (PTTC)**  
Queer Inclusive Programming: An Ally’s Guide to Prevention  

**Partnership for End Addiction (Formerly Drug Free.org)**  
LGBTQ+ Youth, Family and Substance Use  
https://drugfree.org/lgbtq-family-and-substance-use/

Why LGBTQ+ Youth are at Increased Risk for Substance Use and How You Can Help  

**PFLAG**  
https://pflag.org/  
Recorded webinars available  
PFLAG chapters in CT – Hartford, Waterbury, Norwalk and Southeastern CT

**Prevention Technology and Transfer Center (PTTC)**  
Prevention Resources for the LGBTQ+ Community  
https://pttcnetwork.org/centers/great-lakes-pttc/prevention-resources-lgbtq-community

LGBTQ+ Facts sheets for Vaping, Suicide Prevention and Substance Use  

**Substance Abuse Mental Health Services Administration (SAMHSA)**  
Resources for Behavioral Health Equity – LGBTQ+ populations  
https://www.samhsa.gov/behavioral-health-equity/lgbtqi

2019 NSDUH survey – LGBTQ+ adults and substance use data  

LGBTQIA+ Youth Deserve Evidence Based Care  
https://www.samhsa.gov/blog/lgbiq-youth-all-americans-deserve-evidence-based-care
HHS secretary affirming support for LGBTQ+ youth

A Practitioner’s Guide to Helping Families Support their LGBT children

Stop the Fatality Epidemic (SAFE) Resource Project
Addiction and Mental Health Resources for LGBTQ+ Community
https://www.safeproject.us/resource/lgbtq/

**Trevor Project**
LGBTQ+ youth and mental health/substance use
Substance Use & Suicide risk among LGBTQ youth (mental health survey 2021)

Asian American LGBTQ youth data (first of its kind)
(Nearly 3,600 AAPI LGBTQ youth ages 13–24 who participated in The Trevor Project’s 2021 National Mental Health Survey)

Diversity of Non-Binary Youth
https://www.thetrevorproject.org/research-briefs/diversity-of-nonbinary-youth/

**San Francisco Family Acceptance Project**
https://familyproject.sfsu.edu/