



Harbor Country Day School
Embracing the extraordinary in every child.™

After School Clubs & Activities Winter 2023



**“Harbor cherishes childhood, cultivates wonder
and inspires confident learners and leaders”**

17 Three Sisters Road | Saint James, New York 11780
(631) 584-5555 | www.HCDSNY.org



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After School Clubs & Activities Winter 2023

Please complete and return by January 3, 2023

Student Name: _____

Grade: _____

Activity or Activities: _____

Payment Amount: _____

Parent Email: _____

Emergency Contact Information:

Name: _____

Phone Number: _____

Name: _____

Phone Number: _____



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****Please note, late sign-ups may result in the club not being able to run.****

After School Clubs & Activities Winter 2023

- Our Winter 2023 session begins the week of January 9, 2023.
- Student absences cannot be made up or refunded. In the event of a school closure due to inclement weather, or a program teacher's absence, one make-up class will be held at the end of the session. We will notify you of this schedule change.
- At 3:25 p.m., Kindergarten - 8th Grade students will be offered a snack provided by the program. At 3:30 p.m., students will be picked up by the club's presenter and escorted to their club classroom.
- Parent pick-up for Kindergarten - 8th Grade students is at 4:30 p.m. Club presenters will dismiss students to their parents who will wait in the main lobby.
- Preschool clubs will begin at 2:55 p.m. and end at 3:25 p.m. Parent pick-up is at the 3:25 p.m. dismissal time. Parents will queue up in the parent pick up line at 3:25 p.m.
- **If students go into After School Child Care following the club, Aftercare rates will apply starting at 4:30 p.m.**
- **Preschoolers who use After School Child Care on the same day they attend a club are subject to the appropriate After School Child Care fee.**
- If a club is canceled, parents will be notified by the club's presenter (if he/she is a Harbor faculty member) or by Ms. Pacheco. The date for rescheduling will be given at that time.
- No club refunds are permitted, but students may apply a credit to switch to another club running during the same trimester.

The cost for each club (Pre-K - 8th Grade) is \$175.00. Some clubs may have a materials fee applied. Please make checks payable to *Harbor Country Day School* and indicate which club you are attending in the memo.

If you have any questions, please contact Erica Pacheco at: epaceco@hcdsny.org.

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Monday Meditation Club



Instructor: Mr. Interrant

Dates: 1/9, 1/23, 1/30, 2/6, 2/13, 2/27 *Make up day 3/6

Time: 3:30-4:30 p.m.

Grades: 3rd-8th

We are very excited to introduce our Meditation Club. Students will be learning the art of Mindfulness Meditation with a Meditation Sound Therapist. Through this club they will increase their self-esteem, self-confidence, and work to explore kindness, gratitude and awareness techniques they can use for themselves and others. Each class will also include sound therapy to bring ease, calm, and balance. Students will practice and learn the basics of meditation through breathwork exercises.

**** Minimum of 4 students to run ****

**Grades:** K-3rd

We are happy to announce the return of “Let’s Build It”, our partnership with this STEAM-based vendor. This exciting program from Afterschool Enrichment Solutions brings together elements of science, art and math in a hands-on, action-packed environment! Students will conduct experiments, play educational games, and unlock their creativity through building challenges and projects. No experience necessary!

**** Minimum of 8 students to run ****



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Monday

Let's Code It!



Instructor: Team member from *Let's Build It*

Dates: 1/9, 1/23, 1/30, 2/6, 2/13, 2/27 *Make up day 3/6

Time: 3:30-4:30 p.m.

Grades: 5th-8th

*In this exciting new coding class from Afterschool Enrichment Solutions, take a deep dive into computer programming with the web-based platform Tynker! Learn the art of digital animation. Create video games that run on physics, math and art concepts. Design Minecraft blocks, skin and mobs. Experiment with HTML, Python and Java. No previous coding experience is required to learn and have fun in the Tynker playground under the instruction of a coding coach! **Personal Computer/Tablet Required***

**** Minimum of 8 students to run ****



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Tuesday Arts & Crafts Club



Instructor: Ms. Bier

Dates: 1/17, 1/24, 1/31, 2/7, 2/14, 2/28 *Make up day 3/7

Time: 3:30-4:30

Grade: K-5th

Join us in enjoying exciting and creative arts and crafts. We will work with a variety of materials from clay, beads, yarn to painting! They will be exploring working with a variety of materials, mediums, and experimenting their creativity through artistic expression. Students will be making something new every week.

**** Minimum of 4 students to run ****



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Wednesday Game Club



Instructor: Mrs. Weir

Dates: 1/11, 1/18, 1/25, 2/1, 2/8, 2/15 *Make up day 3/1

Time: 3:30-4:30 p.m.

Grade: 5th-8th

Game Club is a social club where we will get together every week to play some classic games, as well as some new ones. Board games, card games and more will be the center of our activity while we spend time together socializing and having fun. Do you have a favorite game or one you always wanted to play? This is a great opportunity to get together and enjoy some after school fun!

Please Note: Basketball Game Date conflicts overrides Clubs attendance

**** Minimum of 4 students to run***



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Wednesday Dance Club



Instructor: Ms. DiPaola

Dates: 1/11, 1/18, 1/25, 2/1, 2/8, 2/15 *Make up day 3/1

Time: 3:30-4:30 p.m.

Grade: K-4th

Learn to express yourself through movement! Dancers will stretch and warm up and learn various dancing techniques from their instructor and peers. They will work as a team with partners to create their very own dance routine. In addition to partnering, they will learn a choreographed dance in hopes to perform for an audience by the end of Dance Club. This club will encourage students to express themselves and work together as a team. All levels of dancers are welcome.

Dress Code: It is strongly encouraged for students to wear leggings, comfortable clothing, socks & sneakers or dance shoes & attire.

**** Minimum of 4 students to run ****



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Thursday Yoga Stars:



Instructor: TC Diamond

Dates: 1/12, 1/19, 1/26, 2/2, 2/9, 2/16 *Make up day 3/2

Time: 3:30-4:30 p.m.

Grades: K-8

Participants will learn yoga poses, breathing, and relaxation exercises. These practices will help cultivate a calm mind, increase strength and flexibility, improve gross and fine motor skills, improve concentration, and help students understand how to identify and manage emotions and feelings. We will begin to work on "I feel" and "I am" statements.

**** Minimum of 5 students to run ****

Thursday Yogatots:

Instructor: TC Diamond

Dates: 1/12, 1/19, 1/26, 2/2, 2/9, 2/16 *Make up day 3/2

Time: 2:55 -3:25 p.m.

Grades: Preschool 3s and 4s

An educational program that combines experimental exploration of the body, mind, and self with the exercise practice of yoga to support and enhance the health, development, and learning of young children. Yoga education at this age helps children to be learning-ready, physically fit, aware of self and others, and to develop coordination and confidence.

**** Minimum of 5 students to run ****

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Thursday Explorium



Explorium long island
Children's Museum of Science & Engineering

Instructor: Team Member from *Explorium*

Dates: 1/12, 1/19, 1/26, 2/2, 2/9, 2/16 *Make up day 3/2

Time: 3:30-4:30 p.m.

Grade: K-4th

Fabulously FUN, hands-on, minds-on investigations explore Science, Technology, Engineering, Art, Math, all while including literacy, civics and career exploration components. Our educational approach is unique by design, developed to spark inventive solutions, build confidence by embracing the “fail forward” concept and foster teamwork through hands-on workshops and activities that pose challenges with multiple

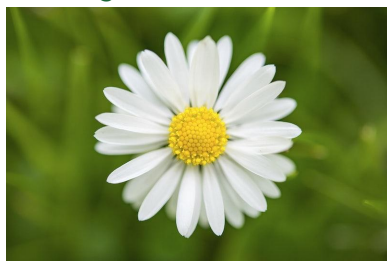
**** Minimum of 9 students to run****



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Friday



Daisy Troop 00797 Girl Scouts of America

Instructors: Harbor Parents: Lauren Kolbeck, Rachel Thessin

Dates: 1/6, 1/20, 2/3, 2/10, 3/3, 3/31

Times: 3:30-4:30 p.m.

Grades: K-1

Harbor is starting a new Girl Scout Daisy troop this fall! The mission of this girl-led program builds girls of courage, confidence, and character, who make the world a better place. The troop encourages age-appropriate decision making and learning by doing. The Girl Scouts focus on life skills, STEM, the outdoors, and entrepreneurship.

Fees:

- The council membership is \$35.00. Register online at: <https://www.girlscouts.org/>
- No fee is payable to Harbor. All fees below go to Girl Scouts of America.
- \$100 fee for the year.
- Girl Scouts Clubs is a year-long commitment and will resume the remainder of their schedule upon Winter & Spring Sessions.



Instructor: Mrs. Bier

Dates: 1/20, 2/3, 2/10, 2/17, 3/3, 3/10 *Make up day TBD

Time: Pre-K: 3:00-3:30 K-8th: 3:30-4:30

Grades: Pre-K-8th

Grab your aprons and chef hats as we welcome back our Baking Club! Join us for some fun with a variety of recipes while simultaneously strengthening your skills in the kitchen. In this club you will have an opportunity to enjoy your friends while making pretzel bombs, valentines cookies, pies, cupcakes, scones, and irish soda bread! Sounds delicious!

**** Minimum of 4 students to run****